



# THE UNIVERSITY OF CHICAGO MEDICINE

AT THE FOREFRONT OF MEDICINE®

## The University of Chicago Medicine Department of Psychiatry & Behavioral Neuroscience



## Clinical Psychology Doctoral Internship Program Training Brochure for 2025-2026



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## Message from the Director of Clinical Psychology Training

September 6, 2024

Dear Internship Applicants:

Congratulations on being at this point in your graduate training! Thank you for your interest in the **Clinical Psychology Doctoral Internship Program** at the **University of Chicago Medicine (UCM)**. We are pleased to provide you with our updated 2025-26 internship information. We are accredited by the American Psychological Association through 2029.

Our clinical psychology doctoral internship program is based in the **Department of Psychiatry and Behavioral Neuroscience** at the University of Chicago, in the Adult and Child sections. The internship has been an important component of departmental training for many years and is integrated within the interdisciplinary educational mission of the Department and the larger Medical Center. Our internship is designed to train health service psychologists for entry level practice in academic settings. The hallmarks of our program include socially-responsive, evidence-based approaches to assessment, intervention, and consultation and the integration of science and practice. We provide training that focuses on breadth through our general Adult and Child clinics, while allowing our interns to develop an area of focus through their tracks. Most importantly, our internship is individualized and can be tailored to meet our interns' specific training goals. Each intern receives at least four hours of individual supervision each week and attends several hours of didactics designed to enhance acquisition of profession-wide competencies in health service psychology. In addition, our program promotes the development of scholarly interests through the availability of protected research time to work on dissertation completion or collaborative projects with training faculty. We believe that we offer a challenging and supportive setting for obtaining doctoral internship training in Clinical Psychology.

The COVID-19 pandemic was the source of many changes to clinical practice and training in health service psychology. We continue to respond to the level of public health risk posed by COVID-19 and other infections with the safety of our trainees, staff, faculty, and patients as our paramount concern, while continuing to meet the needs of the communities we serve. We are grateful for the scientific strides that have contributed to a greater understanding of disease and the availability of vaccination. All employees at UCM are required to be vaccinated for COVID-19 and influenza (with medical or religious exemptions available in rare circumstances). Our program is primarily in person and on site, although we do offer the flexibility of telehealth to patients who request these services. These telehealth visits are usually provided from on site. We provide didactics and supervision in person unless video formats are indicated for convenience, flexibility, and/or safety. In order to facilitate interprofessional collaboration, socialization among interns and with our faculty, development of a support system for our trainees, and a general sense of community, we currently require interns and faculty to be on site for a minimum of three days per week, with most trainees on site every day. Our training program, department, division, and institution follow infection control procedures and national

and state regulations as informed by science and safety. We are committed to maintaining the integrity of our training program and the acquisition of profession-wide competencies while balancing the safety of our trainees, faculty, and patients. Over the past three years, we learned that it is impossible to have definite expectations for the future, and we recognize that ongoing flexibility and creativity is necessary.

The Clinical Psychology Internship at the University of Chicago Medicine is comprised of **four tracks: Adult/Health Psychology, Adult Neuropsychology, Child/Pediatric Psychology, and Pediatric Neuropsychology**. We will be recruiting and matching with one intern in the Adult Neuropsychology, Child Psychology and Pediatric Neuropsychology Tracks, and two interns in the Adult/Health track. **You may apply to only one track** which should be specified in your cover letter. **Applicants who apply to more than one track will be disqualified from both tracks.**

Our application deadline is **Friday, November 1, 2024** (11:59 pm EST). You will be contacted by email if you are selected for an interview. **We will conduct virtual interviews on the following days in December 2024: Friday 12/6/24, Monday 12/9/24, and Friday 12/13/24.** Our annual stipend is \$44,000 and is offered as part of a comprehensive package of benefits.

Before deciding to apply to our program, please review our updated brochure very carefully. We want you to fully appreciate the structure of our program and what we have to offer. We hope that you will apply to our internship program because you believe it is aligned with your professional goals for training and your future career development. We also encourage applications from individuals from underrepresented groups. Should you match with us, we will, in turn, work to provide you with the skills necessary to become a health service psychologist who is able to integrate science and practice in an academic environment serving a diverse population.

Read on for more details about our program! We wish you luck as you navigate this challenging process and complete your degree. We appreciate the time you will invest in completing the application to our program and promise to thoroughly review your materials. We look forward to learning more about you and possibly “meeting” you. If you have questions that are not answered in our written materials, feel free to contact us by email. Please note that we do not offer informational meetings via phone or video prior to our program’s formal interviews later in the season.

Sincerely,

A handwritten signature in cursive script that reads "Shona Vae".

**Shona N. Vas, Ph.D., ABPP**

Director, Clinical Psychology Training

Director, Cognitive-Behavior Therapy Program

Professor, Psychiatry & Behavioral Neuroscience

Contact Information: [svas@bsd.uchicago.edu](mailto:svas@bsd.uchicago.edu)

Note: The Commission on Accreditation requires that all APA accredited internship programs provide the standardized tables of admissions, support, and initial placement data. These tables are updated annually for the Clinical Psychology Doctoral Internship Program at the University of Chicago Medicine. Questions about our program's accreditation status may be directed to:

American Psychological Association

Office of Program Consultation and Accreditation

750 First Street NE,

Washington, DC 20002-4242

Phone: (202) 336-5979

Web: <http://www.apa.org/ed/accreditation>

## Internship Admissions, Support, and Initial Placement Data

### Internship Admissions, Support, and Initial Placement Data 2024-25

As of 2017, the Commission on Accreditation requires that all APA accredited internship programs provide the following standardized tables of admissions, support, and initial placement data. These tables are updated annually for the Clinical Psychology Doctoral Internship Program at the University of Chicago Medicine. Data are provided for the internship cohorts that started in 2018, 2019, and 2020.

**Date Program Tables are updated: 8/29/2024**

#### Program Disclosures

As articulated in Standard I.B.2, programs may have “admission and employment policies that directly relate to affiliation or purpose that may be faith-based or secular in nature. However, such policies and practices must be disclosed to the public. Therefore, programs are asked to respond to the following question.

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution’s affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values.	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
If yes, provide website link (or consent form brochure) where this specific information is presented.	



## Internship Program Admissions

**Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program’s policies on intern selection and practicum and academic preparation**

Our program is based in an academic medical center and highlights the integration of science and practice in the provision of evidence-based clinical care. Applicants are required to apply to one particular track: Adult/Health Psychology, Adult Neuropsychology, Child/Pediatric Psychology, and Pediatric Neuropsychology. Our training program is tailored to help each intern develop and progress towards professional training goals that may be addressed within the experiences offered in our department. Applicants who are competitive for our program have a combination of both general training and more focused experiences within the particular track, and seek to use internship as an opportunity to hone existing skills while developing new ones that will be consistent with their professional goals. Most of our interns have previous experience in academic medical centers, have operated as part of interdisciplinary teams, are comfortable with the fast-paced environment and the need to function autonomously with appropriate support, and aspire to careers in academic settings.

**Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:**

Total Direct Contact Intervention Hours	N	<b>X Yes</b>	Amount: 600*
Total Direct Contact Assessment Hours	N	<b>X Yes</b>	Amount: 600*

**Describe any other required minimum criteria used to screen applicants:**

We require 600 total face-to-face assessment and intervention hours **\*combined**. The distribution of these hours between assessment and intervention depends on the track the applicants choose. For our Adult/Health and Child/Pediatric tracks, competitive applicants usually have 400-600 intervention hours. For our Neuropsychology tracks, competitive applicants have a greater proportion of assessment hours, although intervention experience is also important. Despite the disruption of the COVID-19 pandemic to acquisition of clinical hours in preparation for internship, our required minimum number of face-to-face hours remains the same. Most of our interns in recent years have far exceeded this benchmark, including those recruited during the pandemic. However, we encourage applicants whose training was significantly disrupted to apply to our program if they determine that they are a good fit. In evaluating applications, we consider minimum number of hours to be only one variable among many others in determining a candidate’s fit for our site.

### Financial and Other Benefit Support for Upcoming Training Year

Annual Stipend/Salary for Full-time Interns	\$44,000	
Annual Stipend/Salary for Half-time Interns	N/A	
Program provides access to medical insurance for intern?	Yes	No
<b>If access to medical insurance is provided:</b>		
Trainee contribution to cost required?	Yes	No
Coverage of family member(s) available?	Yes	No
Coverage of legally married partner available?	Yes	No
Coverage of domestic partner available?	Yes	No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	20 days	
Hours of Annual Paid Sick Leave	10 days	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	Yes	No
Other Benefits (please describe): \$500 of financial support towards a conference at which an intern makes a first author presentation.		

\*Note: Programs are not required by the Commission on Accreditation to provide all benefits listed in this table.

### Initial Post-Internship Positions (Aggregated Tally for the Preceding 3 Cohorts)

	2020-2023	
Total # of interns who were in the 3 cohorts	15	
Total # of interns who remain in training in the internship program	0	
	PD	EP
Academic teaching	0	4
Community mental health center	0	0
Consortium	0	0
University Counseling Center	0	0
Hospital/Medical Center	8	6
Veterans Affairs Health Care System	0	0
Psychiatric facility	0	0
Correctional facility	0	0
Health maintenance organization	0	0
School district/system	0	0
Independent practice setting	0	0
Other	0	1

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.

## General Information

In order to better understand our internship program, it is important to have a sense of the institutional and departmental contexts within which it resides.

### The University of Chicago Medicine

The University of Chicago Medicine (UCM) is one of the country's preeminent academic medical centers. It is internationally known for the quality of its health care, medical and scientific training, and research.

The University of Chicago Medicine is comprised of the Pritzker School of Medicine and the Division of Biological Sciences of the University of Chicago. It includes the Bernard Mitchell Hospital, Duchossois Center for Advanced Medicine, Rubloff Intensive Care Tower, the Surgery/Brain Research Pavilion, Chicago Lying-in Hospital, the Center for Care and Discovery, and Comer Children's Hospital. More than 90 specialty outpatient clinics are part of the medical center. It is one of the larger medical systems in the Chicago area, with over 650 beds, and more than 700,000 outpatient visits per year. Many satellite clinics in community hospitals and outpatient practices also exist throughout the Chicagoland area. The Pritzker School of Medicine trains a higher proportion of academically oriented physicians than any other medical school in the country, and is highly ranked for its translational science training programs. The Biological Sciences Division (BSD) is composed of faculty-researchers in both basic science and clinical areas, including a collection of Nobel laureates, and receives over \$80 million annually in research grants.

The University of Chicago is in the Hyde Park neighborhood on the South side of the city. The University has an excellent library system, computer services, and many intellectual and social offerings. Hyde Park is a quiet urban residential neighborhood, centered around the University, and is noted for its multicultural flavor, cultural activities, and intellectual opportunities, as well as its historical architecture. Hyde Park and its neighbor community, Kenwood, are also known as the Chicago home of President Barack Obama and his family. Woodlawn, a neighborhood immediately south of the campus is to be the home of the new Obama Presidential Center currently under completion. The communities the medical center serves are quite diverse: two-thirds identify as racial/ethnic minorities, a quarter of residents are under age 18 and a third of residents are considered older adults; and 20% of families live below the poverty line. The University of Chicago is situated five miles south of Chicago's downtown area and one-half mile from Lake Michigan, affording access to a wide variety of cultural, recreational, and professional opportunities. Affordable housing close to the University is readily available. Interns often choose to live near the campus, as well as across the Chicagoland area. Access to UCM is easily available through both public transportation and by car. Interns are able to use their UCM ID within Hyde Park for free access to the buses operated by the City of Chicago as well as the University's shuttles which run in continuous loops throughout the day. The University also offers a free inter-campus shuttle which runs from the Hyde Park

campus to the downtown business school campus and to our satellite clinics in Streeterville and the South and West loop.

## Department of Psychiatry and Behavioral Neuroscience

The Department of Psychiatry and Behavioral Neuroscience is an integral component of UCM. It is both a clinical service and training unit within the medical center, and an academic unit within the Division of Biological Sciences and the Pritzker School of Medicine. 2024 marks the beginning of an exciting chapter for the Department—after seven years of interim leadership, [Seth Himelhoch, M.D., MPH](#) was appointed as Chair on July 1, 2024. All members of the Department are looking forward to its growth and evolution in the coming years.

The Department has a long history of distinguished research, integrated with clinical service and mental health training. Current and previous faculty members include prominent psychologists and psychiatrists who have made major research and clinical contributions to behavioral, cognitive, biological, and psychodynamic theories of development and intervention, and their application to assessment, diagnosis, and treatment. Ongoing areas of research include treatment outcomes, developmental psychopathology, substance abuse, psychopharmacology, developmental epidemiology, biological psychiatry, medical neuropsychology, neuroimaging, and the identification and treatment of multiple psychiatric and neurodevelopmental concerns.

The Department is comprised of two clinical Sections: Adult Psychiatry and Child and Adolescent Psychiatry, located on the third and fourth floor of the main academic building of UCM. Each section provides a combination of inpatient, outpatient, and specialty programs within the medical center. The Department also has a Research Section that comprises faculty across the Department as well as collaborates actively with programs throughout the Biological Sciences Division (BSD) and greater University community. Our Department serves an incredibly diverse patient population across many individual difference variables (e.g., race, ethnicity, language, national origin, religion, sexual orientation, SES, etc.) in our general outpatient clinics, on our inpatient services, and in our specialty clinical programs. Our interns are afforded a unique training experience with patients of varying intersecting socially privileged and marginalized identities, one of the biggest strengths of our program.

### Section of Adult Psychiatry

The [Adult Psychiatry Section](#) provides outpatient psychotherapy, pharmacological treatment, and neuropsychological assessment services. In addition to general medication clinics, we offer a number of specialty pharmacology clinics. The outpatient medication clinics include the Schizophrenia/Chronic Mental Illness Program, Personality Disorders Clinic, Neuropsychiatry Clinic, Trauma Clinic, Psycho-Oncology and Med Psych Clinics, Consultation-Liaison Service, Addiction, Compulsivity and Impulsivity Disorders Clinic, Perinatal Health, and the Geropsychiatry Clinic. Inpatient psychiatric services are provided through our affiliate settings, Ingalls Hospital and Northshore University Health System, located across the Chicagoland area.

We also have numerous outpatient satellite locations including River East, Orland Park, Tinley Park, and Crown Point (Northwest Indiana). Adult Psychiatry also collaborates with the University's Student Health Service. Additionally, the Department shares psychiatry training responsibilities and collaborates on research with affiliated faculty at Northshore, located in the suburbs north of Chicago and at Ingalls hospital, located in Harvey, a south Chicago suburb.

Patients of the Adult Section of the Department of Psychiatry & Behavioral Neuroscience present with a wide variety of mental health problems. Interns are likely to be involved in the assessment and treatment of patients with affective, cognitive, or substance use disorders, difficulties in emotional and behavioral regulation, psychophysiological and somatization disorders, relationship problems, adjustment disorders associated with medical conditions, and personality disorders. Many patients are self-referred from throughout the Chicago area, while other patients are referred by physicians within UCM and its affiliated services for assessment and treatment. The patient population is comprised of a diverse socioeconomic, racial and ethnic mix, representing the University and greater Chicagoland community.

### **Section of Child and Adolescent Psychiatry**

The [Child and Adolescent Psychiatry Section](#) is comprised of psychologists and psychiatrists who share a primary interest in clinical service, research, and training in child and adolescent mental health and pediatric consultation. Serving both traditional psychiatric and medical populations, the Section collaborates with pediatric specialists from Comer Children's Hospital, including Developmental and Behavioral Pediatrics, Pediatric Hematology-Oncology, Pediatric Infectious Disease, Pediatric Rheumatology, Pediatric Gastroenterology, Pediatric Neurology and Neurosurgery, and General Pediatrics. The Section has a long and rich tradition of training child and adolescent mental health professionals, many of whom have gone on to prominent positions in academic medicine, research, and clinical care. Current training and intervention orientations include developmental, interpersonal, cognitive, behavioral, and biological perspectives.

Specialty services within the Section include the Pediatric Consultation-Liaison Service, Neurodevelopmental Disorders Clinic, Mood and Anxiety Disorders Clinic, Child and Adolescent Trauma, PCIT Clinic, and the Pediatric Neuropsychology Service. The Child Psychiatry Outpatient Clinic provides assessment, diagnosis, and treatment services for the Hyde Park and greater Chicagoland community, including pharmacotherapy, psychotherapy, and neuropsychological assessment. Inpatient care for children and adolescents is provided through our affiliated units at Ingalls Hospital in the south suburbs, and Northshore University Health Systems and Highland Park Hospital, in the northern suburbs. Although the population served by the Child and Adolescent Psychiatry Section is clinically and economically diverse, a substantial number of patients come from disadvantaged and minority backgrounds.

