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**“TOP STORY”**

**We Are On A Roll**

This fall’s newsletter marks a good opportunity to recap the progress made in the last 6 months in the Department of Psychiatry and Behavioral Neuroscience (DPBN). Although much of this will be highlighted in this Fall Newsletter, since the spring, our department has welcomed 6 new residents, 4 new fellows, 1 new post-doctoral fellow, 5 new clinical psychology interns, many, many new externs, 2 part-time child psychiatrists, 2 new social workers, and 2 new inpatient psychiatrists for our Ingalls Hospital teaching service. Of course almost the same number of trainees have moved on to begin their careers around the country. In addition, we have been awarded or notified of more than \$1.0M in direct research funding this fiscal calendar year alone to our Department or related departments.

Our clinical programs are also growing steadily with an expectation of over 23,000 outpatient visits this year (an increase of almost 20% over last year) and a total of over 1,400 inpatient consultations. We have also partnered with an outside agency to provide 24/7 behavioral health staff for evaluations and dispositions in the Mitchell and Comer EDs with the goal of reducing the LOS by 20%. For the rest of the year we look forward to growing the psycho-oncology program and starting two women’s behavioral health clinics. We will also explore how behavioral health can be extended through e-consults locally and to our new facilities in the South Loop and Orland Park.

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**UPCOMING EVENTS:**

**GRAND ROUNDS**

**Outside Speakers / L168 (12-1:30 PM)**

- Jesse Fann, MD, MPH  
University of Washington (8/31/17)
- Robert K. Mcnamara, PhD  
Univ. of Cincinnati College of Medicine (9/28/17)
- Niranjan Karnik, MD, PhD  
Rush University Medical Center (11/30/17)
- Liza H. Gold, MD  
Georgetown Univ. School of Medicine (1/18/18)

**Inside Speakers / L 168 (12-1:30 PM)**

- Jubao Duan, PhD (9/14/17)
- Royce Lee, MD (10/26/17)
- Elliot Gershon, MD (11/9/17)

**Case Conferences (12-1:30 PM)**

- Ryan Rosenberger, MD (9/21/17) in H 103
- Katherine Forney, MS (10/19/17) in TBA
- Jorel Martinez, MD (11/16/17) in TBA
- Janet Yarboi, MS (12/14/17) in H 103
- Paula Aduen, MA (1/11/18) in H 103
- Derrick Farmer, MD (1/25/18) in H 103

## SPOTLIGHT ON SCHOLARSHIP

Kinasz KR, Ross DA, **Cooper JJ**. Eat to Live or Live to Eat? The Neurobiology of Appetite Regulation. *Biol Psychiatry*. 2017 May 1;81(9):e73-e75.

**Weafer, J**, SM Gorka, D Hedeker, M Dzemidzic, DA Kareken, KL Phan, **H de Wit** (2017) Associations between behavioral and neural correlates of inhibitory control and amphetamine reward sensitivity. *Neuropsychopharmacology* 42, 1905-1913.

**Fanning, J. R., Keedy, S.**, Berman, M. E., **Lee, R., & Coccaro, E. F.** (2017). Neural Correlates of Aggressive Behavior in Real Time: A Review of fMRI Studies of Laboratory Reactive Aggression. *Current Behavioral Neuroscience Reports*, 1-13.

**Fink, J.** (2017). Beyond the tests: Record review, interview, and observations in forensic neuropsychology. In S. Bush, M. Rohling, & G. Demakis (Eds.), *APA Handbook of Forensic Neuropsychology*. Washington, D.C.: American Psychological Association.

**Fridberg, D. J.**, Smith, P., Rueger, S. Y., & **King, A. C.** (2017). Association of anticipated and laboratory-derived alcohol stimulation, sedation, and reward. *Alcoholism: Clinical and Experimental Research*, 41, 1361-1369.

**Trosman, H.** (2017). William Hazlitt: Obsessive Love and *Liber Amoris*. *The Psychoanalytic Quarterly*, 86: 645-663.

Wang Q, Li D, Bubula N, Campioni MR, McGehee DS, **Vešina P.** (2017). Sensitizing exposure to amphetamine increases AMPA receptor phosphorylation without increasing cell surface expression in the rat nucleus accumbens. *Neuropharmacology*, 117: 328-337.

