The defining mission of our residency training program is to prepare our graduates to be competent, well-informed, caring clinicians and scientists who are prepared to manage any challenge in psychiatry by utilizing the latest scientific information and by critically applying sound reasoning skills. We prepare our graduates to be dedicated to their patients, colleagues and to their own continued learning. We emphasize intellectual discourse, interdisciplinary work, and collaborative education.

The University of Chicago is often known as the teacher of teachers. Education is of central importance in our Department: we are all teachers and students at the same time, for it is through teaching that we learn best. While not all residents go on to careers in academia or research, all residents are prepared for a lifetime of learning and teaching by being able critically to assess new information and add it to their knowledge base and skill sets. With the rapid development of knowledge in psychiatry and the neurosciences, this ability is perhaps the most important one a training program can offer its residents.”

- Deborah Spitz, MD
Vice Chair for Education and Academic Affairs, Residency Training Director
Deborah Spitz, M.D., Psychiatry Residency Training Director
A Board Certified adult psychiatrist, she received her MD from the University of Pennsylvania and completed her psychiatric residency and fellowship at the University of Chicago. She was the recipient of an NIMH Junior Faculty Development Award in 1982, and served on the faculty at The University of Chicago until 1988. For the next 12 years, she was on the faculty at Tufts-New England Medical Center, where she directed the adult residency training program, before relocating to the United Kingdom. After spending three years practicing in the NHS in Britain, Dr. Spitz re-joined the faculty at the University of Chicago in 2003. Throughout her career Dr. Spitz has received numerous teaching awards, has been the President of the Association for Academic Psychiatry, and has been active in the American Psychiatric Association and the Association for the Advancement of Philosophy and Psychiatry.

Zehra Aftab, M.D., Assistant Psychiatry Residency Training Director
A Board Certified adult psychiatrist, she received her MD from the University of Buffalo and completed her psychiatric residency at Thomas Jefferson University Hospital in Philadelphia. She then completed her Psychosomatic Medicine Fellowship at the University of Chicago. She worked at Northshore University Health Systems for one year prior to returning to join the faculty at the University of Chicago, where she served as Inpatient Attending at Ingalls Hospital and now runs the Women’s Mental Health Clinic, the Transplant Clinic, and attends on the Consultation-Liaison Service at the University of Chicago Hospital.

### Courses

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<thead>
<tr>
<th></th>
<th>Summer</th>
<th>Autumn</th>
<th>Winter</th>
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<tbody>
<tr>
<td><strong>PGY 1</strong></td>
<td><strong>Intro to Residency</strong></td>
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<td></td>
<td><strong>Patient Safety</strong></td>
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<td></td>
<td><strong>Emergency Psychiatry</strong></td>
<td><strong>Psychopharmacology</strong></td>
<td><strong>Intro to Neuroanatomy</strong></td>
<td><strong>Medical Issues in the Psychiatric Patient</strong></td>
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<td><strong>Psychopathology</strong></td>
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<td><strong>Clinical Skills</strong></td>
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<td><strong>Addictions</strong></td>
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<tbody>
<tr>
<td><strong>PGY 2</strong></td>
<td><strong>Intro to Psychotherapy Development</strong></td>
<td><strong>Intro to Psychodynamic Psychotherapy</strong></td>
<td><strong>Intro to CBT</strong></td>
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<td></td>
<td><strong>Psychopharmacology II</strong></td>
<td><strong>Geriatric Psychiatry</strong></td>
<td><strong>Psychosomatics</strong></td>
<td><strong>Neuropsychiatry</strong></td>
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<td></td>
<td><strong>Systems of Care</strong></td>
<td><strong>Research Introduction</strong></td>
<td><strong>Research Statistics</strong></td>
<td><strong>Neurobiology</strong></td>
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<td><strong>Psychological Testing</strong></td>
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<tbody>
<tr>
<td><strong>PGY 3</strong></td>
<td><strong>Group Psychotherapy</strong></td>
<td><strong>Longitudinal Case Conference</strong></td>
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<td><strong>Adv. Psychodynamic Theories</strong></td>
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<td></td>
<td><strong>Neurobiology</strong></td>
<td><strong>Psychiatric Neuroscience</strong></td>
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<td><strong>Forensic Psychiatry</strong></td>
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<td></td>
<td><strong>CBT Group Supervision</strong></td>
<td><strong>Cultural Psychiatry</strong></td>
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<th>Summer</th>
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<tbody>
<tr>
<td><strong>PGY 4</strong></td>
<td><strong>Chief Residency with Administrative Supervision (Required)</strong></td>
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<td><strong>Research Project (Required)</strong></td>
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<td></td>
<td><strong>Electroconvulsive Therapy Rotation (Required)</strong></td>
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<td></td>
<td><strong>Elective: Intensive Sequence and Readings; Teaching and Clinical Electives (arranged individually)</strong></td>
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</table>