### **Program Overview**

Our internship program is grounded in the scientist-practitioner philosophy with an emphasis on empirically-supported assessment, treatment, and consultation approaches. We provide general training in health service psychology for all interns with opportunities for specialized training within each individual track. Our belief that internship is a training year serving as a bridge from student to professional is supported by our commitment to mentorship, supervision, and robust didactic offerings. All interns spend a significant proportion of their time in our general Adult or Child outpatient clinics where they follow cases for assessment and psychotherapy. Further, each intern applies to and is matched within one of our four tracks (Adult/Health, Adult Neuropsychology, Child, and Pediatric Neuropsychology). Within their tracks, interns obtain more focused training through rotations that account for the remainder of their time. These rotations are carefully selected to facilitate the accomplishment of interns' learning goals and preparation for postdoctoral training and future employment. In addition to developing broad competencies across the major areas of health service psychology, our program is dedicated to our interns' professional development through mentorship, supervision, availability of role models, interdisciplinary collaboration, and didactics; and is highly customizable to optimize achievement of training goals. Each intern is assigned a primary mentor who will help them in clarifying training goals, making rotation choices, monitoring their progress through the program, and assisting with career development and decision-making through the transition from graduate student to professional psychologist. Interns attend didactic seminars conducted by program faculty members addressing their developmental and professional needs. Each of our interns is also provided with four hours of protected research time to be used as an opportunity to complete their dissertation or to work on scholarly projects with our faculty. Our ultimate focus as a faculty is on facilitating our interns' development as health service psychologists who will function effectively in academic environments. We accomplish this goal through general training, specialty rotations, intensive supervision and mentorship, didactics, and dedicated scholarship effort. Interns interact with supervisors from diverse backgrounds and orientations, and develop the communication skills, expertise, and confidence required to provide expert services to patients and families, physicians and other providers, to become educators and supervisors in clinical and academic settings, and to share their knowledge in lectures and more formally, in peer-reviewed venues. Moreover, our internship program and our faculty are committed to social responsiveness, equity, diversity, and inclusion in alignment with the broader priorities within the institution. We believe that we have developed an enriching, exciting, and challenging program that can be customized towards helping you achieve your training goals.

## Program Aims

In sum, our program's specific aims are anchored in the profession-wide competencies expected of all health service psychologists and around which accredited training programs are structured. Our aims align with these competencies which in turn guide the development and implementation of our program, the expectations for our interns, and evaluation of our program's outcomes. Our program aims to:

1. To recruit and train ethical, skilled, and culturally and socially responsive health service psychologists who will be prepared for entry level practice and postdoctoral fellowships in academic settings.
2. To provide training in evidence-based approaches to assessment, intervention, and consultation with diverse populations through the integration of science and practice in an interdisciplinary environment. Our program addresses the development of general clinical skills while providing opportunities to develop an area of focus within designated tracks (Adult/Health, Adult Neuropsychology, Child, Pediatric Neuropsychology).
3. To facilitate interns' professional identity as health service psychologists by customizing each intern's experience to be consistent with their training goals and career aspirations through mentorship, supervision, didactic education, experiential training, and scholarship.

## Internship Competencies

Our internship program is consistent with the American Psychological Association's (APA) updated Standards of Accreditation ([SoA](#)) in health service psychology as reflected in the acquisition of the profession-wide competencies (PWCs). We believe that the internship year should be focused on the broadening and further development of an intern's general clinical psychology skills. Across all tracks, our interns' outpatient experiences will provide opportunities for development of the PWCs, in addition to the experiences they obtain within their specific track. Through their outpatient experiences, interns are required to spend approximately 50% of their time (40% for Neuropsychology tracks) conducting evaluations and providing brief and longer-term individual psychotherapy with adults, children, adolescents, and families, under the supervision of departmental faculty. Our supervisors represent various orientations, including developmental, systems, cognitive-behavioral, interpersonal, and acceptance-based models. Our program is also designed to offer more specialized experiences to enable interns to identify a focus for postdoctoral training to establish and pursue longer-term career and professional goals.

Per the SoA, we expect that all interns will acquire the following PWCs over the course of the training year.

1. **Science, research and evaluation:** We expect our interns to engage in professional activities informed by the integration of science and clinical practice. As such, interns are exposed to empirically supported treatments, learn to turn to the literature to answer clinical and research questions, become involved in different aspects of clinical research, and generally demonstrate dedication to expanding their knowledge and skills in this domain. Further, interns will recognize the importance of outcome and program evaluation within their clinical activities and its value in professional practice. Each intern is provided with four hours of protected research time to be used to complete

their dissertations and/or to collaborate with our faculty on a scholarly project. Interns are expected to develop and present a scholarly product by the end of the training year.

2. **Ethical and legal standards:** We expect our interns to become proficient in the knowledge and application of appropriate ethical and legal guidelines, and to be consistent with professional ethical guidelines and federal and state law.
3. **Individual and cultural diversity:** Our interns are expected to be thoughtful about their own identities and the impact on their approach to assessment, treatment, consultation, and research. Our program offers a unique setting to develop competence in working with a range of individual difference variables and identities including but not limited to, race, ethnicity, language, nationality, religion, socioeconomic and educational status, geographical location, sexual orientation, and gender identity. We believe that self-reflection in this regard is an essential component in creating a culture that values diversity and inclusion. Diversity competence is woven into all aspects of our training program.
4. **Professional values, attitudes, and behaviors:** We value the interns as members of our Department. We expect that they will engage in appropriate professional behavior, act ethically and responsibly in all professional settings, and become familiar with the operation of a medical center in terms of administration, billing, documentation, and time management. Through professional practice, supervision, and didactics, interns will be exposed to the process of developing their own identities as emerging health service psychologists. We encourage ongoing self-reflection and refinement of personal and professional goals.
5. **Communication and interpersonal skills:** We expect our interns to appropriately utilize supervision and consultation to accomplish their training goals while providing appropriate clinical care. Training is also focused on enhancing communication in multiple settings and roles.
6. **Psychological assessment and diagnosis:** Clinical activities will facilitate the acquisition of diagnostic knowledge and assessment skills. Interns will become develop a thorough working knowledge of psychopathology and psychiatric diagnosis per the DSM and ICD systems. They will learn to use interview, historical, collateral, and psychometric data to diagnose appropriately, develop a case formulation, and provide treatment recommendations as necessary.
7. **Psychotherapeutic intervention:** Interns will be expected to become familiar with empirically supported treatments for a range of presenting concerns. Goals in this regard include being able to develop and maintain patient rapport, engage in case conceptualization that guides treatment planning, provide evidence-based treatment to individuals, couples, families, and groups, and mobilize case management services as necessary.
8. **Supervision, education, and training:** We prepare interns for careers in academic settings. To this end, they acquire competencies in the provision of clinical supervision and are also offered opportunities to provide other forms of teaching and training.
9. **Consultation:** Our program provides interns with the opportunity to work in interdisciplinary settings with different types of medical and mental health providers such as psychiatrists, social workers, residents, fellows, nurses, medical students, and



physicians. By the end of internship, we expect our trainees to be competent in providing consultation, to work collaboratively as members of a treatment team, and to interact effectively with professionals from different disciplines.

Formal written evaluations of interns are conducted at the 6 and 12-month mark. More informal but also written evaluations are conducted at the 3-month mark, with rotation evaluations being conducted at 9 months if necessary. Our evaluation form is developmentally anchored in terms of the PWCs. In order to graduate from the program, interns are expected to meet the minimal levels of achievement (MLAs) described on the evaluation form for outpatient and rotation experiences. Prior to completion of internship, we expect trainees to be at the intermediate level for all PWCs. On completion of internship, we expect trainees to be at the high intermediate or advanced level on all PWCs. Further details are available in our Intern Training Manual which is distributed during orientation. The Training Manual also contains information about remediation, due process, and grievance procedures.

## Internship Tracks

The clinical psychology doctoral internship program at the University of Chicago is comprised of four tracks:

1. Adult Health Psychology (APPIC Match Number 126612): 2 positions
2. Adult Neuropsychology (APPIC Match Number 126614): 1 position
3. Child Psychology (APPIC Match Number 126613): 1 position
4. Pediatric Neuropsychology (APPIC Match Number 126615): 1 position

We are a member of the Association for Psychology Postdoctoral and Internship Centers (APPIC) and participate in the national match. You must register with National Matching Service (NMS) in order to apply to our [program](#). We are compliant with APPIC membership criteria and also abide by all APA guidelines and principles. All applicants must indicate which track they are applying to and may apply to only one track. **Applicants who apply to more than one track will be disqualified from further consideration.** Interns will be matched to specific tracks and expected to obtain most of their experience within their track. Cross track rotations are possible to round out experience and skills. A summary of the four tracks is provided below, with more detailed information about rotations available later in the brochure, along with descriptions of faculty interests. If you are considering a particular track for internship, carefully read the description about potential experiences and review each faculty member's clinical and research interests. Although all the experiences offered in our Department are described in this brochure, the availability of the specific rotation(s) may vary from year to year. Thus, please ensure that the rotations in which you are interested are options for the upcoming training year.

1. The **Adult/Health Psychology track** is appropriate for individuals whose interests lie in more traditional areas of psychopathology and intervention, candidates who are aspiring health psychologists, and applicants who are consider themselves to be

generalists and want to acquire basic competencies in health psychology. This track emphasizes training in assessment, diagnosis, and treatment of emotional and behavioral disorders, and psychosocial contributors to medical and psychiatric problems in adults. Core clinical rotations highlight the development of competencies in the treatment of individuals with Addictive Disorders, Anxiety, Obsessive-Compulsive and Related Disorders, Trauma and Stressor-Related Disorders, Eating Disorders, and emotional and behavioral dysregulation using empirically supported treatments, as well as emphases in different areas of health and psychosocial functioning through Psychosocial Oncology, Consultation-Liaison, Diabetes, Weight and Metabolic Health, Health Psychology, Integrated Primary Care, Pain, Reproductive Behavioral Health, Sex Therapy, Gastrointestinal Disorders, and Transplant. In addition, interns may elect to learn more about psychology Training and Administration. All faculty members are involved in scholarly efforts which may offer collaborative opportunities for intern projects. Primary faculty involved in the Adult Psychology track include Drs. Fabiana Araujo, Emma Brett, Nancy Beckman, Alyse Bedell, Gregory Chasson, Abraham Eastman, Molly Erickson, Daniel Fridberg, James Griffith, Devi Jayan, Andrea King, Candice Norcott, Amy Siston, Shona Vas, and Jennifer Wildes. Our program is a member of the [Council of Clinical Health and Psychology Training Programs](#).

2. **The Adult Neuropsychology track** adheres to APA Division 40 and Houston Conference guidelines for training and meets requirement for board certification in clinical neuropsychology. The intern spends at least 60% of time conducting neuropsychological evaluations, supervising psychology externs, and attending weekly didactics related to this area of focus. Adults across the age range are evaluated, with a significant geriatric population. There are several clinical rotations available, some of which are mandatory for interns as they are related to fundamental training in neuropsychology. The Adult Neuropsychology Clinic rotations (which occur on different days of the week) involve evaluations of primarily outpatients but also some inpatient referrals presenting with various neurologic and medical conditions, using a flexible battery approach. The Memory Disorders Rotation involves refining geriatric-focused neuropsychological assessment skills along with developing supervisor skills, working with a multidisciplinary medical team and conducting neurocognitive assessments of individuals presenting with memory complaints. The intern may elect to rotate with a behavioral neurologist as part of their Neuropsychology rotations. The Adult Neuropsychology Research Rotation involves working closely with a faculty member on either an existing project or new short-term project, with a focus on improving knowledge regarding the neurobehavioral profile associated with rare medical and neurologic conditions. A research rotation examining the neurocognitive abnormalities of psychotic disorders and using EEG and fMRI data is also available. Faculty on the Adult Neuropsychology track are Drs. Joseph Fink, Maureen Lacy, Mary Lee, and Sarah Keedy.
3. **The Child/Pediatric Psychology track** is oriented towards candidates seeking to focus on the interface between hospital-based clinical child psychology and pediatric psychology

practice. Emphasis is on diagnostic evaluation, intervention, management of health and psychopathology related difficulties, consultation/liaison, and working with referring medical and psychiatric teams. Core rotations in this track include Pediatric Consultation/Liaison, Kovler Diabetes Center, MALS (Median Arcuate Ligament Syndrome), Hematology-Oncology and Survivorship Clinics, Parent-Child Interaction Therapy (PCIT), Trauma and Resilience Treatment (U-STAR and REACT clinics), Pediatric Gender Clinic, and Eating Disorders. Core faculty in this track include Drs. Tina Drossos, Sonya Mathies-Dinizulu, Ilayna Mehrtens, Claudio Rivera, Margaret Clark Withington, and Matthew Young with some rotations being supervised by our pediatric neuropsychologists, Drs. Yangfeifei Gao, and Mary Lee, and our Adult faculty, Drs. Jennifer Wildes, Gregory Chasson, and Candice Norcott. We are a member of the [Clinical Child and Pediatric Psychology Training Council](#).

4. The **Pediatric Neuropsychology track** is also consistent with APA Division 40 and Houston Conference guidelines for training and meets requirement for board certification in clinical neuropsychology. The intern spends a significant proportion of time conducting neuropsychological evaluations and attending weekly didactics related to this area of focus. This track emphasizes competencies in the assessment, diagnosis, and treatment of neurodevelopmental, mood, and behavioral concerns in children and adolescents. The intern on this track divides time between conducting neuropsychological evaluations of outpatient referrals from the broad spectrum of pediatric specialties at UCM, with an emphasis on children with neurological, learning, and developmental disorders; and on developing skill in pediatric consultation-liaison, pediatric psychology, and individual and family psychotherapies. All interns in the Child Section become expert in the application of empirically supported interventions for mood, behavior, developmental difficulties, and pediatric psychology. Primary faculty on this track are Drs. Israel Gross, Yangfeifei Gao, and Mary Lee with additional potential rotations supervised by our other Child and Neuropsychology faculty.

## Internship Program Structure

The internship is a year-long, full-time experience devoted to supervised training in the provision of clinical services and continued development of skills in research and consultation. Interns participate in weekly seminars addressing professional identity and practice as well as more focused didactics associated with their clinical rotations and research experiences. Individual supervision is provided across the areas of psychological assessment, treatment, and consultation. The emphasis of the internship is on developing core skills in these areas and on fostering the development of the intern's professional identity as a health service psychologist. The program has five principal components: 1) Outpatient clinical service 2) Rotations 3) Supervision of experience in psychotherapy and other aspects of health service psychology practice, 4) Research, and 5) Didactic education. In order to provide training in the acquisition of the PWC of clinical supervision, all interns will be required to supervise psychology externs in some capacity.

In keeping with our focus on professional development, at the beginning of the internship, each intern is assigned a primary faculty mentor. In consultation with their mentors and the Director, interns formulate a plan for identifying and meeting their training goals. Collaboration with other faculty members across tracks, including clinical supervisors will also be considered in designing an individualized training program. Individually determined combinations of rotations, clinical supervisors, patient populations, seminars and other opportunities across the hospital system are selected to optimally meet each intern's training needs and interests. We consider this flexibility to be one of the highlights of our program as it allows the intern to maximize the value of the internship year by making unique choices from among the diverse educational opportunities our site offers.

## **1. Outpatient Clinical Service**

Both our Adult and Child Sections have robust outpatient clinical programs. These outpatient opportunities provide the generalist clinical training and broad exposure to the practice of health service psychology within an academic medical center. Diagnoses of patients in these clinics span the DSM-5 and offer experience with a range of individual difference variables across multiple dimensions. Patients present for assessment, intervention, consultation, and pharmacological maintenance. Interns are integral providers in our clinics and work closely with faculty psychiatrists, psychiatry residents and fellows, and other staff (e.g., social workers, nurse practitioners) to serve the needs of this population. Interns on the Adult/Health and Child/Pediatric Tracks are expected to see 6 outpatients per week for which two hours of individual supervision are provided. Interns on the Adult/Pediatric Neuropsychology Track are expected to see 4 outpatients per week for which they receive one hour of individual supervision. Our internship emphasizes the importance of both breadth and depth in the training of clinical psychologists. Interns obtain further clinical experience and supervision through their choice of rotations, thereby broadening and deepening their expertise. The combination of face-to-face clinical hours afforded by outpatient experiences and rotations allow us to ensure that our interns provide adequate direct clinical service to meet licensure requirements in the state of Illinois.

## **2. Rotations**

Rotations are an important component of the structure of the internship. The Department of Psychiatry and Behavioral Neuroscience specifically, and the University of Chicago Medicine more generally, serve as training settings for these more specialized clinical experiences. These clinics, programs, and services provide interns with the opportunity to work alongside skilled psychologists; psychiatrists; other pediatric and adult physician specialists, such as neurologists, oncologists, or geriatricians; and clinical social workers and Child Life professionals, in a variety of diverse settings, across various areas of Clinical Psychology and Psychiatry. Rotations in the specialty clinics and services introduce interns to the differing areas of practice that exist within the profession, and help them refine their own specialty interests.

In consultation with their primary mentor and the Director of Psychology Training, interns choose a total of **four full-time rotations: two rotations are completed each six-month period of the training year**. One rotation is equivalent to one full-day of clinical commitment, each week, approximately 8-10 hours. An intern may elect to take the same rotation again (i.e., a depth of training approach) or may choose another, different track rotation, to gain a wider training experience (i.e., a breadth of training approach). Interns must **participate in at least three clinical rotations related to their designated track**. For example, the Adult Neuropsychology Intern will typically complete the Memory Disorders Rotation, and two Adult Neuropsychology Clinic Rotations. In selecting a fourth rotation option, the intern may select rotation from one of the Adult or Child track offerings. Over the years, popular “outside” track rotations taken by Adult Neuropsychology interns have been the Anxiety Disorders Clinic and the Consultation/Liaison Service on the Adult Psychology track. In order to provide interns with maximum opportunity to sample the program’s many clinical and research offerings, some rotations are available as a “mini” rotation (half day; 5-6 hours). No more than two mini rotations may be pursued at any given time.