**Kass AE, Wildes JE, Coccaro EF.** (2017). Identification and regulation of emotions in adults of varying weight statuses. *J Health Psychol* [Epub ahead of print].

## FACULTY HONORS

### Trainees' Awards for Teaching Faculty: 2016 - 2017

*Joseph Cooper, M.D. (PGY I)*

*Allen Kodish, M.D. (PGY II)*

*Shoaib Memon, M.D. (PGY III)*

*Harry Trosman, M.D. (PGY IV)*

#### Overall Teaching:

*Jeffrey Roth, M.D.*

#### C&A Teaching:

*Mandy Evans, M.D.*

*Stephanie Lichtor, M.D.*

#### Clinical Psychology Teaching:

*Sonya Dinizulu, Ph.D.*

## MEDIA NOTES

**Dr. Grant:** Comments on Internet Addiction for Sept 2017 issue of National Geographic Magazine: <http://www.nationalgeographic.com/magazine/2017/09/the-addicted-brain/>

**Dr. Keedy** opined for a Discover Magazine blogger on the popularity of "oddly satisfying" videos: <http://blogs.discovermagazine.com/crux/2017/08/15/oddly-satisfying-videos/#.WbGyKLGNaQ>

**Dr. Anam** participated on a panel for WTTW's community cinema series at the Chicago Cultural Center in April. Following a showing of UNBROKEN GLASS, Dr. Anam discussed mental illness and mental health, as featured in the film.

**Dr. Wildes** on "clean eating" diets at Huffington Post: [http://www.huffingtonpost.com/entry/what-the-experts-think-of-those-new-year-diet-plans\\_us\\_5873e3f9e4b043ad97e518e9?viaqict89bezvyrpb9](http://www.huffingtonpost.com/entry/what-the-experts-think-of-those-new-year-diet-plans_us_5873e3f9e4b043ad97e518e9?viaqict89bezvyrpb9)

**Dr. Wildes** on WTTW Chicago Tonight on the impact of Netflix's movie "To the Bone" on individuals with eating disorders <http://chicagotonight.wttw.com/2017/07/24/bone-risks-serving-how-manual-anorexia-says-psychologist>

## GRANTS RECEIVED

### Training Grants:

**Drs. Gershon & Keedy:** Supplement to Promote Diversity, NIMH (supports Victoria Okuneye, Pritzker MD/PhD student)

**Dr. King:** Supplement to Promote Diversity, NIAAA (supports Jesse Chavarria, PhD, postdoctoral appointee).

**Dr. De Wit:** T32 from NIDA to support pre- and post-doctoral trainees in Addictive Behaviors.

### Research Grants:

**Dr. Fanning:** "Neural Dynamics of Cognitive Control in PTSD," Brain & Behavior Research Foundation Young Investigator Award.

**Dr. Vešina:** "Translatome profiling of nicotine addiction," NIDA R21 subaward (primary site: Northshore University).

**Dr. Cacioppo:** "Social Regulation of Gene Expression – Supplement," NIA.

**Dr. Keenan:** "Individual differences in estrogen during late adolescence: Impact on functioning of positive and negative valence systems," NIMH R21.

**Dr. Coccaro:** "Strategies for the Development of Social-Emotional Cognitive Training for Impulsive Aggression," Pritzker Family Foundation.

**Dr. Dinizulu:** UChicago Office of Diversity & Inclusion. "Service-Learning as Violence Prevention in Faith-Based Settings: A Parent's Perspective".

**Dr. Jacobson:** "Community Violence Exposure and Neural Systems Underlying Threat in Children," Brain & Behavior Research Foundation.

**Dr. Grant:** "Diagnostically cross-cutting intermediate phenotypes of impulsivity and compulsivity," Welcome Trust subaward (primary: University of Cambridge)