* monthly conference
# Clinical Rotations

## PGY 1

<table>
<thead>
<tr>
<th>Medicine and Neurology Rotations (UCM) - 6 months</th>
<th>Psychiatry Rotations - 6 months</th>
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</thead>
<tbody>
<tr>
<td>2 MONTHS</td>
<td>2 MONTHS</td>
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<tr>
<td>Adult Neurology or Adult Neurology</td>
<td>Emergency Medicine</td>
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<tr>
<td>Inpatient Medicine</td>
<td>Pediatrics and Peds EM</td>
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### Psychiatry Rotations 12 months

<table>
<thead>
<tr>
<th>PGY 2</th>
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<th>2 MONTHS</th>
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<tbody>
<tr>
<td>Inpatient Psychiatry UCM ING</td>
<td>Inpatient Psychiatry (NS)</td>
<td>Consult Liaison Psychiatry (UCM)</td>
<td>Emergency Psychiatry (UCM)</td>
<td>Community Psychiatry (NS, TH)</td>
<td>Chemical Dependency (UCM ING)</td>
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<tr>
<td>2 to 3 hours per week of psychotherapy patients</td>
<td>1 month Child Psychiatry elective available during Community or Chemical Dependency</td>
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### UCM Outpatient Clinics - 12 months

<table>
<thead>
<tr>
<th>PGY 3</th>
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<tr>
<th>6 MONTHS</th>
<th>6 MONTHS</th>
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<tbody>
<tr>
<td>Adult General Psychiatry Clinic (12 Months)</td>
<td>Child Psychiatry Clinic (12 Months)</td>
</tr>
<tr>
<td>Three 6-Month Clinics</td>
<td>Three 6-Month Clinics</td>
</tr>
</tbody>
</table>

### Offered Six Month Clinics

- **Required**: Geriatrics and one Med/Psych Clinic (either General Med/Psych, Transplant, or Psycho-Oncology)
- **Elective**: Neuropsychiatry, Personality Disorders, Addictions, Student Counseling, Memory Clinic, Women’s Mental Health, LGBTQ

### Outpatient Care, Research, and Electives

**Administrative Psychiatry Experience, Chief Residencies:**
- Overall Chief at UCM
- Chief of Inpatient (UCMC Ingalls, NS), Consult Liaison (UCM), Emergency Psychiatry (UCM) or Outpatient Clinics (UCM)

**Research in Psychiatry:**
- Research project in clinical or basic science to be formally presented to the Department at year’s end

**Electroconvulsive Therapy (ECT) Rotation:**
- Participate for 1-2 months in pre-ECT evaluations and participate in 3x weekly treatments; Ketamine Clinic

**Forensic Psychiatry:**
- Write up one case under faculty supervision

**QA/QI Project**

**Elective Options:**
- Research - can spend up to 75% time doing research
- ECT - 3 month rotation to gain certification of advanced training
- Intensive Sequence Psychodynamic Psychotherapy
- Student Counseling Service at U of C
- Rotations in Sleep, Geriatrics, or Pain Clinics at UCM
- Women’s Mental Health
- Outpatient Psychiatry Clinics
- Extended Forensic Psychiatry Experience

**Institutional Fellowships**
- MERITS Fellowship (Medical Education Research, Innovation, Teaching and Scholarship)
- MacLean Center for Medical Ethics Fellowship

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### Scholarship Tracks in PGY 3 and 4

**Clinical Scholars Track**
- Applied for during PGY-2 year, protects at least one half day longitudinally during PGY-3-4.
- Clinical Scholars are connected with a mentor engaged in clinical research or education.
- Mentorship and statistical support, expectations include completion of scholarly products.