Each rotation involves clinical work and supervision, and most rotations also include a seminar or case conference. The various specialty clinics that are currently available to interns are described for each track, in the relevant track sections. It is important to note, however, that rotations may change over time, with some options being added, and others possibly becoming unavailable for the training year an intern enters the program. Please review this brochure carefully to ensure that the particular rotations of interest to you are available for the upcoming training year.

### 3. Supervision

The core of our internship’s training philosophy is supervised clinical experience that challenges interns to expand their conceptual and practical skills in the assessment, diagnosis, and treatment of psychological and behavioral disorders. Each intern is matched with a primary mentor, who serves as the principal track-specific advisor overseeing the intern's program and progress. All interns are assigned year-long primary supervisors for their outpatient cases. Adult/Health and Child/Pediatric Psychology Track interns have two outpatient supervisors and Adult/Pediatric Neuropsychology Track interns have one outpatient supervisor. Further, interns receive supervision from directors of the rotations that they selected. Supervision is conducted primarily on an individual basis, with a licensed clinical psychologist on faculty, although some additional supervision is also conducted in group format and through seminars and case conferences. Close attention is paid to balancing the intern's core training goals, their rotation demands, their psychotherapy caseload, and their supervision needs. For most rotations, group supervision also occurs and often involves trainees at different levels including psychiatry residents, child fellows, psychology externs, and postdoctoral fellows.

## 4. Research

While the internship year is primarily devoted to clinical training, our program encourages the continued development and refinement of an intern's skills in research, scientific inquiry, and program evaluation as integration of science and practice. As such, each intern is provided with four hours of protected research time. Interns may use this block to work on their dissertations. However, it is our hope that interns become formally or informally involved in ongoing faculty research both within the Department or in collaboration with other services across UCM. Interns may also develop their own research questions and projects within the Department or with a collaborating service in the medical center. By the end of the training year, all interns are required to demonstrate their research efforts in the form of a scholarship product. Examples include a poster, a presentation at a conference or in a departmental setting, a manuscript, a grant, a quality improvement project that includes a final summary, a suggested policy, etc. At the outset of the training year, the intern, their assigned mentor and the Director of Clinical Training discuss options for the scholarship project.

## 5. Didactics

All interns attend several core seminars as part of their internship training, in accordance with APA requirements and recommendations. Interns also have the opportunity to attend any elective seminars offered through the Psychiatry Residency Program or the University of Chicago Medicine. In addition, each track presents its own specific seminar(s) that interns attend as part of their rotations and mentoring; these offerings are explained in the detailed descriptions for each of the tracks. Core seminars for interns are described below:

- a. **Professional Issues Seminar**, facilitated by Dr. Shona Vas, provides the opportunity for interns and psychology training faculty to discuss important issues central to our work and identity as health service psychologists, including: ethics and standards of practice, psychology as a profession, legal and political issues, the integration of research and clinical work, career development, and socialization into the profession of psychology. This seminar is designed to prepare interns for the transition from student to health service psychologist.
- b. **Psychologists in the Medical Setting Seminar**, facilitated by Drs. Tina Drossos and Nancy Beckman, consists of readings, didactic lectures, case presentations, and open discussion intended to familiarize interns with the medical center setting and its professional demands. This seminar emphasizes the application of clinical psychology principles to modify biological and psychosocial functioning and adjustment to illness, as well as surveys different disorders common to psychiatric and medical settings, and their treatment. As part of this seminar, members of the training faculty and outside guest lecturers present their work, with the intention of exposing interns to the myriad roles that psychologists may have as part of an academic medical center. Further, interns receive specific instruction about assessment and intervention for several different medical conditions.

- c. **Diversity Seminar** is facilitated by Drs. Sonya Mathies Dinizulu and Claudio Rivera with additional support from all faculty in the program who are committed to diversity, equity, and inclusion. Didactic presentations, case examples, and journal club discussions are used to enhance interns' intercultural knowledge of and competence with individual differences in several contexts within and beyond the medical center environment. Interns are exposed to various levels of activism and are encouraged to engage in these efforts to promote social justice in the areas of their choice. As diversity is woven into all aspects of our training program, this seminar provides an opportunity to discuss interns' integration of didactic knowledge, experiential training, and supervision in this regard.
- d. **Supervision Seminar** is facilitated by Drs. Matthew Young and Shona Vas. Didactic presentations, group discussion, and in-session activities are utilized in providing interns with foundational knowledge for developing competency in the provision of clinical supervision. Further, all interns are required to provide clinical supervision to psychology externs for which they receive individual supervision from a faculty member. This seminar serves as another avenue for interns to collaboratively discuss their experiences and explore their emerging identity as clinical supervisors.
- e. **Advanced Cognitive-Behavior Therapy** is offered for both adult and child interns, in tandem with departmental externs who are completing advanced clinical placements. Dr. Shona Vas directs the Adult CBT course and Dr. Matthew Young directs the Child CBT course. The lectures in these series are designed to provide training in empirically-supported assessment and treatment for most disorders classified in the Diagnostic and Statistical Manual (DSM) of Mental Disorders, 5<sup>th</sup> edition (DSM-5). As many of our interns have already had significant exposure to evidence-based care prior to their year at UCM, these seminars are optional.
- f. **Interdisciplinary Case Conference** is attended and facilitated by faculty in our Adult and Child sections. Cases involving multiple providers are presented. This seminar encourages inter-disciplinary dialogue and contributes to the supportive and collaborative learning environment in the Department.
- g. **Grand Rounds:** The Department's Grand Rounds series takes place weekly between September and June and offers presentations on a wide range of topics in mental health and psychiatric medicine by renowned speakers from within and outside the institution. Clinical presentations by senior trainees also occur in the Grand Rounds series.

In addition to these core seminars, interns attend track and rotation specific didactics. Additionally, the Department, Medical Center, and University each offer a plethora of seminars, lectures and varied educational experiences throughout the year, which interns may choose to attend. For example, interns may attend Grand Rounds in other Departments including Neurology, Medicine, and Pediatrics, lectures offered through the Department of Psychology and the Committee on Human Development, weekly lectures and case conferences with the psychiatry residents, and interdisciplinary conferences and courses on conducting research.

## Commitment to Diversity and Inclusion

Consistent with missions of the University of Chicago, the Biological Sciences Division, and the University of Chicago Medical Center, the internship is committed to social responsiveness, equity, diversity and inclusion in all facets of our program. Our diverse patient population and community provide the varying voices and perspectives that are central to the pursuit of new knowledge. Our culture is enriched by the different backgrounds of our students, trainees, faculty, staff, alumni, and patients. As such, we welcome applications from members of diverse and underrepresented groups.

The University of Chicago provides equal employment opportunities to all employees, applicants, and job seekers and is committed to making decisions using reasonable standards based on each individual's qualifications as they relate to employment action. No person shall be discriminated against because of race, color, religion, sex, sexual orientation, gender, gender identity, national or ethnic origin, age, disability status, veteran or military status, citizenship status, genetic information, parental status, ancestry, source of income, credit history, housing status, order of protection status, actual or perceived association with such a person or other classes protected by law. For additional information please see the [University's Notice of Nondiscrimination](#).

Given the widespread social unrest coupled with the occurrence of and recovery from the COVID-19 pandemic, we are acutely aware of the of the impact of these racial injustices and disparities on our community. The BSD, the Medical Center, the Department, and the internship program have all developed and implemented additional programming to effectively respond to the evolving needs of our trainees, employees, and the patients we serve. We explicitly affirm our anti-racist identity and are committed to dismantling racism and oppression, and promoting social justice, cultural humility, equity, and inclusion.

## Self Care and Resilience

We recognize that internship is an exciting year of transition and new learning that may sometimes feel challenging. Interns often navigate relocation, completing dissertations, acclimating to a new system and supervisors, acquiring additional competencies, expanding support networks, and addressing the next step in their career trajectory. As a program, we appreciate the importance of balancing professional activities during internship with demands from the doctoral program and the desire to have a rich and meaningful personal life. In addition, we are aware that the nature of this balance is highly individualized and shifts over time, making it difficult to offer a "one size fits all" prescription. Getting to know each intern as a whole person is one of our greatest privileges. We believe that it is also important for our interns to experience their supervisors in this manner. We support and encourage ongoing dialogue about work-life integration to which we hope to contribute as role models.



We have several avenues through which we support our interns' efforts to integrate their professional identities with their life outside of work. Examples include and are not limited to the following:

1. The Training Director, mentors, and all supervisors routinely check in on interns' workload, the number of hours they devote to internship responsibilities, and their perception of the manageability of internship-related demands. These conversations occur in supervision, didactics, and regular meetings and are documented on a weekly log of all internship activities. The Professional Issues Seminar includes several lectures and discussions on values, sustainable wellness, and professional longevity.
2. Establishing and growing a support network is an important component of resilience. We create opportunities for the interns to spend time together (e.g., monthly intern lunch) as well as to socialize with faculty and other trainees (e.g., monthly happy hours, holiday events, etc.).
3. Our interns have paid time off that includes vacation, sick/wellness time, and professional leave. We encourage all trainees to use this time throughout the year to take care of themselves appropriately.
4. The institution, Department, and program offer formal resilience training opportunities (e.g., cultivating a sense of purpose, mindful self-compassion training, burnout prevention, etc.) that are available to the interns.
5. UCM employees are eligible for numerous benefits including health screenings, discounted gym membership, financial subsidies (e.g., subsidized childcare, cell phone plans), free cultural and social events on campus as part of the larger university community, and access to an Employee Assistance Program.

We hope that the internship year provides our trainees with exposure to potential future career paths with opportunities to balance personal values and professional aspirations.

## **Track Descriptions and Rotations**

Our clinical psychology doctoral internship program is organized into four tracks. Each track offers unique experiences that may be tailored to meet the intern's professional goals. In this section, we describe the four tracks and available rotations within each track.

### **Adult/Health Psychology Track**

We will recruit two interns for the Adult/Health Psychology Track which emphasizes training in general clinical work with medical and psychiatric populations. The name of this track highlights its flexibility in accordance with our program's mission to support interns in their pursuit to obtain an individually tailored clinical experience. The Adult/Health Psychology Track allows interns to build on their skills as generalists as well as to acquire exposure to and expertise in specific areas of health psychology. This track is therefore an appropriate fit for interns who have interests in general and specific areas of emotional and behavioral dysregulation, interns who are aspiring health psychologists, and for interns who seek to integrate these areas by

becoming familiar with the varied clinical presentations seen in a rich academic environment. Interns on this track will have the opportunity to develop competency in working with patients with and without primary psychopathology, who range in age from early adulthood to older adults, and who represent diverse social, economic, cultural, and ethnic backgrounds. Opportunities for psychological and neuropsychological assessment exist within this track. Although track faculty endorse a variety of evidence-based theoretical orientations, cognitive-behavioral and acceptance-based therapies, both brief and long-term, are emphasized.

The Adult/Health Psychology track has particular strengths in clinical service using cognitive-behavioral and pharmacological approaches to treating substance use disorders, depression, anxiety, trauma, obsessive-compulsive and related disorders, and other disorders of emotional and behavioral dysregulation, including more severe mental illness. These rotations include the Adult Anxiety and Avoidance Clinic, the PTSD Rotation, the Obsessive-Compulsive and Related Disorders Clinic, the Addictive, Compulsivity, and Impulsivity Disorders Clinic, and the Eating Disorders Program. The program offers an opportunity to gain experience providing supportive and therapeutic interventions to individuals with medical concerns, through the Psychosocial Oncology, Consultation-Liaison, Health Psychology, Pain, Integrated Primary Care, Women's Behavioral Health, Psychogastroenterology, Transplant, Sex Therapy, and Weight and Metabolic Health rotations. We also offer a Training and Administration rotation to afford our interns more focused exposure to clinical supervision and to developing an understanding of the administration involved in psychology training. Interns may also elect to do an outside rotation from one of the other tracks in order to obtain breadth in their training experience, although this is certainly not necessary given the diverse array of options within the Adult/Health track.

Adult psychology services are also provided to traditional psychiatric outpatients, and patients who require support and rehabilitation for neuropsychological and chronic psychiatric conditions. Services are provided to patients adjusting to acute medical crises as well as those managing chronic medical conditions. Many of these patients are referred by other members of the Department, UCM providers outside the department, or are self-referred and specifically seeking treatment from a University of Chicago specialty clinic. Interns are embedded in the Adult Section of the department and will interact with other providers in multiple contexts. Services offered by psychology interns include assessment, psychotherapy, consultation, and provider education. The Adult/Health Psychology Track has a number of elective seminars and treatment team activities that are typically required depending on the intern's particular rotation choices.

Rotations within the Adult/Health track may be offered as "full" rotations (8-10 hours per week) or "mini" rotations (5-6 hours per week) unless otherwise specified. Descriptions for each rotation are provided below.

**Addictions: Daniel Fridberg, Ph.D. (with support from Andrea King, Ph.D. & Jon Grant, M.D., J.D., M.P.H.)**

The Addictions Rotation will provide training in evidence-based assessment and psychotherapy for addiction and related disorders in the Addictive, Compulsive, and Impulsive Disorders (ACID)

clinic at the University of Chicago Medicine. Patients in this clinic present primarily with substance use or impulse control disorders (i.e., “behavioral addictions”). The majority meet criteria for a comorbid mood or anxiety disorder. Interns will be trained on a CBT-based smoking cessation protocol (Courage to Quit®) and deliver that intervention to groups of ~4-12 patients weekly as part of the smoking cessation clinic. Interns will also provide empirically supported psychotherapeutic interventions including motivational enhancement therapy/motivational interviewing and cognitive-behavioral therapy for a caseload of approximately 4-5 individual psychotherapy patients. Supervision will consist of 1 hour of weekly individual supervision with Dr. Fridberg. In addition, there may be opportunities to supervise junior trainees (e.g., psychology externs) and to collaborate with Dr. Fridberg or other ACID faculty (Drs. Grant and King) on ongoing clinical activities or research projects.

#### **Adult Anxiety and Avoidance: Shona Vas, Ph.D., ABPP**

The Adult Anxiety and Avoidance (AAA) Clinic Rotation provides outpatient individual and group assessment and psychotherapy for adults experiencing anxiety, obsessive-compulsive, and trauma/stressor and-related disorders. Presenting diagnoses in the clinic include Panic Disorder, Agoraphobia, Generalized Anxiety Disorder, Social Anxiety Disorder, Specific Phobia, Obsessive-Compulsive Disorder, Hoarding Disorder, Body Dysmorphic Disorder, Disorders involving Body-Focused Repetitive Behaviors, Posttraumatic Stress Disorder, Acute Stress Disorder, and Adjustment Disorders. Avoidance of negative emotional experiences is a significant transdiagnostic and unifying factor for patients seen in this clinic, regardless of their diagnoses. Treatment is provided from a cognitive-behavioral perspective, using empirically supported approaches. However, patients may also learn skills taught as part of acceptance-based approaches, for example, dialectical behavior therapy (DBT). The intern will conduct diagnostic evaluations, provide individual therapy, and may be able to co-facilitate one or more time-limited psychotherapy groups for different disorders. In addition, the intern will have the opportunity to gain experience in providing clinical supervision for advanced graduate students who are also training in the clinic. The intern on this rotation will receive one hour of individual supervision each week, and will carry a caseload of 3-4 individual patients. This rotation requires participation in a weekly team meeting that addresses components of psychological assessment and cognitive-behavioral treatment of anxiety disorders, interdisciplinary care, and professional development.

#### **PTSD: Shona Vas, Ph.D., ABPP**

The PTSD Clinic Rotation provides outpatient individual and group assessment and psychotherapy for adults who meet diagnostic criteria for Post Traumatic Stress Disorder (PTSD). Interns may obtain exposure to treating Trauma and Stressor Related Disorders through the AAA Clinic, but may also seek more focused training in assessment and treatment of PTSD through selection of this rotation. Interns will conduct diagnostic evaluations and provide individual therapy focused on decreasing PTSD symptoms. Interns will become familiar with Prolonged Exposure (PE) therapy and Cognitive Processing Therapy (CPT) through this rotation as well as other empirically supported trauma treatments. Opportunities exist to become certified in PE through our PE Consultation Program. The intern on this rotation will receive one hour of individual supervision each week, and will carry a caseload of 2-3 individual patients.

This rotation also requires participation in a monthly interdisciplinary PE team consultation meeting.

#### **Eating Disorders: Jennifer Wildes, Ph.D.**

The Eating Disorders Program Rotation provides evidence-based assessment and treatment services to patients with anorexia nervosa, bulimia nervosa, binge-eating disorder, and other feeding and eating problems (e.g., avoidant restrictive food intake disorder, purging disorder, atypical anorexia nervosa). Interns are embedded in an interdisciplinary treatment team that includes psychologists, psychiatrists, and social workers with expertise in the outpatient management of feeding and eating disorders. Responsibilities include conducting initial intake assessments and providing psychotherapy utilizing cognitive behavioral and family based treatment modalities, supplemented with dialectical behavioral and other third wave behavioral therapy interventions. Interns also are expected to attend weekly rounds and didactics meetings and have the option of attending a bi-weekly eating disorders research meeting.