**Dr. Keenan:** "Examining biomarkers and mechanisms of health disparities in sexual minority women," R01 NHLBI

## **CLINICAL MISSION: ADULT PSYCHIATRY**



**Marie Tobin, MD, Professor and Section Chief of Adult Psychiatry**

In recent years the adult psychiatry section has developed several specialty integrated programs throughout the medical center. The program in Psycho-Oncology continues to grow with the recruitment this year of Yasmin Asvat, PhD from the Siteman Cancer Center at Washington University. An annual grand rounds lecture in Psycho-Oncology launched this month with philanthropic support. Dr. Beckman has integrated specialty psychological services into pain clinics and demand continues to grow. Drs. Beckman, Yohanna and trainees are also busy developing behavioral medicine in the primary care clinics. Dr. Busby is integrated into the Endocrinology clinics and Dr. Norcott provides services to Obstetrics and Gynecology. Drs. Marcangelo and Fridberg provide specialty services to transplantation and Drs. Cooper and Lacy collaborate with Neurology and Neurosurgery. Demand for psychiatric consultation on hospitalized patients continues to grow significantly prompting the addition of an APN with training in addictions to the consult-liaison (CL) team. These are just some of the ways that the adult clinical psychiatry program is supporting the missions of the medical center.

Additionally, however, with the expansion of the clinical network demand for outpatient psychiatric services is greatly increased. To begin to address this increased demand intake services are being revamped and an intake specialist, to be located within the department, will be added to our support team. To provide expedited access to psychiatry for our PhD and social work colleagues a popular "Urgent Appointments" program was successfully launched in May of this year. The increasing recognition of the pivotal role of good mental health in overall health points to a busy but very exciting time clinically for our Department.

## **RESEARCH MISSION**



**Jon Grant, JD, MD, MPH, Research Section Chief & Mission Director for Research**

We have had several recent successes for grant funding in the past several months. With Xiaoxi Zhuang, Department of Neurobiology, Harriet de Wit has received a T32 training grant from NIDA on Integrative Training in the Neurobiology of Addictive Behaviors. This grant provides pre- and post-doctoral trainees with both specialized research training in their chosen discipline, and will also give them an appreciation for the broader issues related to addiction and addiction-related research, from molecular to policy. Dr. Andrea King received a NCI Cancer Moonshot Initiative: Administrative Supplement to the P30 University of Chicago Comprehensive Cancer Center. This two-year award will enable Drs. King and Asvat develop tobacco cessation treatment capacity and sustainable infrastructure for all UCM cancer patients. Current and former smokers will be assessed for their responses to exposure to advanced generation women-marketed e-cigarette vaping products as a potent smoking cue. Dr. Keenan received two grants, one an R01 examining biomarkers and mechanisms of health disparities in sexual minority women, the other an R21 looking at individual differences in ovarian hormones during late adolescence and their impact on functioning of positive and negative valence systems. Dr. Grant has received a sub-award from the Wellcome Trust in collaboration with Dr. Samuel Chamberlain at Cambridge University. The proposed research will link cognitive and brain systems phenotypes of impulsivity/compulsivity to more mechanistically specific markers of abnormal neurotransmission.

## **CLINICAL MISSION: C & A PSYCHIATRY**



**Karam Radwan, MD, FAPA, Section Chief C & A, Director, Child & Adolescent Psychiatry Fellowship Program**

As we begin the new academic year and our section continues to grow our clinical mission, I would like to take this opportunity to welcome our new faculty, residents and staff.

Dr. Sucheta Connolly has joined us as a clinical associate. She is a national expert in the area of Anxiety Disorders in children and adolescents. As a well-known clinician and author of many chapters and peer reviewed papers, she has over 25 years of experience as an academic child and adolescent psychiatrist at the University of Illinois-Chicago. Dr. Connolly will establish a specialized clinic for Pediatric Anxiety Disorders that will offer training for our residents and fellows.

Dr. Andrea Mann, after completing her CAP training at Stanford University, joins us as clinical associate providing services at La Rabida Hospital.

Caitlin Lynch joined us in November 2016 after five years working at Children's Home and Aid. While there, she worked under a violence prevention grant in two CPS schools in Englewood. Caitlin received her training at The University of Chicago, School of Social Service Administration. Her areas of interest include trauma, depression and anxiety.

At a national level, I am pleased to share that we have seven CAP faculty members presenting at the annual AACAP meeting this October in Washington, DC.

Our educational mission has been strengthened by several faculty and adjunct faculty who joined us in the last few years. We continue to attract talented CAP residents and completed a successful review of our training program conducted by the General Medical Education Committee.