**Research Track**
- Individually negotiated depending on the scope of the proposed project(s).

### Site Locations and Travel Times

**Site Locations**

- UChicago Med: 25-30 mins from UChicago
- NorthShore: 40-75 mins from UChicago
Current Residents

Samuel Bunting, MD  
PGY 1
Samuel.Bunting@uchospitals.edu

Miriam Haxton, MD  
PGY 1  
Miriam.Haxton@uchospitals.edu

Sabrina Kroger, MD  
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Sabrina.Kroger@uchospitals.edu

Jhonathan Marte, MD  
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Margaret O’Brien, MD  
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PGY 1  
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PGY 3, Clin Scholar Track  
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Michael Levin, MD  
PGY 3  
Michael.Levin@uchospitals.edu

Laura Rosas, MD  
PGY 3, Clin Scholar Track  
Laura.Rosas@uchospitals.edu

Amber Bard, MD  
PGY 4, Chief Resident  
Amber.Bard@uchospitals.edu

Austin Blum, MD  
PGY 4  
Austin.Blum@uchospitals.edu

Han Deng, MD  
PGY 4  
Han.Deng@uchospitals.edu

Katie Washington Cole, MD  
PGY 4, Chief Resident  
Katie.WashingtonCole@uchospitals.edu

Jordan Weil, MD  
PGY 4  
Jordan.Weil@uchospitals.edu

Recent Graduates

Karla Garcia-DiGirola, MD  
Compass Health Center IDP, Chicago, Illinois

Eunjin Jang, MD  
Private Practice, Seattle, Washington

Diandra Lucia, MD  
Faculty, University of Chicago Inpatient Psychiatry and ER

Samuel Russell, MD  
Addiction Psychiatry Fellowship, University of Washington

Lala Park, MD  
Addiction Psychiatry Fellowship, University of Washington

Lucas Coppes, MD  
Addiction Psychiatry Fellowship, University of Colorado

Martin Greenwood, MD  
Private Practice, Schaumburg IL

Shivani Kumar, MD  
Consultation-Liaison Psychiatry Fellowship, University of Chicago

Jessica Sier, MD  
Private Practice, Rockford IL

D. Ashikwn Elsman, MD  
Faculty, University of Chicago ECT Service, LGBTQ Clinic

Michel Medina, MD  
Neuropsychiatry Fellowship, Stanford

Louisa Olushoga, MD  
Women’s Mental Health Fellowship, Northwestern

Lauren Robinson, MD  
Forensic Fellowship, Northwestern

Kristina Thurin, MD  
Neuropsychiatry Fellowship, Brigham and Women’s Hospital

* Denotes resident transferred after PGY-3 year to Child Fellowship

2019

Laura Rosas, MD  
PGY 3, Clin Scholar Track  
Laura.Rosas@uchospitals.edu

2020

Karla Garcia-DiGirola, MD  
Compass Health Center IDP, Chicago, Illinois

Eunjin Jang, MD  
Private Practice, Seattle, Washington

Diandra Lucia, MD  
Faculty, University of Chicago Inpatient Psychiatry and ER

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2021

Karla Garcia-DiGirola, MD  
Compass Health Center IDP, Chicago, Illinois

Eunjin Jang, MD  
Private Practice, Seattle, Washington

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University of Chicago
Department of Psychiatry & Behavioral Neuroscience
Adult Psychiatry Residency Program
5841 South Maryland Avenue, MC 1077
Chicago, IL 60637
https://medicine.uic.edu/education/psychiatry-residency