#### **Obsessive-Compulsive and Related Disorders: Gregory Chasson, Ph.D., ABPP**

Interns in this rotation will work within an interdisciplinary clinic (i.e., psychiatrists, psychiatry residents, medical students, clinical psychology externs) to develop skills for delivering cognitive-behavioral therapy to adults with Obsessive-Compulsive and Related Disorders (OCDs). This includes obsessive-compulsive disorder (OCD); body dysmorphic disorder; hoarding; hair pulling, skin picking, and other body-focused repetitive behaviors (BFRBs); tics/Tourette's; obsessive-compulsive personality disorder; and common clinical correlates (e.g., health anxiety, perfectionism, intolerance of uncertainty). The majority of cases will present with OCD and/or BFRBs. CBT is provided mainly in individual sessions, although there may be a possibility of developing and facilitating group therapy. Treatment intensity varies based on the needs of the patient and can range from weekly treatment to twice daily treatment. The intern in this rotation will participate as a member of the treatment team as intensive (daily treatment) cases present. Opportunities for working with postoperative patients (e.g., cingulotomy) may be available to interns on this rotation. Depending on availability, there may be opportunities to supervise an advanced clinical psychology extern in the provision of evidence-based treatments for OCDs. Clinical work and supervision will be complemented with weekly didactics.

#### **Psycho-Oncology: Amy Siston, Ph.D., CST**

The intern electing to complete the Psycho-Oncology Rotation will provide assessment, consultation and treatment for individuals with newly diagnosed cancer, individuals in active treatment, cancer survivors and individuals at genetic risk for cancer. The intern may also have the opportunity to work with patient caregivers, families and partners/spouses. Psychology services are available for cancer patients in the outpatient oncology clinics, utilizing a co-located care model. Cancer patients may also be seen during inpatient hospitalization. The intern will also provide consultation to oncology staff regarding issues important to the care of cancer patients. Primary presenting problems will include both **Sexual Health** and/or **Behavioral Symptom Management** of cancer patients and survivors. Referral questions are varied and may include (but are not limited to): coping with a new diagnosis, management of

psychiatric concerns (e.g., depression, anxiety, adjustment disorder) co-morbid with medical illness, coping with psychosocial stressors impacting the management of cancer, adjustment to treatment sequelae (e.g., pain, insomnia, nausea, fatigue, cognitive changes), family and dyadic distress, and sexual rehabilitation. Therapeutic modalities emphasized include CBT, ACT, MI, relaxation and mindfulness skills training. Interns will see a variety of cancer patients with diverse presenting problems, but can focus on a particular area of interest. Supervision will take place weekly and the intern will participate in multidisciplinary supportive oncology monthly team meetings and weekly clinical case discussions. Weekly didactics are provided and include topics such as end of life issues, sexuality and relationships, and evidence-based interventions used in oncology. Scheduling permitting, the intern also has the opportunity to attend weekly multidisciplinary tumor board meetings.

#### **Integrated Primary Care: Fabiana Souza Araújo, Ph.D.**

The Integrated Primary Care Rotation can be either a full or mini rotation and provides interns with experience working in the fast-paced, multidisciplinary, primary care setting. Interns will see scheduled patients for assessment and brief intervention and receive warm hand-offs for same day consultations. Through this experience, interns will learn to conduct a rapid, focused assessment to identify relevant behavioral health concerns and clarify the presenting problem. Interns will learn to collaboratively identify short-term behavioral goals to target prioritized problem areas and deliver evidence-based treatment, up to 5 sessions. Treatments are mainly drawn from cognitive behavioral therapy, acceptance and commitment therapy, and motivational interviewing. Interventions may include psychoeducation, motivational enhancement, problem-solving, behavioral activation, cognitive restructuring, brief exposures, relaxation training, assertive communication, etc. Should longer-term psychological care be necessary, interns provide feedback to the patient and primary care physician and facilitate referrals as needed. Interns are expected to provide the treatment team with verbal feedback and recommendations after screening same day patients. They also complete written reports following all patient encounters. Interns will also learn about administrative, physician education, and other implementation issues related to behavioral health integration. In collaboration with other health professionals, interns may also have the opportunity to be involved in research related to behavioral health integration. Interns on this rotation receive live supervision during clinic and one hour of scheduled, weekly supervision. They also attend one weekly primary care didactic and team meeting. The intern on this rotation has the opportunity to provide precepting for internal medicine residents with regard to the development of their behavioral health skills.

#### **Pain Management: Nancy Beckman, Ph.D.**

The Pain Management Clinic can be a full or mini rotation. Interns gain experience working with patients with various chronic pain conditions in a multidisciplinary setting. Interns will learn more about the biopsychosocial nature of chronic pain, its impact, and treatment, as well as goals of improving functional outcomes. Interns will see patients for evaluations and deliver evidence-based, time-limited treatment. Interns will learn to adapt cognitive behavioral therapy, motivational enhancement, acceptance and commitment therapy, and mindfulness techniques to best suit the needs of our diverse patient population. Evaluations can involve pre-

surgical psychological assessments (e.g., spinal cord stimulators) or comprehensive psychological pain evaluations. In addition to individual evaluations and time-limited therapy, interns will also help develop and lead an 8-week pain management group or the Empowered Relief pain education class. Interns will work with pain clinic staff and maintain clear communication around patient care. Interns will receive live supervision in clinic, one hour of weekly scheduled supervision, and one hour of pain didactics/group supervision weekly. If interested, interns also have the opportunity to conduct research related to pain management and participate in interdisciplinary pain management meetings.

#### **Health Psychology: Nancy Beckman, Ph.D.**

During this rotation, interns provide outpatient assessment and therapy to patients with comorbid medical and mental health conditions within the Psychiatry clinic. Therapy is focused on helping patients make positive health behavior changes and navigate changing identity and relationship issues for improved symptom management and quality of life. This rotation will emphasize the application of cognitive behavioral therapy, as well as motivational enhancement, acceptance and commitment therapy, and mindfulness. It will require consultation and communication with other members of the patient's medical team. Interns will also have the opportunity to help design and implement group therapy for patients with chronic illness. The Health Psychology rotation is designed to provide broad exposure to various presentations of comorbid medical and mental health conditions, though it can be shaped toward a particular patient population (e.g., nephrology or pain), depending on an intern's interest and patient availability. In contrast to brief treatments often provided in health psychology settings, this rotation is designed to provide therapeutic depth allowing interns to expand their knowledge and ability to apply evidence-based treatments for mood, anxiety, and other disorders while incorporating treatment for medically-oriented concerns. Dr. Beckman provides at least one hour of weekly supervision for interns on this rotation. Opportunities for research in collaboration with other health professionals, brief screening, and brief therapy within other outpatient medical clinics may also be available.

#### **Transplant: Daniel Fridberg, Ph.D.**

Interns on the Transplant Clinic Rotation will have the opportunity to work with a multidisciplinary team (surgeons, hepatologists, nephrologists, gastroenterologists, nurses, social workers, psychologists, and psychiatrists) to develop knowledge and skills pertaining to the psychosocial evaluation of medically complex candidates for kidney or liver transplantation. Interns will see transplant candidates for psychological evaluations and will assist the team in determining eligibility for transplant. Transplant candidates at the University of Chicago are diverse in terms of race, sex, socioeconomic background, and sexual orientation. Candidates present with kidney or liver disease for which transplantation may be indicated, and vary considerably in terms of the progression of their illness. Patients may experience a number of complications attributed to their illness which may warrant hospitalization and contribute to the medical complexity of this population. In addition, confusion or altered mental status due to encephalopathy, depression, anxiety, and substance abuse concerns are common in this population. Interns will learn to conduct semi-structured psychological interviews (approximately 1-2 per week) to identify psychosocial barriers to transplantation which would

benefit from further assessment or intervention. Opportunities to provide time-limited brief interventions to address these issues may exist depending on candidate need and eligibility. Interns will provide feedback to transplant candidates regarding psychosocial barriers to transplantation and will facilitate referrals to other providers as needed. As part of this rotation, interns will attend the weekly liver transplant multidisciplinary meeting (3:30-5:00 pm, Thursdays). Interns will be expected to provide the treatment team with verbal feedback and recommendations after evaluating a transplant candidate, as well as complete a written evaluation which will be entered into the candidate's medical record. There may be opportunities to supervise junior trainees (e.g., psychology externs) as part of this rotation as well.

#### **Adult Psychiatry Consultation-Liaison: Marie Tobin, M.D. & C/L Psychiatry Attending Faculty**

The Adult Psychiatry C/L Service Rotation provides consultation and acute management services to University of Chicago Medicine inpatients across the varied medical, surgical, and obstetrical care services. Delirium, depression, adaptation to illness, and co-occurring psychiatric disorders are the most common reasons for referral. The intern on this rotation can participate in biopsychosocial evaluations of referred patients and have the opportunity to offer psychotherapeutic services at the bedside with acutely ill patients. The intern will typically see a broad array of cases from general medical or surgical services, but can focus on particular areas of interest, such as burns, organ transplants, cancer, neurological conditions, or cardiac disease. The Director of the Adult C-L Service is Marie Tobin, M.D., and supported by Zehra Aftab, M.D., Shivani Kumar, M.D., and Stephen Marcoux, M.D. Supervision is generally provided by the attending psychiatrist on call for the week.

#### **Reproductive Behavioral Health: Candice Norcott, Ph.D.**

The Reproductive Behavioral Health Rotation emphasizes training in assessment, diagnosis, and treatment of mood and behavior disorders, and psychosocial contributors to reproductive health risks and disorders. The intern will provide assessment, consultation, and brief treatment for patients presenting for a variety of issues related to reproductive health. The intern will carry a caseload of patients referred from the Department of Obstetrics and Gynecology. Referral issues include but are not limited to postpartum depression and/or anxiety, trauma, contraception and family planning, and infertility. The intern provides ongoing consultation to obstetrics and gynecology providers about shared patients and the psychosocial contributors to their reproductive health and wellness. The intern will receive weekly individual supervision and participate in a weekly multidisciplinary team meeting.

#### **Weight and Metabolic Health: Abraham Eastman, Ph.D.**

The Center for Weight and Metabolic health provides psychological services to adults seeking bariatric surgery or medical weight loss at the University of Chicago Medical Center. Interns on this rotation develop skills in conducting brief psychological evaluations of potential surgery candidates and patients pursuing medical weight loss. Interns will have the opportunity to work within an interdisciplinary team of physicians, dietitians, and nurses. Interns can elect to co-lead a monthly surgery support group or provide psychotherapy to bariatric surgery candidates through the Eating Disorders Program. Interns may also have the opportunity to receive training in behavioral weight loss interventions.

### **Psychogastroenterology: Alyse Bedell, Ph.D., CST**

The Psychogastroenterology rotation is offered as either a full rotation and includes behavioral assessment and treatment of adult patients with gastrointestinal (GI) disorders such as irritable bowel syndrome, inflammatory bowel diseases, and esophageal disorders. Treatment typically includes a combination of behavioral symptom management (reducing GI symptoms using behavioral interventions) and enhancement of coping with GI symptoms and living with a GI condition. Interns will gain experience developing biopsychosocial conceptualizations and implementing evidence-based interventions for GI disorders, including cognitive behavioral therapy and relaxation training. Interns will be able to observe gut-directed hypnotherapy, but direct provision of these services will only be possible for interns who have completed an externally offered clinical hypnotherapy basic training. There may be opportunities for GI group psychotherapy, dependent on interest. The intern on this rotation will receive one hour of supervision per week.

### **Sex Therapy: Alyse Bedell, Ph.D., CST & Amy Siston, Ph.D., CST**

The Sex Therapy Rotation is offered as a full rotation and provides interns with training in biopsychosocial assessment, consultation, and evidence-based treatment for patients with sexual health issues. Common presenting issues include disorders of sexual desire, arousal, orgasm, and pain. Therapeutic modalities emphasized include CBT, ACT, motivational interviewing, relaxation, mindfulness, and sensate focus therapy. Treatment is typically individual although there may be some opportunities for couples therapy. Interns will have the opportunity to observe relevant medical clinics that address biomedical factors impacting sexual function. Interns will receive one hour of individual supervision per week and will attend a weekly sex therapy didactic seminar.

### **Training and Administration: Shona Vas, Ph.D., ABPP**

The Training and Administration Rotation is designed to help interns develop foundational skills in the provision of supervision, medical education, and activities relevant to clinical psychology training in an academic medical center. Interns will provide weekly supervision to a psychology extern involving videotape review of sessions. Interns will then receive supervision of their supervision experiences that may include watching videos of supervision sessions. Supervision training in this rotation is largely influenced by a developmental model of supervision, and interns will become proficient in identifying levels of development of a supervisee and adapting supervisory behaviors as appropriate to each level of development. Interns will be introduced to the responsibilities and roles maintained by the Director of Clinical Training and will develop an understanding of relevant regulatory requirements of an accredited psychology training program. Interns will learn about policies and procedures related to intern recruitment and selection, trainee and supervisor evaluation, budgeting, and program coordination in an academic medical center setting. The intern will also be involved in the development and implementation of at least one quality improvement project to gain skills in needs assessment, operationalization, relevant data collection/analysis, and final implementation. Finally, interns may have the opportunity to provide lectures/seminars to medical students, residents, and other medical professionals, allowing them to develop skills in education across medical disciplines.



### **Healthcare Workers Wellness and Resilience: Fabiana Souza Araújo, Ph.D.**

This rotation, one of the first of its kind in the country, offers clinical psychology interns structured and formal training on individual, group, and institutional level interventions aiming to address work-related distress, burnout, and secondary trauma commonly experienced by professionals in the healthcare community. In this rotation, interns will work closely with UCM Disaster Recovery Program (DRP): a multidisciplinary and interdepartmental group tasked with the development, rapid deployment, and/or dissemination of trauma-sensitive interventions aiming to increase health care workers' (HCW) wellness and resilience. Interns will be trained on a) brief interventions based on cognitive and behavioral therapy, mindfulness- and self-compassion-based psychotherapy, and first psychological aid and b) group interventions such as train-the-trainer compassion fatigue training and trauma-sensitive resilience training for medical residents rotating in the trauma center. In addition, interns will have opportunity to co-lead Self-Compassion for Healthcare Communities (SCHC) groups, a customized protocol for HCWs based on Mindful Self-Compassion (MSC). Interns will engage in interdepartmental collaboration that supports and directs our team's work to areas of the hospital experiencing highest level of distress. Opportunities for research and program development also exist.

### **Adult/Health Track Research Opportunities**

All faculty at UCM are engaged in scholarly activities as part of their academic roles at the institution. Interns may have opportunities to collaborate with faculty supervisors on scholarly projects that are aligned with their interests. Interns are encouraged to discuss options for research collaboration with their mentors and rotation supervisors as many specialty clinics, programs, and services have ongoing data collection, especially geared towards program evaluation and quality improvement. UCM faculty have diverse positions and it may be possible to collaborate with faculty members who do not hold other training roles within the internship program. The following faculty members may be able to engage interns in research efforts.

### ***Cancer Prevention and Substance Use Research: Emma Brett, Ph.D.***

Research activities can be tailored to the intern's skill set, interests, and goals. They will have the opportunity to participate in participant screening/data collection, data management and analysis, assisting with manuscript and grant preparation, as well as opportunities for poster and oral presentations. Ongoing projects will include a mHealth intervention for vaping/smoking and an implementation project for increasing access to smoking cessation treatment. Interns who are particularly interested in health disparities will be well-suited for this experience.

### ***Obstetrics and Gynecology Clinical Research: James Griffith, Ph.D.***

Interns will have the opportunity to participate in clinical research within the Department of Obstetrics and Gynecology including topics such as randomized controlled trials, patient-reported outcomes, intervention development, clinical decision-making, epidemiology, and patient phenotyping. Dr Griffith is the Director of Research within the Section of Urogynecology and Reconstructive Pelvic Surgery, which is a multidisciplinary team focused on care of women with pelvic floor disorders. Topics within the Section include projects focused on the urinary

and gut microbiome, birth trauma, and clinical decision making. Other opportunities include the Pelvic Pain program, which includes multidisciplinary clinical research, as well as group and individual psychotherapy. The Department of Obstetrics and Gynecology also includes active research in the sections of Reproductive Endocrinology & Infertility, Family Planning, Maternal-Fetal Medicine, Gynecologic Oncology, Minimally Invasive Gynecologic Surgery, and General Obstetrics and Gynecology.

### **Adult Neuropsychology Track**

The Adult Neuropsychology Track is designed to provide training experiences in adult neuropsychological assessment and treatment for individuals interested in pursuing a career in Clinical Neuropsychology. While the Adult Neuropsychology track intern will also participate in the other aspects of the general internship including supervised psychotherapy training and attendance at required seminars, a yearlong experience in Adult Neuropsychology is the hallmark of this track. The track adheres to APA Division 40 and Houston Conference guidelines for training in Clinical Neuropsychology, and is designed to prepare the intern for pursuing an advanced postdoctoral residency in the field. Completion of an internship in this track also meets criteria for board certification in clinical neuropsychology.

The Adult Neuropsychology Service typically receives requests for assessment and treatment from the Adult Psychiatry, Neurology, Neurosurgery, Neuropsychiatry, Geriatrics, Oncology, and General Medicine services in the Medical Center, as well as from private referral sources across the Chicagoland region. These referrals span the entire range of neuropathological entities, including aphasia, epilepsy, degenerative disorders, tumors, learning disabilities, and traumatic brain injury. Neuropsychology-related treatment experiences are available through the Memory Disorders Clinic and the Adult Outpatient Psychiatry Clinic.