## **EDUCATION MISSION**



**Deborah Spitz, MD, Director of Education**

An important component of our educational program is training in research and scholarship. While our psychology interns arrive for a clinical year having completed their PhD research, many psychiatry residents enter training with a more limited background in research but with a desire to combine clinical work and scholarship in their careers. Finding time and mentorship has been a challenge in the midst of a heavily clinical residency schedule. In order to support more research opportunities and deepen residents' involvement in a scholarly project of their choosing, Dr. Joey Cooper and Dr. Kristen Jacobson collaborated to introduce an elective "Clinical Scholars Track" which offers residents at least one half-day for scholarship throughout the PGY-3 year, under the supervision of a mentor, with additional longitudinal outpatient clinical experience added to the elective time in PGY-4. This enables interested residents to carve out time over 2-years initiate, develop and carry out scholarly project(s) of their choosing under the supervision of a mentor. Of our current six PGY-3 residents, three have chosen to pursue the Clinical Scholars Track, working on such projects as 1) neuroscience and neuropsychiatric education; 2) functional magnetic resonance brain imaging of catatonia; and 3) adolescent women's mental health.

## CLINICAL FACULTY SPOTLIGHT



**Erin Zahradnik, M.D.** joined the department in September 2016. She received her medical degree at the University of Kansas, and then went on to complete psychiatry residency training at Yale University. She has additional subspecialty training in Geriatric Psychiatry and Palliative Medicine via fellowships in both at Mount Sinai Medical Center in New York City. She has a strong interest in patients who have both psychiatric and palliative care concerns, and especially enjoys working with patients who have neurodegenerative diseases, including dementias and amyotrophic lateral sclerosis (ALS). She sees geriatric psychiatry patients at UCMC, the South Shore Senior Health Center, and in the nursing home at Montgomery Place. She also works with psychiatric and palliative care patients at the ALSA-certified ALS clinic at UCMC, and at UCMC's geriatric oncology clinic (SOCARE).

## RESEARCH PROGRAM SPOTLIGHT



**Emil F. Coccaro, M.D.** is the E.C. Manning Professor in our department. His research work involves neurobiologic and treatment studies of impulsive aggressive behavior in humans. This work led to his authorship of the DSM-5 Criteria for Intermittent Explosive Disorder (IED), an area in which he is the world's leader. Dr. Coccaro is the author of 200+ peer-reviewed journal articles and 40+ book chapters. In addition, he has edited three books, and is currently editing two new books; one on Clinical Aspects of Aggression for APPI Press and one focused on IED for Elsevier. Currently Dr. Coccaro has two extramural research grants; one examining the role of inflammation in aggression and the other examining the role of social cognition in aggression. Dr. Coccaro recently won the 2017 Best Research Paper Award from American Society for Clinical Psychopharmacology. Finally, Dr. Coccaro is a Distinguished Fellow of the American Psychiatric Association and a Fellow of the American College of Neuropsychopharmacology.

## CLINICAL FACULTY SPOTLIGHT



**Candice Norcott, Ph.D.** is an Assistant Professor in the Department of Psychiatry and Behavioral Neuroscience at the University of Chicago. Dr. Norcott joined the department in late September of 2016 courtesy of a donor funded grant aimed at providing behavioral health services to the girls and young women receiving care the Ryan Center. As a result of this donor's generosity, Dr. Norcott works with the Section for Family Planning and Contraceptive Research in the Department of Obstetrics and Gynecology to provide integrated behavioral health services to girls and women referred by their gynecologist for issues related to their reproductive health and wellness. Her prior experiences include working with girls at the Cook County Juvenile Temporary Detention Center, and she was Director of Behavioral Health for the Family Medicine Residency Program at Loyola University. She received her doctoral training in Clinical Psychology at the University of Connecticut, focusing on childhood sexual abuse in women and the risk for revictimization in adulthood. Dr. Norcott completed her pre-doctoral and post-doctoral work at Yale University's School of Medicine. Commitment to the empowerment of girls and women, minority advancement in psychology, and cultural responsiveness have been centripetal forces in her career. She also is a stalwart proponent of trauma-informed and trauma-responsive services.