The Adult Neuropsychology intern devotes part of the full year training experience to the various programs within the Adult Neuropsychology Service in addition to the time spent in the general internship program, although these percentages can vary based on the experience and interest of the intern. As part of the general training in neuropsychology, the intern participates in an assessment clinic, working independently in collaboration with supervisors and the technician. Additionally, the Adult Neuropsychology intern provides tiered supervision for psychology externs on the service. Although the exact hours vary from year to year, the intern typically supervises 1-2 extern cases per week and may hold weekly office hours. Attending neuropsychologists work closely with interns to help them develop their own supervision style in preparation for a career as a board-certified neuropsychologist with both clinical and educational roles.

The Adult Neuropsychology intern will develop broad skills in the assessment and treatment of psychological disorders stemming from cognitive, psychiatric, and medical disability. Through neuropsychology rotations, the intern will become familiar with the selection, administration, scoring, and interpretation of commonly used assessments; develop appropriate case conceptualizations through integration of history, test data, and behavioral observation; and

communicate test results in oral and written formats to patients, families, and other providers. The intern will develop a working knowledge and experiential base in neurological diagnosis, neurosurgery, and psychiatry and be able to provide neuropsychological consultation to neurology, neurosurgery, pediatrics, and other referral sources.

The Adult Neuropsychology intern attends a number of specialty seminars including the Clinical Neuroscience Series, a weekly meeting addressing special topics and clinical case presentations in adult neuropsychology and neuropsychiatry; Neuropathology Rounds (“Brain Cutting”), devoted to the examination of gross brain anatomy, and geared towards understanding the neuropathology of neurological diseases. Limited participation in Neurology Teaching Rounds is also available and provides the intern with the opportunity to participate in bedside evaluations conducted by neurologists on their inpatient service.

We recognize that the rotations on the Adult Neuropsychology track are more demanding and involve several more didactic hours and time spent reviewing extern reports than rotations in our other tracks. Therefore, our neuropsychology interns are expected to see fewer outpatient cases as part of the general requirements of the internship.

Specific clinic rotations offered within the Adult Neuropsychology Track are detailed below:

#### **Memory Disorders: Maureen Lacy, Ph.D. & Mary Lee, Psy.D.**

The Memory Disorders Rotation exposes the intern to patients for whom memory impairment is a major complaint or feature of their cognitive impairment profile. The etiology of the deficits seen can vary widely and includes patients with primary progressive dementias, vascular dementia, or amnesic syndromes (e.g., alcohol-related illness, traumatic head injury, brain tumor resection). On the Memory Disorders rotation, the intern learns to administer a brief, focused neuropsychological evaluation, with an emphasis on differential diagnosis and treatment recommendations. The intern will learn to gather relevant information in a timely manner, yet remain sensitive to individual patient concerns and needs. The intern learns to integrate multiple sources of information including physician, laboratory, neuroimaging, and genetics reports into case conceptualizations. The intern will also learn the basics of clinical neuroimaging techniques utilized in dementia and will be able to identify structural brain abnormalities associated with aging. They will also develop a working understanding of psychiatric and psychopharmacologic aspects of dementia. Finally, the intern will also develop supervision skills. This rotation is required for interns on the Adult Neuropsychology track.

#### **Adult Neuropsychology Clinic: Maureen Lacy, Ph.D. & Joseph Fink, Ph.D., ABPP**

These rotations are geared towards refining and extending an intern’s skills in the neuropsychological assessment of adult patients drawn from Neurology, Neurosurgery, Neuropsychiatry, Geriatrics, Oncology, and General Medicine clinics, as well as from private referral sources. Referrals include but are not limited to adult ADHD, aphasia, epilepsy, degenerative disorders (e.g., Alzheimer’s disease, frontotemporal dementia, Lewy body disease), tumors, learning disabilities, and traumatic brain injury. The experience focuses on the selection, administration, and scoring of neuropsychological tests, as well as in formulating

interpretations and communicating results through written reports and oral presentations. Outpatient evaluations include a clinical interview and testing that may range from 2-5 hours depending on the nature of the referral. Patient feedback sessions are conducted at subsequent return appointments. The intensive nature of these assessment sessions provides an opportunity to learn in-depth about different types of neuropsychological syndromes, as well as to participate in case formulation, plan test selection, conduct interviews, and provide feedback to patients, families, and referral sources. Inpatient assessments are also conducted on a less predictable basis and are usually time-sensitive, briefer, and involve active collaboration with the referring provider and the patient's medical care team. Our neuropsychology rotations also allow for opportunities to receive training in providing supervision. Clinics take place either on site at the University of Chicago Medical Center or the UChicago Northwest Indiana (NWI) clinic in located approximately 45 minutes south of Hyde Park. These rotations are in line with the Houston Conference guidelines for Neuropsychology training.

#### **Adult Neurodevelopmental Clinic: Mary Lee, Psy.D.**

On this rotation, the intern will gain experience in assessment of adults with concerns for or a history of autism, ADHD, intellectual disability, or learning disorders. They may also evaluate adults with a history of medical conditions that began in childhood who are being followed over time (e.g., late effects of chemo therapy following ALL, hydrocephalus, NF1/TS, epilepsy, etc.). These full-day evaluations include cognitive testing, a clinical interview with the patient and an informant (as available), and diagnostic evaluation with the Autism Diagnostic Observation Schedule – Second Edition (ADOS-2; as necessary). Supervision will be provided during live observation and during individual supervision with Dr. Lee.

#### **Adult Neuropsychology Track Research Opportunities**

In addition to research with the Department's clinical neuropsychologists, interns may collaborate with faculty who have primarily research roles. The following faculty members may be able to engage Adult Neuropsychology interns in research efforts.

#### ***Neurocognition and Psychosis Research: Sarah Keedy, Ph.D.***

Specific activities can be customized to the intern's interests and skill level. They may include participating in data collection with study participants (e.g., research clinical interviewing and symptom rating, EEG, fMRI, cognitive testing), analysis projects with existing data, grant preparation experience, and poster or paper presentations as appropriate.

#### ***EEG and Psychosis Research: Molly Erickson, Ph.D.***

This research experience provides interns with an opportunity to learn how to collect and analyze EEG data to answer research questions about neural mechanisms of cognitive impairment in people with psychosis. Specific activities will be customized to the intern's interests and skill level; possible activities include participation in data collection, data analysis, administration of structured clinical interviews and neuropsychological testing. Poster presentations and assistance with manuscript preparation are encouraged.

## Child/Pediatric Psychology Track

The Child/Pediatric Psychology track is oriented towards candidates seeking an internship focused on the interface between hospital-based clinical child psychology and pediatric psychology practice. Emphasis is on diagnostic interviewing and intervention, management of health and psychopathology related difficulties, consultation/liaison, and working with referring medical and psychiatric teams.

The Child/Pediatric intern will provide outpatient assessment and psychotherapy services to children, adolescents, and their families. Our outpatient clinics offer a range of medication management services as well as psychological assessment and intervention including individual, family, and group therapies. Presenting concerns range from more traditional psychiatric problems such as internalizing and externalizing disorders to coping with complex chronic medical illness. Patients are referred by other members of the Department, the general medical center and faculty physicians outside the Department, or self-referred from the surrounding community. Through specialty rotations, the intern also has the opportunity to develop competency in pediatric psychology in both inpatient and outpatient settings. Interns will learn skills related to assessment, intervention, and consultation for children with comorbid medical and psychological conditions. Thus, our interns have access to diverse patient populations, the full developmental spectrum, a variety of psychiatric and medical conditions, and a wide range of clinical and research settings that emphasize multidisciplinary assessment, consultation, treatment, and research. Supervision is provided by faculty psychologists and psychiatrists representing different orientations including developmental, systems-based, interpersonal, cognitive-behavioral, and attachment-related perspectives.

By the end of the internship year, the Child/Pediatric intern will be able to utilize a broad range of evidence-based assessment and intervention skills with children and youth with developmental, psychiatric, and medical disorders. The intern will learn to communicate effectively with members of the interdisciplinary treatment team, families, schools, and other providers. Further, the intern serves patients by applying an understanding of psychological principles to promote effective adjustment and reintegration to daily life.

The Child/Pediatric intern participates in weekly interdisciplinary clinical case conference, where patients are discussed from the perspective of psychiatry, psychology, and other specialties involved in the treatment of children and families. Additional didactics include a series of child mental health seminars, held at the beginning of the academic year; a seminar on Cognitive-Behavioral Therapy with Children and Adolescents; Peds C/L case conference and rounds, and attendance at the relevant rotation-based seminars throughout the year (e.g., the Pediatric Clinical Neuroscience Seminar); in addition to departmental grand rounds, colloquia, and other didactics for the internship program as a whole.

The Child/Pediatric intern will be expected to complete the Pediatric Consultation/Liaison rotation in the first half of the year. Interns obtain assessment experience in our outpatient clinics, but are also required to hone these skills in either the Pediatric Neuropsychology or Neurodevelopmental Clinics by minimally completing a half rotation in these areas, described under the Pediatric Neuropsychology Track. In addition, all the rotation experiences involve some combination of assessment, intervention and consultation. Rotations for the Child/Pediatric Track are described in more detail below.

#### **Pediatric Consultation-Liaison: Tina Drossos, Ph.D.**

The Pediatric C/L Rotation is required and provides the intern with opportunities to participate actively in the assessment and intervention of psychological concerns that accompany medical illness and treatments. Both inpatient and outpatient experiences will be available with this rotation, with an emphasis placed on assessment, diagnosis, consultation, and brief intervention. The intern will attend weekly Consultation-Liaison Rounds while on this rotation. Additional supervision may be provided by other attendings who also staff the C/L service, specifically, Dr. Khalid Afzal, Dr. Claudio Rivera and Dr. Dena Oaklander.

#### **Diabetes: Tina Drossos, Ph.D.**

The Kovler Diabetes Center Rotation focuses on providing health and wellness psychological screening for patients with diabetes. Interns on this rotation will have the opportunity to work in a multi-disciplinary (endocrinologists, diabetes educators, residents, medical students, nurses) clinic setting within which they are embedded. They will work collaboratively with endocrinologists and receive referrals to see patients (children through adults with Type I and Type II diabetes) during their endocrinology clinic visit. Interns then conduct a brief psychological screening for the purpose of identification of any mental health problems that may need further psychological assessment, and helping patients identify potential problems and assisting them with appropriate recommendations and referrals. Interns are expected to provide the endocrinologists with verbal feedback after screening a patient as well as complete a brief written report. There is also an opportunity to provide very brief psychological treatment for patients. This treatment is time-limited for 3-4 sessions in clinic and for very specific problems (e.g., behavioral activation for depression, relaxation for anxiety, exposure for anxiety or specific phobia, psychoeducation). Patients may still need to be referred after these brief sessions. Interns will also be required to attend 2-3 multi-disciplinary case presentations and present one during their rotation. Interns may also have the opportunity to develop and implement approved empirical research in collaboration with other health professionals and to investigate questions related to diabetes, adherence, mood, etc. as they relate to various psychological outcomes. There is also existing data from this project that interns can utilize to answer pertinent research questions.

#### **MALS Clinic: Tina Drossos, Ph.D.**

Median Arcuate Ligament Syndrome (MALS) is a condition that is thought to arise from an increased proximity of the diaphragmatic crura to the celiac vessels. Individuals with MALS often exhibit post-prandial abdominal pain, nausea, and diarrhea. These symptoms can become chronic and may lead to significant weight loss. Treatment of MALS involves the surgical release of the median arcuate ligament. The MALS Clinic Rotation involves conducting pre-surgical

evaluations. To our knowledge, our medical center is the only hospital in the country that employs a multidisciplinary treatment approach for this population that includes pre and post-surgical psychological evaluations. The intern working with the MALS team will be responsible for weekly assessments of adolescent and adult candidates for MALS surgery. This 1.5 hour-long evaluation will consist of a psychosocial interview, including questions related to quality of life and coping strategies as well as an assessment of DSM-5 diagnoses (e.g. depression, anxiety, eating disorders), and questionnaires. Interns will also complete weekly follow-up assessments each of approximately 60 minutes duration. This assessment is also part of an IRB approved protocol and thus, there are research opportunities available to interested trainees. Interns will be required to write up reports summarizing these assessments and present cases at bi-weekly multi-disciplinary rounds with the surgical team (surgeons, nurse practitioners, pain service and psychology). In order to be eligible to participate in this rotation, interns must be available on Tuesday mornings.

#### **Pediatric Hematology/Oncology: Tina Drossos, Ph.D.**

On the Pediatric Hematology/Oncology rotation, interns will have the opportunity to work within a multi-disciplinary hematology-oncology clinic along with oncologists, advance practice nurses, social workers, residents, child life specialists and medical students. Interns on this rotation are embedded within the hematology-oncology clinic. This clinic will expose interns to a breadth of hematologic (i.e. aplastic anemia, sickle cell disease etc.) and oncologic (i.e. leukemia, neuroblastoma, solid organ tumors etc.) conditions. The role of the intern will be to provide psychosocial assessments for the purpose of identifying any psychosocial needs as patients are undergoing treatment. Patients are seen frequently in this clinic and thus, there will be opportunities for interns to follow and provide brief treatment with patients as they undergo treatment. Specific training opportunities include: provide verbal and written feedback to the members of the treatment team regarding the presence of such issues and recommendations for treatment; provide families with psychoeducation regarding diagnosis and treatment options; administer instruments including behavior rating scales in the context of clinical interviews to gain information and diagnostic clarity; facilitate the provision of treatment services to families; integrate information from previous assessments or treatments within the Department of Psychiatry (i.e., inpatient treatment, prior neuropsychological evaluation, etc.) into the current case conceptualization. There may also be opportunities for these patients become a part of the intern's outpatient caseload. Interns may also have the opportunity to develop and implement approved empirical research in collaboration with other health professionals to investigate questions related to cancer, adherence mood, etc. as they relate to various psychological outcomes. There is also existing data from this project that interns can utilize to answer pertinent research questions.

#### **Adolescent/Young Adult (AYA) Psychosocial Oncology: Ilayna Mehrtens, Ph.D.**

The interdisciplinary AYA Program is designed to meet the unique psychosocial needs of AYA patients (ages 15-39) receiving hematological or oncological care. Interns in this rotation are embedded within the AYA Program that is housed within the pediatric hematology-oncology clinic in Comer Children's Hospital. Interns will have the opportunity to work within an interdisciplinary hematology-oncology clinic alongside oncologists, advanced practice nurses,

social workers, residents, child life specialists, and medical students. This clinic will expose interns to a variety of hematologic (e.g., sickle cell disease, aplastic anemia, etc.) and oncologic (e.g., leukemia, lymphoma, neuroblastoma, etc.) conditions and treatments. The role of the intern will include providing brief, targeted psychosocial assessments for the purposes of identifying psychosocial needs as patients undergo treatment or present to clinic for long-term survivorship care. Patients are seen frequently in this clinic; thus, interns often follow with and provide brief intervention services for patients as they undergo treatment. There may also be opportunities for these patients to become a part of the intern's outpatient caseload. Opportunities to participate in the AYA Psycho-Oncology Inpatient Consult service, co-facilitate therapeutic groups, and engage in research may also be available to interns.

#### **Pediatric Gender Clinic: Ilayna Mehrtens, Ph.D.**

The Interdisciplinary Pediatric Gender Clinic rotation is designed to provide training in gender-responsive and identity-affirming care with a specialization in providing psychosocial care to gender-diverse pediatric populations. Interns participating in this rotation are embedded within the pediatric gender care program that is currently housed in the endocrinology clinic. Interns participating in this rotation will have the opportunity to work within an interdisciplinary gender clinic alongside the attending psychologist, endocrinologist, social workers, residents, and medical students. Throughout this rotation, interns will provide diagnostic assessment and therapy services for pediatric patients referred to the pediatric interdisciplinary gender clinic. Specific training opportunities include shadowing and co-interviewing with the attending psychologist and/or endocrinologist and conducting diagnostic assessments and readiness assessments for initiating puberty suppression treatment and gender-affirming hormonal therapy. Patients and their families may also be followed for brief intervention, and there may also be opportunities for these patients to become a part of the intern's outpatient caseload for longer-term intervention. Opportunities to co-facilitate therapeutic groups for gender patients and engage in research may also be available to interns.

#### **Stress, Trauma, & Resilience: Sonya Mathies Dinizulu, Ph.D.**

In the University of Chicago Stress, Trauma, and Resilience (U-STAR) Program, interns will receive training in assessment, diagnosis, and treatment of children, adolescents and young adults (18-25) exposed to various traumatic experiences, ranging from natural disasters to violence in the home or community. Interns will use evidence-based protocols, (e.g., Trauma-Focused Cognitive Behavioral Therapy) and empirically supported treatments with this population. Interns will also complement these treatments by providing trauma-informed and trauma responsive services through a structurally competent, socio-ecological and social justice lens, e.g., promote positive youth development, provide crisis intervention, consultation, and/or case management services. Interns will service patients with a history of a single trauma as well as those with a history of developmental or complex trauma (e.g., sexual or physical abuse), and/or continuous traumatic stress (e.g., on-going community violence exposures). Interns will also have opportunities (time permitting) to participate in local and/or national trauma coalitions to: (1) receive advanced training in trauma assessment and treatment for youth, (2) access additional resources to support trauma-informed care, (3) participate on committees that influence institutional (e.g., Trauma Interest Workgroup),



citywide or statewide policy (e.g., Illinois Childhood Trauma Coalition), or (4) network and establish professional relationships.

#### **Recovery and Empowerment After Community Trauma (REACT): Sonya Mathies Dinizulu, Ph.D.**

The REACT Clinic is a weekly trauma-informed interdisciplinary assessment clinic for youth and families affected by community violence. Youth are identified by clinicians and staff within UCM Comer Children's Hospital, and are referred to the REACT clinic to receive trauma-informed psychiatric and psychological assessments, which are used to inform treatment recommendations. Interns will also complement these assessments by providing trauma-informed and trauma responsive services through a structurally competent, socio-ecological and social justice lens. Youth and families served in this clinic must have at least a history of community violence. Interns will: (1) administer brief trauma-informed assessments to assess the impact of community violence on youth and families, (2) collaborate with psychiatry and pediatrics to provide trauma-informed case conceptualization and treatment recommendations, (3) provide feedback to youth and their family, (4) assist with developing best practices for REACT screening and assessment. Interns can also elect to participate in on-going research projects.

#### **Adolescent and Young Adult Substance Use Program: Claudio Rivera, Ph.D.**

The purpose of this rotation is to provide training in the field of adolescent and young adult (ages 12-25) substance use. Interns will work within an interdisciplinary clinic to develop skills for providing evaluations of and delivering interventions to young people with history of substance use and mental health concerns. Interns work with patients with substance use and co-occurring disorders (e.g., depression, anxiety, trauma). Interns conduct semi-structured diagnostic evaluations (e.g., CRAFFT, BSTAD) and will provide empirically supported psychotherapeutic interventions including motivational interviewing, CBT, DBT, and contingency management. Additionally, training on harm reduction strategies for young people and their adults will be provided and promoted (e.g., fentanyl testing, naloxone kits). Interns will also be trained on incorporating theoretical frameworks for understanding and identifying paths towards addressing structural factors contributing and maintaining health inequities among communities. Interns will carry a caseload of approximately 4-5 cases and receive one hour of weekly individual supervision with additional opportunities for group supervision and didactics. Spanish language supervision is available for cases that benefit from care provided in Spanish

#### **Eating Disorders: Jennifer Wildes, Ph.D.**

The Eating Disorders Program Rotation provides evidence-based assessment and treatment services to patients with anorexia nervosa, bulimia nervosa, binge-eating disorder, and other feeding and eating problems (e.g., avoidant restrictive food intake disorder, purging disorder). Approximately a third to a half of the patients served on this service are children and adolescents. Interns are embedded in an interdisciplinary treatment team that includes psychologists, psychiatrists, social workers, and medical staff with expertise in the outpatient management of feeding and eating disorders. Responsibilities include conducting initial intake assessments and providing psychotherapy utilizing cognitive behavioral and family-based

treatment modalities, supplemented with dialectical behavioral and other third wave behavioral therapy interventions. Interns also are expected to attend weekly rounds and didactics meetings and have the option of attending a bi-weekly eating disorders research meeting.

### **Pediatric Neuropsychology Track**

The Pediatric Neuropsychology Track is oriented towards the intern who is seeking to specialize in the assessment and treatment of neurodevelopmental disorders, and the cognitive and behavioral sequelae of medical illness in children and adolescents. Through completion of rotations that emphasize consultation to pediatric health services, professional practice and research in pediatric neuropsychology, and the development of expertise in working with complex neurodevelopmental and medical conditions, the intern will be prepared for advanced postdoctoral training in Pediatric Neuropsychology, consistent with Houston Conference and Society for Clinical Neuropsychology (Division 40 of the APA) guidelines. The Pediatric Neuropsychology intern will have the opportunity to develop and refine clinical skills with both inpatients, as part of the consultation-liaison rotation, and outpatients, through rotations within Child Psychiatry and its specialty clinics, as well as any rotations that are offered through the Child Track. Opportunities for developing neuropsychological assessment skills across the lifespan are available to those who have such an interest, and therefore rotations from the Adult Neuropsychology Track may also be options. Patients assessed and treated by the intern may or may not present with primary psychopathology; some cases will be more medically based, with co-occurring psychosocial or educational concerns. Typically, patients will range in age from early childhood through late adolescence, and represent diverse cultural, ethnic, racial, and socio-economic backgrounds. Interns will provide psychological and neuropsychological assessment across the rotations. Intervention approaches will emphasize interpersonal, family systems, parent management, behavioral, and cognitive-behavioral therapies.

Our Pediatric Neuropsychology and Child/Pediatric Track interns share a common core of experiences as they both spend a significant proportion of their time in the outpatient child psychiatry clinics providing assessment and psychotherapy with some differences in terms of rotation selection. As part of their outpatient work, interns will carry a caseload of outpatient psychotherapy patients; these cases will be varied and may concern both internalizing and externalizing difficulties, as well as issues of adjustment to medical and psychiatric illness. Interns will be primarily supervised by child psychology faculty, with additional supervision provided by child psychiatrists within the Department. We recognize that the rotations on the Pediatric Neuropsychology track are more demanding and involve several more didactic hours than rotations in our other tracks. Therefore, our neuropsychology interns are expected to see fewer outpatient cases as part of the general requirements of the internship.

In addition to two required Pediatric Neuropsychology rotations, the intern must also complete a rotation in Pediatric Consultation-Liaison. The final rotation may be selected from among the variety of opportunities that exist within Child/Pediatric Track or the Adult Neuropsychology

Track. By the end of the training year, the Pediatric Neuropsychology intern will develop comprehensive skills in the neuropsychological assessment and psychological treatment of medical, psychiatric, and neurodevelopmental disorders. Through the pediatric neuropsychology rotations, the intern will become familiar with the selection, administration, scoring, and interpretation of commonly used assessments; develop appropriate case conceptualizations through integration of history, test data, and behavioral observation; and communicate test results in oral and written formats to patients, families, schools, and other providers. The intern will develop a working knowledge and experiential base in neurological diagnosis, neurosurgery, and psychiatry, and be able to provide neuropsychological consultation to Pediatric Neurology, Neurosurgery, Developmental and Behavioral Pediatrics, General Pediatrics, Hematology/Oncology, and other referral sources. Further, the intern will effectively collaborate with schools, families, and other professionals concerning appropriate strategies for learning and behavior development.

The Pediatric Neuropsychology intern participates in the section's weekly interdisciplinary clinical case conference, where patients are discussed from the perspective of psychiatry, psychology, and other specialties involved in the treatment of the child. Additional required didactics include a series of child mental health seminars, held at the beginning of the academic year; a seminar on Cognitive-Behavioral Therapy with Children and Adolescents; and attendance at the relevant clinic-based seminars throughout the year (i.e., the Pediatric Clinical Neuroscience Seminar or the Eating Disorders Seminar); in addition to departmental grand rounds and colloquia. Rotations for the Pediatric Neuropsychology Track are described in more detail below.

#### **Pediatric Neuropsychology: Yangfeifei Gao, Ph.D., & Mary Lee, Psy.D.**

The general Pediatric Neuropsychology Rotation is required for the Pediatric Neuropsychology track. This rotation, supervised by one of our pediatric neuropsychologists, offers training in conducting brief and comprehensive evaluations of children and adolescents with suspected or known neurocognitive dysfunction. Referrals are received from inpatient and outpatient pediatrics services, including Psychiatry, Neurosurgery, Oncology, Neurology, Infectious Disease, Rheumatology, and General Pediatrics, and from schools and professionals across the Chicagoland community. The intern will learn to address referral questions through guidance in test selection, administration, and interpretation. Experience in the communication of results, diagnosis, and recommendations for intervention to families and other professionals is also obtained. In terms of collaboration with the medical and psychiatry services, experience in differential diagnosis, comprehensive assessment of comorbid concerns, and the use of appropriate pharmacological and behavioral interventions is provided. Additionally, collaboration with school districts and outside agencies around intervention programming is an opportunity included on this rotation.

#### **Pediatric Consultation-Liaison: Tina Drossos, Ph.D.**

The Pediatric C/L Rotation is required and provides the Pediatric Neuropsychology intern with opportunities to participate actively in the assessment and intervention of psychological concerns that accompany medical illness and treatments. Both inpatient and outpatient

experiences will be available with this rotation, with an emphasis placed on assessment, diagnosis, consultation, and brief intervention. The intern will attend weekly Consultation-Liaison Rounds while on this rotation. Additional supervision may be provided by other attendings who also staff the C/L service, specifically, Dr. Khalid Afzal, Dr. Claudio Rivera, and Dr. Dena Oaklander.

In addition to the above two required rotations, the intern will complete the equivalent of two additional full rotations. These elective rotations include:

**Early Childhood Assessment Clinic: Yangfeifei Gao, Ph.D., Mary Lee, Psy.D., & Matthew Young, Ph.D.**

The Early Childhood Assessment Clinic is a mini rotation that will allow trainees to gain experience in assessment of preschool age children (ages 3-6) with developmental delays, cognitive concerns, behavioral problems, and/or suspected autism spectrum disorder. These half-day evaluations include cognitive (e.g., WPPSI-IV or DAS-II) and pre-academic testing (e.g., Bracken), a clinical diagnostic assessment, and often diagnostic evaluation with the Autism Diagnostic Observation Schedule – Second Edition (ADOS-2). The performance-based assessment is approximately 2 hours long. Supervision would be provided during live observation and during individual supervision with Dr. Gao/Lee. The interns are also welcomed to attend weekly group supervision with Dr. Young, Dr. Gao/Lee, and practicum students within the clinic on. This rotation provides an exposure to this population (per the taxonomy for education and training guidelines).

**Pediatric Hematology/Oncology: Yangfeifei Gao, Ph.D.**

The Pediatric Hematology/Oncology Assessment Clinic may be selected as either a full or a mini rotation. This experience provides the intern with the opportunity to develop competency as a consultant working directly within a specialty medical clinic team (e.g., the attending Hematologist/Oncologist, residents and fellows, nurse practitioners, and social workers) and to receive specialized training in neuropsychological evaluation for a specific medical population. The intern will, while under supervision, serve as the principal consultant-liaison regarding neuropsychological functioning for both the team and the clinic's patients. The intern will spend a portion of their time in the HEM/ONC clinic embedded with the medical team, first becoming familiar with the medical evaluation and management of a variety of presenting concerns, and then taking on a greater role within the team regarding behavioral, neurocognitive, and educational needs. The intern will provide brief and full neuropsychological evaluations with this patient population. While participating in this rotation, the intern will take the lead with regard to test selection, administration, and interpretation, and provide results and recommendations to families as well as consult with the treatment team regarding results and recommendations.

**Pediatric Neurology: Yangfeifei Gao, Ph.D. & Mary Lee, Psy.D.**

The Pediatric Neurology Rotation, available as either a full or mini rotation, provides the intern with the opportunity to develop competency as a consultant working directly within a specialty medical clinic, as a member of the treatment team (e.g., the attending Neurologist, residents and fellows, and nurse practitioners). The intern will, while under supervision, serve as the

principle consultant-liaison regarding neuropsychological and pediatric psychological functioning, for both the team and the clinic's patients. The intern will spend their clinic day embedded with the Neurology team, first becoming familiar with the medical evaluation and management of a variety of presenting concerns, and then taking on a greater role within the team regarding behavioral, neurocognitive, and educational needs. The intern will provide brief and full neuropsychological evaluations with this patient population. While participating in this rotation, the intern will take the lead with regard to test selection, administration, and interpretation, and provide results and recommendations directly within a clinic consultation framework. Extended experience in differential diagnosis, brief assessment of comorbid concerns and referrals for more extended psychological and neuropsychological consultation, and the provision of behavioral interventions, is all provided.

Note: The intern on the Pediatric Neuropsychology Track may select any of the Child track rotations which focus on clinical child or pediatric psychology as a fourth rotation. For interns seeking lifespan experience in Neuropsychology, Adult Neuropsychology rotations are also options.

## Training Faculty

Our internship program is an essential component of the Education Mission of the Department of Psychiatry. Our psychologists serve as core faculty for the internship program. However, we and our trainees work closely with other faculty members in the Department and our postdoctoral fellows who are also involved in our training program.

## Core Faculty



**Fabiana Souza Araujo, Ph.D.** (Illinois Institute of Technology)

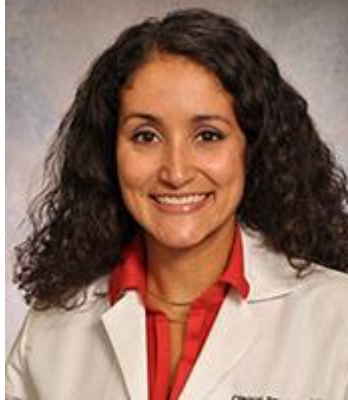
Assistant Professor, Psychiatry & Behavioral Neuroscience

Director, Behavioral Medicine in Primary Care

Director of Wellness and Peer Support, Disaster Recovery Program

Rotations: Integrated Primary Care, Healthcare Workers Wellness and Resilience

[Dr. Araujo](#) is a health psychologist who specializes in integrated behavioral medicine, mindfulness and self-compassion based psychotherapy, and healthcare professionals resilience. The majority of her clinical practice which is integrated in UCM Primary Care focuses on the provision of evidence-based psychological services to patients with chronic medical conditions. She is also a key member of UCM's Disaster Recovery Program and is involved in a number of initiatives throughout the institution addressing burnout and secondary trauma among healthcare workers. Relying on her HCWs wellness expertise and her experience as a UCM clinical psychology alumna, she developed and implements the Resilience Program for the clinical psychology interns.



**Nancy Beckman, Ph.D.** (Rosalind Franklin University of Medicine and Science)  
Associate Professor of Psychiatry & Behavioral Neuroscience  
Director, Adult Health Psychology  
Rotations: Pain and Health Psychology

[Dr. Beckman](#) is a licensed clinical psychologist who provides cognitive behavioral therapy and other evidence-based psychological treatments to adults with comorbid mental health and medical conditions. She has particular interest in promoting behavioral health integration and in interventions to promote improved symptom management and quality of life among people with conditions such as chronic pain and cancer. She also co-leads the Psychologists in the Medical Setting Seminar and provides supervision for departmental trainees on outpatient therapy and health psychology cases.



**Alyse Bedell, Ph.D., CST** (Northwestern University Feinberg School of Medicine)  
Assistant Professor of Psychiatry & Behavioral Neuroscience  
Director, Psychogastroenterology  
Rotations: Psychogastroenterology & Sex Therapy

[Dr. Bedell](#) is a clinical health psychologist specializing in psychogastroenterology and she is certified in sex therapy. Her clinical work includes providing cognitive behavioral therapy and gut-directed hypnotherapy to adults with gastrointestinal disorders, including disorders of gut-brain interaction, inflammatory bowel diseases, and esophageal disorders. Her research and clinical interests include the integration of mental health assessment in GI clinical practice, and assessment and treatment of sexual dysfunction in patients with GI disorders. Dr. Bedell provides psychogastroenterology training and supervision to clinical psychology interns and externs.



**Emma Brett, Ph.D.** (Oklahoma State University)

Assistant Professor of Psychiatry & Behavioral Neuroscience

Dr. Brett is a licensed clinical psychologist who specializes in substance use disorders and cancer prevention. Her research focuses on factors that influence addictive behaviors with a focus on nicotine/tobacco products and health disparities. Dr. Brett is particularly interested in developing, testing, and tailoring behavioral, pharmacological, and mobile health interventions for cancer risk behaviors and co-morbid concerns in priority populations. She provides research training and supervision for interns interested in substance use, cancer disparities, and mobile health.



**Gregory Chasson, Ph.D., ABPP** (University of Houston)

Associate Professor of Psychiatry & Behavioral Neuroscience

Director of Behavioral Interventions, OCRD Clinic

Rotation: OCRD Clinic

[Dr. Chasson](#) is a licensed clinical psychologist and board certified in Behavioral and Cognitive Psychology (ABPP). He specializes in cognitive-behavioral therapy for OCRDs (e.g., OCD; BDD; hoarding; hair pulling, skin picking, and other body-focused repetitive behaviors; tics/Tourette's; and OCPD) and anxiety disorders. He also specializes in OCRDs and anxiety in individuals with high-functioning autism spectrum disorder. His research focuses on the nature and treatment of OCRDs, with an emphasis on OCD proper and hoarding disorder. His recent research aims to facilitate treatment motivation in adults with hoarding by leveraging innovative strategies (e.g., virtual reality, family training).





**Tina Drossos, Ph.D.** (Illinois Institute of Technology)

Associate Professor, Psychiatry & Behavioral Neuroscience

Rotations: Pediatric C/L, MALS, Diabetes, Pediatric Hem/Oncology

[Dr. Drossos](#) is a pediatric psychologist who specializes in the provision of evidence-based psychological services to patients with chronic medical conditions. Her primary clinical and research interests include health behavior change, behavior change maintenance, and coping with chronic medical conditions. Dr. Drossos co-facilitates the Psychologists in the Medical Setting Seminar and the Child Interdisciplinary Case Conference.