## CLINICAL PROGRAM SPOTLIGHT



The UCM Recovery and Empowerment After Community Trauma (REACT) Program provides outreach, trauma screening, support, psychoeducation, and brief intervention to Comer patients and families who have been affected by community violence. The REACT Program is a Community Treatment & Services Center in the National Child Traumatic Stress Network and is supported by a 5-year (2016-2021), \$2,000,000 grant from the Substance Abuse and Mental Health Services Administration (P.I. Brad Stolbach, PhD). The weekly REACT Clinic, the component of the REACT program housed in the Department of Psychiatry, is co-directed by Sonya Dinizulu, PhD, child psychologist and Seeba Anam, MD, child psychiatrist. This interdisciplinary clinic provides trauma-informed psychological and psychiatric needs assessments for patients identified in the Comer Children's emergency department and PICU, as well as through Healing Hurt People – Chicago (HHP-C), a hospital-based violence intervention program for violently injured pediatric patients at Comer and the John H. Stroger, Jr. Hospital of Cook County. The REACT Clinic provides a unique opportunity for interdisciplinary training, as pediatric psychology trainees, psychiatry residents, and pediatrics residents together conduct assessments and formulate cases through a trauma informed lens. By partnering with primary care providers, this program creates improved access for pediatric patients and their families to trauma-informed care from the point of entry into the hospital system.



## CLINICAL PSYCHOLOGY INTERNS



**Jean Forney** (Florida State University), one of our Adult/Health interns, studies eating disorders and aspires to a position in an academic department of psychology. She completed an undergraduate research internship at the University of Chicago and is excited to join our department!



**Jaclyn Weisman** (Washington University in St. Louis), our other Adult/Health intern, is no stranger to Chicago where she completed her undergraduate degree. Jaclyn is hoping to find a clinical postdoc that integrates her passion for work with the anxiety disorders with her emerging interests in health psychology.



**Paula Aduen** (University of Virginia), our Adult Neuropsychology intern, describes herself as growing up with one foot in Colombia and the other in the US and she is bicultural and bilingual in Spanish. Paula will be applying for postdocs in clinical neuropsychology.



**Janet Yarboi** (Vanderbilt University), our Child/Pediatric track intern, grew up in Chicago and is happy to return home. Janet is fluent in American Sign Language and is committed to clinical and research endeavors with underrepresented and underserved patient populations.



**Rachel So** (University of Connecticut), our Pediatric Neuropsychology intern, spent her early years in Hong Kong and is trilingual in English, Cantonese, and Mandarin. Chicago provides an opportunity for her to continue to blend her American and Asian values, as she considers the next step in her career.

## NEW CHILD PSYCHIATRY FELLOWS



**Dr. Oday Alsarraf** is a native of London, UK. He has his PhD in Neurobiology and Neuroscience and his MD from the Medical University of South Carolina. He completed three years of general psychiatry training at Virginia Tech Program. He has over 18 peer reviewed papers and several posters through his training. He is interested in brain mechanism of neuroprotection. He enjoys playing chess and soccer, traveling and teaching.



**Dr. Kamilah Banks** is a native of Chicago. She has a Master in School Psychology and obtained her MD from the Chicago Medical School at Rosalind Franklin University of Medicine & Science. Kamilah completed three years of general psychiatry training at Advocate Lutheran General in Chicago. She is particularly interested in cultural psychiatry, trauma and substance abuse among women. She enjoys performing arts, painting, and outdoor activities.



**Dr. Brenda Manoharan** is a native of Canada. She obtained her MD from the Windsor University School of Medicine. Before joining us, she completed her general psychiatry training at Drexel University and served as the chief resident. During her medical training, she worked as an Applied Behavioral Analysis therapist for children with Autism. She enjoys community work, teaching, reading, hiking and playing the piano.

## NEW ADULT PSYCHIATRY RESIDENTS



**Eunjin Jang, MD** joins us after completing medical school at the University of Texas Southwestern. Before that she studied neurobiology at UT Austin. Eunjin received the UT Southwestern Student Research Forum Award in medical school and is interested in neuropsychiatry and clinical neuropsychiatric research.



**Ishaq Lachin, MD** is making his return to his hometown of Chicago after completing his medical training at Johns Hopkins University. His undergraduate studies were at Loyola University in Chicago and his parents are practicing internists in the city. Ishaq has developed a significant expertise in refugee mental health, particularly in children. Related to this work he was awarded a Mentorship Grant for Medical Students from the American Academy of Child & Adolescent Psychiatry.