**Abraham Eastman, Ph.D.** (University of Florida)

Assistant Professor, Psychiatry & Behavioral Neuroscience

Rotation: Weight and Metabolic Health

[Dr. Eastman](#) is a clinical health psychologist specializing in surgical and behavioral treatments of obesity. He provides psychological assessments and interventions for the bariatric surgery and endocrine weight management clinics. His research interests include incorporating third wave CBT techniques into behavioral health interventions. Dr. Eastman provides weight management training and supervision to clinical psychology interns and externs.



**Molly Erickson, Ph.D.** (Indiana University)

Assistant Professor, Psychiatry & Behavioral Neuroscience

[Dr. Erickson](#) is a licensed clinical psychologist who specializes in the use of electroencephalography (EEG) to study neural mechanisms of cognitive impairment in people with psychosis. In particular, her research involves measuring neural markers of visual working memory disruption in people with schizophrenia, and using neurofeedback to remediate these neural processes to restore cognitive function. Dr. Erickson provides training in EEG data collection and analysis, and serves as a research mentor to trainees at the undergraduate, graduate, and postdoctoral levels.



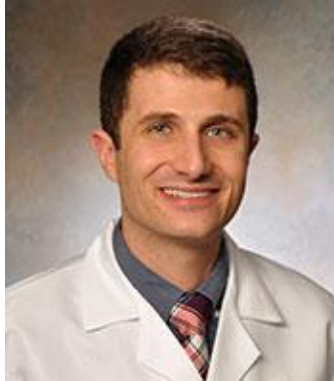
**Joseph Fink, Ph.D., ABPP** (University of Notre Dame)

Professor, Psychiatry & Behavioral Neuroscience

Director, Neuropsychology

Rotation: Adult Neuropsychology

[Dr. Fink](#) is a board-certified clinical neuropsychologist with interests in medical neuropsychology, the neurocognitive sequelae of electrical trauma, neuropsychological detection and characterization of neurodegenerative conditions, and investigation of various classes of memory disruption and their neural substrates. In addition to being the Department's Director of Neuropsychology, Dr. Fink is the director of the Department's satellite neuropsychology clinic in Merrillville, IN. He co-facilitates the Adult Neuropsychology clinical neuroscience didactic series.



**Daniel Fridberg, Ph.D.** (Indiana University)

Associate Professor, Psychiatry & Behavioral Neuroscience

Rotations: Addictions & Transplant

[Dr. Fridberg](#) is a licensed clinical psychologist specializing in the assessment and treatment of chemical and behavioral addictions. Dr. Fridberg's research focuses on using mobile technology (smartphones, wearable biosensors) to assess factors contributing to alcohol and tobacco use. He is also interested in leveraging mobile technology to inform novel intervention approaches or substance use disorders. Dr. Fridberg provides training and supervision to medical residents and psychology interns in the provision of empirically supported treatments for addiction and comorbid psychopathology.



**Yangfeifei Gao, Ph.D.** (San Diego State University/University of California, San Diego)

Assistant Professor, Psychiatry & Behavioral Neuroscience

Rotations: Pediatric Neuropsychology, Neurology, and Hematology/Oncology, Early Childhood Assessment

[Dr. Gao](#) is a licensed clinical psychologist within the section of Child and Adolescent Psychiatry. She specializes in pediatric neuropsychological assessment with a focus on co-occurrence of autism spectrum disorder in medical populations (e.g., neurofibromatosis, epilepsy, congenital heart disease) and gender diverse youth. Her research interests include examining behavioral and neural endophenotypes within heterogeneous developmental disorders using multimodal neuroimaging and data-driven analytical approaches.



**James Griffith, Ph.D.** (SUNY, Binghamton)  
Professor, Obstetrics & Gynecology

[Dr. Griffith](#) is a clinical psychologist and professor in the Department of Obstetrics and Gynecology. Within the department, he serves as the Director of Research in the Division of Urogynecology and Reconstructive Pelvic Surgery. He is interested in novel approaches to clinical assessment, as well as behavioral interventions, and randomized controlled trials. His current research portfolio includes such topics as biopsychosocial phenotyping of patients with lower urinary tract symptoms, prevention of bladder symptoms in women, self-management in women with pelvic floor disorders, supportive interventions for job seekers, human-computer interaction approaches to clinical assessment, and brain-based phenotyping of patients with chronic pain. Many of his research activities draw upon his experience as a research methodologist and data analyst, including expertise in psychometrics. Dr. Griffith currently receives funding from the NIDDK, NCI, NIAMS, NIMH, and has been funded in the past by NIMHD, the ORWH, and the NIA.



**Sarah Keedy, Ph.D.** (Rosalind Franklin University of Medicine & Science)  
Associate Professor, Psychiatry & Behavioral Neuroscience  
Chief, Research Section

Director, Cognition Emotion Neuroscience Laboratory

[Dr. Keedy](#) is a licensed clinical psychologist who is primarily engaged in research activities on the cognitive neuroscience, biology, and genetics of major psychotic disorders. Another major focus for the lab is through Dr. Keedy's collaborations centered on effects of substances of abuse. Dr. Keedy is involved with the training of undergraduates through postdoctoral levels and provides support to other faculty working on EEG or MRI clinical research studies.



**Andrea King, Ph.D. (University of Oklahoma)**  
Professor, Psychiatry & Behavioral Neuroscience  
Director, Clinical Addictions Research Laboratory

[Dr. King](#) is a licensed clinical psychologist specializing in the treatment of addictions. She is also the Director of the Department's Research Section. Her research focuses on the biological and psychosocial factors involved in the predisposition to substance abuse, and in mechanisms of alcohol and drug reinforcement. Dr. King provides training and supervision in the use of empirically supported approaches to treating addictive behaviors.



**Devi Jayan, Ph.D. (Marquette University)**

Assistant Professor, Psychiatry & Behavioral Neuroscience

[Dr. Jayan](#) is a licensed clinical psychologist who specializes in complex post-trauma psychopathology and provides evidence-based assessment and intervention for post-trauma conditional including Post Traumatic Stress Disorder, Acute Stress Disorder, and post trauma dysphoria. Dr. Jayan's primary clinical interests are in working with patients exposed to community violence especially those injured by gunshot wound and living in high-risk social conditions. Dr. Jayan collaborates with the pediatric REACT Program and the institution's Violence Recovery Program to provide interdisciplinary mental health support to adults exposed to trauma. Dr. Jayan's research interests include examining the role of psychophysical stress responses in the development of post trauma psychopathology.



**Maureen Lacy, Ph.D.** (Illinois Institute of Technology)  
Professor, Psychiatry & Behavioral Neuroscience

Rotations: Adult Neuropsychology and Memory Disorders

[Dr. Lacy](#) is a clinical neuropsychologist with interests in the cognitive aspects of neurologic diseases, with a special interest in caring for individuals with Hydrocephalus, brain tumors, Movement Disorders, and Epilepsy. Dr. Lacy is primarily based at the Medical Center's Hyde Park location, where she sees referrals from Neurology, Psychiatry, Oncology, Primary Care, and Surgery. Dr. Lacy co-facilitates the Adult Neuropsychology clinical neuroscience didactic series.



**Mary Lee, Psy.D.** (Wheaton College)

Assistant Professor, Psychiatry & Behavioral Neuroscience

Rotations: Memory Disorders, Adult Neurodevelopmental Clinic, Pediatric Neuropsychology, Pediatric Neurology, Early Childhood Assessment

[Dr. Lee](#) is a lifespan neuropsychologist with primary clinical interests in neurodevelopmental and neurocognitive effects of medical and genetic conditions from early childhood through adulthood. She also has extensive training in diagnosis of neurodegenerative conditions and other dementias. Her current research focuses on attention and executive functioning in children with exposure to trauma and/or significant stressors, as well as in children and adolescents with monogenic diabetes. Dr. Lee co-facilitates the Pediatric Neuropsychology clinical neuroscience didactic series.



**Sonya Mathies Dinizulu, Ph.D.** (DePaul University)  
Associate Professor, Psychiatry & Behavioral Neuroscience  
Rotations: USTAR & REACT

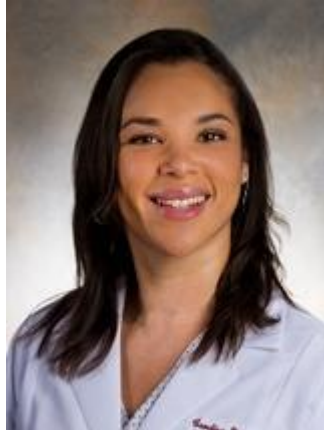
[Dr. Dinizulu](#) is a licensed clinical psychologist who provides evidence-based individual and family interventions for youth from diverse racial/ethnic and socio-economic backgrounds presenting with depression, anxiety, and disruptive behaviors. Dr. Dinizulu specializes in the assessment and treatment of children and adolescents exposed to traumatic experiences, ranging from natural disasters to violence in the home or community. Her research emphasizes developing and implementing community-based service delivery models to promote mental health and positive youth development for urban children and adolescents exposed to violence. She co-facilitates the Intern Diversity and Activism seminar.



**Ilayna Mehrtens, Ph.D.** (Louisiana State University)  
Assistant Professor, Psychiatry & Behavioral Neuroscience

Rotations: Adolescent & Young Adult Hematology Oncology and Pediatric Gender Clinic

[Dr. Mehrtens](#) is a pediatric psychologist specializing in the provision of evidence-based psychological intervention and assessment services to patients with chronic medical conditions. Her clinical practice is integrated in the multidisciplinary UCM AYA Hematology & Oncology program and focuses on the provision of evidence-based services to patients and their families who are coping with hematological and oncological conditions. Dr. Mehrtens is also a member of the multidisciplinary UCM Trans CARE (Center for Affirmation and Reproductive Equity) program. Her research focuses on risk and resiliency among AYAs receiving cancer care, promoting access to equitable medical and mental health care, and addressing health disparities in underserved populations, particularly LGBTQ+ adolescents and young adults. Dr. Mehrtens co-facilitates the Child CBT seminar series.



**Candice Norcott, Ph.D.** (University of Connecticut)  
Associate Professor, Psychiatry & Behavioral Neuroscience  
Director, Graduate Medical Education Wellness  
Rotation: Women's Behavioral Health

[Dr. Norcott](#) is a licensed clinical psychologist who primarily provides assessment, intervention, consultation, and patient and provider education within the Department of Obstetrics and Gynecology, and specifically within the Ryan Center of the Section of Family Planning. Dr. Norcott's clinical interests include adolescent mental health and wellness, gender responsive and trauma-informed services, reproductive health and justice, and behavioral medicine integration. Dr. Norcott is involved in a national advocacy program, Voices, focused on self-discovery and empowerment for girls.



**Claudio Rivera, Ph.D.** (DePaul University)  
Assistant Professor, Psychiatry & Behavioral Neuroscience  
Rotation: Adolescent & Young Adult Substance Use Disorders

[Dr. Rivera](#) is a bilingual clinical and community psychologist providing treatment and training in evidence-based mental health for children, adolescents, and adults in community, hospital, and school settings. He partners with young people on participatory action research to examine ways systems of care can be held accountable for improving the mental health needs of communities who are pushed to the margins. Dr. Rivera espouses an anti-oppression/liberation framework, recognizing that local efforts towards health and equity are most effective when in solidarity with global efforts towards liberation. Dr. Rivera co-facilitates the Diversity and Activation Seminar series.





**Amy Siston, Ph.D., CST** (Illinois Institute of Technology)  
Associate Professor, Psychiatry & Behavioral Neuroscience  
Director, Psycho-Oncology Service  
Rotations: Psycho-Oncology and Sex Therapy

[Dr. Siston](#) is a licensed clinical health psychologist specializing in psychosocial oncology and sexual health. She is also a AASECT certified sex therapist. Her primary clinical interests include quality of life, adjustment to advanced cancer diagnosis and treatment, cancer survivorship and sexual health. She provides clinical services in conjunction with the Department of Medicine's Section of Hematology and Oncology and also collaborates with providers in Urology and Gynecology.



**Shona Vas, Ph.D., ABPP** (Loyola University Chicago)  
Professor, Psychiatry & Behavioral Neuroscience

Director, Clinical Psychology Training and Cognitive Behavior Therapy Program

Rotations: Adult Anxiety and Avoidance Clinic, PTSD Clinic, and Training/Administration

[Dr. Vas](#) is a licensed clinical psychologist who specializes in the diagnosis and treatment of mood, anxiety, obsessive-compulsive, and trauma and stressor related disorders using cognitive-behavioral and acceptance-based approaches. Dr. Vas is certified in Behavioral and Cognitive Psychology (BCP) by the American Board of Professional Psychology and is a Beck Institute CBT Certified Clinician. Further, she is certified as a provider and consultant for the provision of Prolonged Exposure therapy. Dr. Vas' additional interests involve the provision of culturally sensitive services in socially and ethnically diverse populations, clinical supervision, and the development and administration of psychology training programs. Dr. Vas facilitates the interns' Professional Issues and Advanced CBT Seminars and co-leads the Supervision seminar.



**Jennifer Wildes, Ph.D.** (University of Oregon)  
Professor, Psychiatry & Behavioral Neuroscience  
Director, Eating Disorders Program  
Rotations: Adult and Adolescent Eating Disorders

[Dr. Wildes](#) is a licensed clinical psychologist and Director of the Eating Disorders Program. Her clinical interests include the diagnosis and treatment of adolescents and adults with eating disorders, with an emphasis on evidence-based psychotherapeutic interventions. She also conducts research to elucidate mechanisms underlying the expression and maintenance of eating disorder symptoms, with the overall goals of refining diagnostic classification and developing more effective treatments. Dr. Wildes provides training and supervision in eating disorders assessment, treatment, and research.



**Margaret Clark Withington, Ph.D.** (DePaul University)  
Assistant Professor, Psychiatry & Behavioral Neuroscience

Dr. Clark Withington is a pediatric psychologist specializing in the provision of evidence-based psychology intervention and assessment to pediatric patients with chronic gastrointestinal disorders. Her clinical work includes providing cognitive-behavioral therapy to children with various disorders of gut-brain interaction, inflammatory bowel disease, functional abdominal pain, and esophageal disorders. Her research interests include health behavior change and maintenance, coping with chronic medical conditions, and increasing appropriate care to diverse populations.



**Matthew Young, Ph.D.** (Ohio State University)

Associate Professor, Psychiatry & Behavioral Neuroscience

Director, Parent Child Interaction Therapy (PCIT) Program

[Dr. Young](#) is a licensed child clinical psychologist who provides evidence-based diagnostic and intervention services in the Child and Adolescent Psychiatry Outpatient Clinic. Dr. Young's clinical practice is focused on individual and family-based interventions for mood and anxiety disorders from a cognitive-behavioral approach. In addition, he provides specialized intensive treatments for childhood disruptive behavior problems including behavioral parent management and PCIT. His research interests are focused on the implementation of evidence-based therapy and assessment models for children and adolescents. Dr. Young teaches the Child CBT Seminar and co-facilitates the Supervision seminar.

### Associated Training Faculty

In addition to the core psychology training faculty other psychologists, psychiatrists, physicians, and clinical social workers are affiliated with the internship program, and provide additional multidisciplinary training and supervision to our interns. Clinical psychology postdoctoral fellows may also provide guidance and supervision during the internship year. The supervisory psychologists and psychiatrists associated with the internship are all faculty of the Department of Psychiatry and Behavioral Neuroscience, with adjunct faculty across Chicago providing lectures and didactic training. Interns do have the opportunity to train with faculty across the University of Chicago Medicine, as well, through collaborative clinical and research projects and experiences.

**Khalid Afzal, M.D.** (Associate Professor of Psychiatry & Behavioral Neuroscience; M.D., Army Medical College of Pakistan) is the Director of the Pediatric Consultation-Liaison Service. [Dr. Afzal](#) provides some supervision for this rotation on the Child Psychology track.

**Jon Grant, M.D., J.D., MPH.** (Professor of Psychiatry & Behavioral Neuroscience; M.D., Brown University) supervises an outpatient clinic for addictive-impulsive-compulsive disorders. [Dr. Grant's](#) research focuses on the neurobiology, neurocognition, and treatment (psychopharmacologic and psychosocial) of impulse control disorders (e.g., gambling, stealing, shopping, sex), obsessive compulsive disorder, and drug addictions.

**Kate Keenan, Ph.D.** (Professor of Psychiatry & Behavioral Neuroscience; Ph.D., University of Pittsburgh) is a research clinical psychologist with expertise in early developmental markers of depression and disruptive behavior disorders. [Dr. Keenan](#) provides lectures during the internship year on her research, and professional development and identity, and she is available for consultation regarding research career development.

**Royce Lee, M.D.**, (Associate Professor of Psychiatry & Behavioral Neuroscience; M.D., Northwestern University) is the Associate Director of the CNPRU and an expert on the neurobiology of personality disorders. [Dr. Lee](#) conducts research on the effects of early life trauma on emotion regulation and personality, using multimethod approaches. He provides lectures to our interns on suicidality and its identification and treatment.

**Marie Tobin, M.D.** (Professor of Psychiatry & Behavioral Neuroscience; M.D., National University of Ireland) is the Adult Section Chief and Director of the Adult Psychiatry Consultation-Liaison Service. [Dr. Tobin](#) provides training and supervision in Psychosocial Oncology and Consultation Psychiatry/Psychology.

### Post-Doctoral Fellows

[Postdoctoral clinical psychology fellows](#) in the Department (see below) are involved in our training program supervising interns within our interdisciplinary settings, providing lectures in didactics, and serving as role models as they have usually had similar professional paths in academic settings.