**Diandra Lucia, MD** studied Brain and Cognitive Sciences at the Massachusetts Institute of Technology and completed her MD at the University of Massachusetts. Diandra has significant research experience and has particular interests in Women's Mental Health, Student Mental Health, and ECT. She also has significant expertise in modern Middle Eastern fusion dance.



**Kristen Rousseau, MD** is also returning to Chicago where she spent most of her childhood. She completed dual majors in Biology and Religion at Mt Holyoke before a MS in Biology from NYU and her MD from Drexel. Kristen is the mother of two young children, has competitive and teaching experience in dressage, and plans to have horses outside the city. Her clinical interests include Women's Mental Health and Child and Adolescent Psychiatry.



**Samuel Russell, MD** joins us from his medical training at the University of Washington in his hometown of Seattle. He obtained his BA in psychology from Wheaton College in Massachusetts. Before medical school he worked for nearly 3 years as a counselor on an inpatient child psychiatric unit. He has interests in a teaching career as a clinical-educator and in Child and Adolescent Psychiatry. An avid traveler, Sam has visited 28 countries and 6 continents.



**Lala Park, MD** studied Biology at Indiana University and completed her medical training at Rush. Lala was awarded an Albert Schweitzer Fellowship for a project on homelessness on Chicago's West Side. Additionally, Lala has research experience on the prevalence of catatonia in neurodegenerative disorders and the role of inflammation in suicidality.

## NEW PSYCHOSOMATIC MEDICINE FELLOW



**Sameera Guttikonda, MD** joined us this year as the Fellow in Psychosomatic Medicine. Dr. Guttikonda received degrees in both biology and applied psychology from the University of Illinois, Chicago before completing her medical school training at Saba University School of Medicine. She completed her psychiatry residency training initially at Henry Ford Health System in Detroit and then at Rush University Medical Center.

## CLINICAL PROGRAMS

### Adult Psychiatry Programs:

Addiction Disorders Program\*  
Aggression Disorder Program\*  
Anxiety Disorder Program\*  
Eating Disorder Program\*  
Mood Disorder Program\*  
Obesity Program  
Personality Disorder Program\*  
Psychotic Disorder Program\*

Consultation-Liaison Psychiatry  
Adult Clinical Neuropsychology

### Child & Adolescent Programs:

Mood & Anxiety Disorder Program\*  
ADHD and Disruptive Disorder Program\*  
Developmental Disorder Program\*  
Eating Disorder Program\*

Inpatient Psychiatry  
Consultation-Liaison Psychiatry  
C&A Clinical Neuropsychology

**\*Call Intake @ (773) 702-3858**  
Direct Line for Eating Disorder: 773-834-0362

## MAJOR RESEARCH PROGRAMS

*Addictive, Compulsive, & Impulsive Disorders*  
(Dr. Grant)

*Behavioral Genetic Studies of Aggression and Antisocial Behavior, and Twin Studies* (Dr. Jacobson)

*Behavioral Neuroscience Research Laboratory*  
(Dr. Vezina)

*Biologic & Pharmacologic Treatment Studies of Impulsive Aggression* (Dr. Coccaro)

*Biological and Treatment Studies of Nicotine and Alcohol Addiction* (Dr. King)

*Biological Studies of Stress and Personality* (Dr. Lee)

*Cognition Emotion Neuroscience Laboratory*  
(Dr. Keedy)

*Developmental Psychopathology* (Dr. Keenan)

*High Performance Electrical Neuroimaging Laboratory*  
(Dr. Cacioppo)

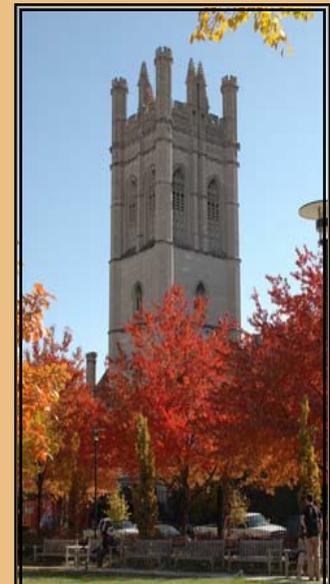
*Human Neuropsychopharmacology* (Dr. de Wit)

*Molecular Genetics of Mood & Psychotic Disorders*  
(Dr. Gershon)

*Eating Disorders* (Dr. Jennifer Wildes)

## The University of Chicago

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