**Emily Atkinson, Ph.D.** (University of Kentucky) completed her internship at UChicago Medicine. Emily is currently a NIDA T32 postdoctoral fellow working in the Clinical Addictions Research Lab. Her primary research interests and areas of expertise include emotion-based risk for alcohol and substance use disorders, impulsivity, and clinical assessment methodology. She provides clinical services for substance use disorders, health behavior change, and emotion dysregulation using CBT, DBT, and motivational interviewing.

**Elizabeth (Liz) Dougherty, Ph.D.** (Illinois Institute of Technology) is a postdoctoral fellow in the Midwest T32 Eating Disorders Research fellowship. She completed her internship at Northwestern University, Feinberg School of Medicine. Dr. Dougherty's research focuses on characterizing transdiagnostic risk and maintenance factors for eating disorders, with the goal of identifying modifiable treatment targets.

**Alana Friedlander, Psy.D.** (Roosevelt University) is a psychology postdoctoral fellow in the Psychogastroenterology Program. Her clinical experience and research areas include psychogastroenterology, psychosexual medicine, and primary care behavioral health. She is also trained in clinical hypnosis through the American Society of Clinical Hypnosis.

**Gabriela (Bri) Memba, Ph.D.** (University at Buffalo, State University of New York) completed her internship at UChicago Medicine. She is currently the Child/Pediatric Psychology fellow. Dr.

Memba's clinical effort is distributed in pediatric Endocrinology, Hematology/Oncology, Allergy, and Consultation Liaison. Dr. Memba also provides services to adolescents and young adults with Obsessive Compulsive and Related Disorders.

**Matthew Murray, Ph.D.** (Illinois Institute of Technology) is a T32 postdoctoral fellow in the Midwest Regional Eating Disorders Research Program. He completed his internship at Henry Ford Health. Dr. Murray's clinical and research interests focus on unique risk and maintenance factors for eating and weight disorders, particularly in LGBTQ+ individuals, that can guide culturally-responsive treatments.

**Kaleigh Wilkins Ph.D.** (Loyola University Chicago) completed her internship in the Child Track at Rush University Medical Center. Dr. Wilkins is a postdoctoral fellow in the Child Trauma program. She is committed to clinical and research endeavors with underserved populations and exposure to community violence.

**Chandler Zollicoffer, Ph.D.** (University of Wisconsin--Milwaukee) is an Adult Neuropsychology fellow who completed her internship at the University of California San Diego. Dr. Zollicoffer aspires to be a board-certified clinical neuropsychologist in an academic medical center and has broad interests in culturally-informed care to complex medical and neurological populations.

## Program Trainees

Information is provided below for our past few cohorts of interns. We are excited to be a part of their academic histories and take pride in following their careers after they graduate from our training program.

## Current Interns

Our [current doctoral psychology interns](#) will be available to discuss their experiences in the program during the interview process. Remember that each intern's experience is customized to assist in accomplishing individual professional goals and as such, their training experiences may differ. Our class of 2023-2024 includes:

**Olutosin (Tosin) Adesogan, M. S.**

Child/Pediatric Track

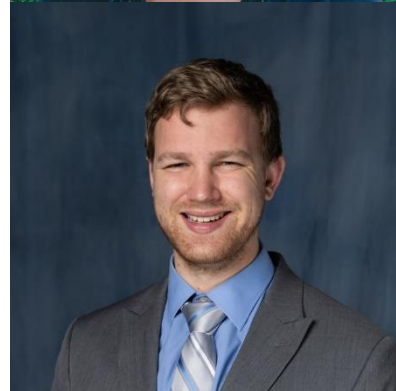
University of Georgia



**Seth Downing, M.S.**

Adult/Health Psychology Track

University of Florida



**Abigail Farrell, M.A.**

Pediatric Neuropsychology Track

University of Houston



**Anya Savransky, M.A.**  
Adult Neuropsychology Track

East Carolina University



**Sophia Weiner-Light, M.S.**  
Adult/Health Psychology Track

Northwestern University Feinberg School of Medicine



**Michelle Williams, M.S.**  
Adult/Health Psychology Track

Indiana University Indianapolis



## Intern Outcomes

Interns who complete our training program typically pursue careers in academic medical centers and academic departments of psychology. Most graduating interns first complete a one or two year postdoctoral fellowship that further prepares them for the professional roles to which they aspire. Some of our interns have been able to move directly into faculty positions in academic institutions.

In the past few years, our interns have been successful at obtaining fellowships at other institutions including Northwestern University, Harvard University Health System, University of Illinois at Chicago, Loyola University Chicago, University of California Health System, University of Michigan, Johns Hopkins University, and Rush University Medical Center. On completion of

these fellowships, most interns have obtained faculty positions at either academic medical centers or academic departments of psychology.

Some of our interns choose to remain at UCM for postdoctoral fellowship training as we have several clinical fellowship opportunities available within the institution including those in the areas of Adult/Clinical Health Psychology, Pediatric Psychology, Trauma, and Neuropsychology. We also have T-32 fellowship positions available in Eating Disorders and Substance Abuse research (depending on the year and the recruitment cycle). In determining whether to apply for and/or accept fellowship training positions at UCM, we encourage interns to consider their future training and career goals in consultation with their mentors.

**Class of 2023-2024**

<b>Intern</b>	<b>Postdoctoral Fellowship</b>	<b>Employment</b>
University of Kentucky	UCM	
University of Virginia	Northwestern University/Family Institute	
Illinois Institute of Technology	Baylor College of Medicine	
Loyola University Chicago (Adult Neuropsychology)	Hines VA	
University at Buffalo/SUNY (Child/Pediatric)	UCM	
University of Illinois at Chicago (Pediatric Neuropsychology)	University of Wisconsin Madison	

**Class of 2022-2023**

<b>Intern</b>	<b>Postdoctoral Fellowship</b>	<b>Employment</b>
University of Kansas (Adult/Health)	California Pacific Medical Center	UCLA
Vanderbilt University (Adult/Health)	Montefiore Medical Center; Albert Einstein College of Medicine	Yale University School of Medicine
University of Florida (Adult Neuropsychology)	Northwestern University Medical Center	
Oklahoma State University (Child/Pediatric)	Rush University Medical Center	
University of Maryland Baltimore County (Pediatric Neuropsychology)	Children’s National Medical Center	



**Class of 2021-2022**

<b>Intern</b>	<b>Postdoctoral Fellowship</b>	<b>Employment</b>
Wayne State University (Adult/Health)	Harvard/Beth Israel Deaconess Medical Center	
Rosalind Franklin University of Medicine & Science (Adult/Health)	Rush University Medical Center, Division of Behavioral Sciences	Rush University Medical Center
SDSU/UC-San Diego Joint Doctoral Program (Adult Neuropsychology)	University of California, San Francisco	
Northwestern University Feinberg School of Medicine (Child/Pediatric)	UCM	University of Michigan Medical School
American University (Pediatric Neuropsychology)	Children’s Hospital of Philadelphia/University of Pennsylvania	Children’s National Medical Center

**Class of 2020-2021**

<b>Intern</b>	<b>Postdoctoral Fellowship</b>	<b>Employment</b>
Washington University in St. Louis University (Adult/Health)	Center for Anxiety and Related Disorders, Boston University	Harvard/Massachusetts General Hospital
University of Louisville (Adult/Health)	Johns Hopkins University, Eating Disorders Program	University of Louisville
University of Massachusetts Amherst (Adult Neuropsychology)	Northwestern University, Department of Neurology	Northwestern University Feinberg School of Medicine
University of Illinois at Chicago (Child/Pediatric)	Rush University, Department of Family and Community Medicine	University of Illinois at Chicago
Drexel University (Pediatric Neuropsychology)	Harvard/Boston Children’s Hospital, Pediatric Neuropsychology	NYU Langone Health

**Class of 2019-2020**

<b>Intern</b>	<b>Postdoctoral Fellowship</b>	<b>Employment</b>
East Tennessee State University (Adult/Health)	UCM	Endeavor/Northshore University Health System
University of Kentucky (Adult/Health)	UCM	Virginia Tech University

University of Wisconsin— Milwaukee (Adult Neuropsychology)	University of Illinois at Chicago, Adult Neuropsychology	University of Illinois at Chicago
Virginia Commonwealth University (Child/Pediatric)	Loyola University Chicago	Loyola University Chicago
Northwestern University, Feinberg School of Medicine (Pediatric Neuropsychology)	Rush University, AARTS Center; Pediatric Neuropsychology	Rush University Medical Center

### **Class of 2018-2019**

<b>Intern</b>	<b>Postdoctoral Fellowship</b>	<b>Employment</b>
Northwestern University Feinberg School of Medicine (Adult/Health)	Northwestern University, Department of Gastroenterology	University of Chicago
University of Illinois at Chicago Adult/Health)	Depression and Anxiety Specialty Clinics (DASC) Chicago (DASC)	DASC Chicago
University of Alabama at Birmingham (Adult Neuropsychology)	Baylor College of Medicine, Adult Neuropsychology	Baylor College of Medicine
DePaul University (Child/Pediatric)	University of California San Francisco, Clinical Services Research	
University of Houston (Pediatric Neuropsychology)	Kennedy Krieger/Johns Hopkins, Pediatric Neuropsychology	University of Texas Health Center

### **Class of 2017-2018**

<b>Intern</b>	<b>Postdoctoral Fellowship</b>	<b>Employment</b>
Florida State University (Adult/Health)	N/A	Ohio University; Department of Psychology
Washington University in St. Louis (Adult/Health)	University of Chicago Medicine, Clinical Health Psychology	Northwestern University Medical School
University of Virginia (Adult/Neuropsychology)	Harvard Partners/Massachusetts General Hospital (MGH), Adult Neuropsychology	Mayo Clinic
Vanderbilt University (Child/Pediatric)	Harvard/Boston Children’s, Pediatric C/L	Rush University Medical Center
University of Connecticut (Pediatric Neuropsychology)	Harvard/Boston Children’s, Pediatric Neuropsychology	Harvard/Boston Children’s Hospital

**Class of 2016-2017**

<b>Intern</b>	<b>Postdoctoral Fellowship</b>	<b>Employment</b>
Florida State University (Adult/Health)	University of Chicago, Clinical Addictions Research Program	Western University, Ontario, Canada
University of Alabama at Birmingham (Adult/Health)	University of Michigan, Psychogastroenterology	University of Michigan, Section of Gastroenterology
Drexel University (Adult Neuropsychology)	Northwestern University, Feinberg School of Medicine, Adult Neuropsychology	University of California San Francisco
Northwestern University, Feinberg School of Medicine (Child/Pediatric)	Loyola University Chicago	University of Illinois at Chicago
University of Wisconsin—Milwaukee (Pediatric Neuropsychology)	Children’s National, Pediatric Neuropsychology	Kaiser Permanente—Portland, OR

## Applications

Thank you for reviewing the information about our internship program. The following sections will help you further determine if you are a good fit for our site and will help you prepare your application for submission.

### Application Criteria

1. Accreditation: Applicants for the Clinical Psychology Internship Program at the University of Chicago must be from a university-based doctoral program in Clinical or Counseling Psychology accredited by the American Psychological Association (APA), the Canadian Psychological Association (CPA), or the Psychological Clinical Science Accreditation System (PCSAS). **We will not consider candidates whose programs are not accredited at the time of application, regardless of whether your doctoral program has been approved to participate in the Match.**
2. Educational requirements: You must have a Master's degree, have finished your core clinical coursework, be admitted to doctoral candidacy, and have proposed your dissertation by the time you apply to our program. The requirement of a Master's degree is non-negotiable as one is required for credentialing on our insurance panels. No exceptions are possible.
3. Clinical experience: You should have completed a minimum of three years of graduate-level practicum training and have at least 1000 hours of supervised clinical experience by the start of internship. Further, we expect interns to have a minimum of 600 face-to-face assessment and intervention hours (combined) in order to be competitive applicants and adequately prepared for the rigors of our training program. The ratio of assessment to intervention hours is differentially important, depending on the particular track. Applicants to our Adult and Pediatric Neuropsychology tracks typically have more assessment hours than applicants to our Adult/Health and Child tracks who have a greater proportion of intervention hours. Although we recognize that the COVID-19 pandemic has disrupted acquisition of clinical hours towards preparation for internship, our required minimum number of face-to-face hours remains the same. Most of our interns in recent years have far exceeded this benchmark (see data from our past 9 cohorts). However, we encourage applicants whose training was significantly disrupted to apply to our program if they determine that they are a good fit. In evaluating applications, we consider minimum number of hours to be only one variable among many others in determining a candidate's fit for our site.

Historically, our program has matched with interns from scientist-practitioner or clinical scientist Ph.D. programs in clinical psychology. These candidates have very strong clinical and research qualifications and aspire to careers in a variety of settings that involve scholarly, clinical and educational roles. Individuals whose long-term career goals are exclusively clinical may find our program less well aligned with their own interests. Although internship is primarily a clinical year, our interns engage in scholarly activities with faculty and refine their teaching/training/supervision skills in multiple contexts. We believe that our program provides

socialization into the environment of academic medicine and the diverse roles that faculty hold. 95% of our interns secure postdoctoral fellowships at academic health centers. Data regarding our interns' placements immediately after internship and their first professional position are available in the Intern Outcomes section of this document.

We have provided data on AAPI variables below ( $n=47$ ) summarized across our last 9 internship cohorts to help you learn more about the profiles of our interns. Please note variance in the data within and across tracks. We hope that this information will help you assess your own qualifications for our site and encourage you to apply if we are a good fit for your career aspirations. Ultimately, if you were to match at our site, we would want you to be satisfied and to experience the internship year as an opportunity to be aligned with your values and to support your progress towards your own long-term personal and professional goals.

<b>ALL (<math>n=47</math>)</b>	<b>Intervention Hours</b>	<b>Assessment Hours</b>	<b># Integrated Reports</b>	<b>Pubs + Chapters</b>	<b>Presentations</b>
<b>Mean</b>	678	205	31	7.6	17.5
<b>Median</b>	577	272	23	6	16
<b>SD</b>	247.8	219.8	32.0	5.87	11.57
<b>Adult/Health (<math>n=20</math>)</b>					
<b>Mean</b>	690	194	13	7	11
<b>Median</b>	620	156	14	7.5	14
<b>SD</b>	234.8	93.9	10.6	5.4	12.2
<b>Adult Neuro (<math>n=9</math>)</b>					
<b>Mean</b>	380	426	64	8.9	19
<b>Median</b>	354	377	51	6	17
<b>SD</b>	90.16	189.1	28.2	7.62	11.22
<b>Child/Peds (<math>n=9</math>)</b>					
<b>Mean</b>	805	240	22	8.6	18.1
<b>Median</b>	727	221	15	7	21
<b>SD</b>	223.37	127.61	20.83	6.93	8.98
<b>Peds Neuro (<math>n=9</math>)</b>					
<b>Mean</b>	491	520	69	6	19.6
<b>Median</b>	449	426	54	5	13
<b>SD</b>	161.75	279.64	32.89	3.71	13.97

## Application Process

As an APPIC member program, we will accept applications through the APPIC electronic portal only. You must register with APPIC and then complete the AAPI Online. We participate in the Match and you must also register with National Matching Service (NMS). A Match number is required in order to submit your AAPI.

You may apply to only one track of our internship program. Applicants who apply to more than one track will be disqualified from further consideration. Please specify which track you are applying for in your cover letter:

1. Adult Health Psychology (APPIC Match Number 126612): 2 positions
2. Adult Neuropsychology (APPIC Match Number 126614): 1 position
3. Child Psychology (APPIC Match Number 126613): 1 position
4. Pediatric Neuropsychology (APPIC Match Number 126615): 1 position

**Applications are due by 11:59 pm EST on Friday, November 1, 2024** after which the portal will be closed for submissions.

You will be notified via email by December 1, 2024 if you are selected for an interview. We will use NMS Interview, the scheduling system offered by National Matching Services, Inc. (NMS). You will be notified via email about the specific date/time that interview slots will be released for scheduling.

We will conduct virtual interviews on the following days in December: Friday, 12/6; Monday, 12/9; and Friday, 12/13. The interview day (8 am to 3.30 pm CST) will involve a group presentation and meetings with the Director of Clinical Psychology Training, individual interviews with faculty members and postdoctoral fellows, lunch with the interns, and a virtual tour of our facilities. During your interview, we will attempt to help you gather information to determine the quality of your fit with our program. We recognize that is hard to obtain this experience via virtual methods and encourage you to ask questions of our faculty and trainees. Applicants who do not interview with our program will not be ranked.

## Application Materials

In order to apply to our program, please submit the following materials through the APPIC Outcomes application portal:

1. Cover letter including statement of career goals and interests in our program. Specify the name of your graduate program, which year you are, and what track you are applying to in the first paragraph of your cover letter. Include your contact information (email and phone number).
2. Current curriculum vita
3. Official school transcript

4. Three references submitted online using the AAPI's Standardized Reference Form (SRF), with one from your academic advisor/dissertation Chair and two others from clinical supervisors. Traditional letters of recommendation in addition to or outside of the SRF portal are not required. Do not submit more than three references.
5. One de-identified neuropsychological, diagnostic, psychological assessment, initial evaluation or treatment summary report. A neuropsychological report is required if you are applying to either the Adult or Pediatric Neuropsychology tracks. If you are applying to the Adult/Health or Child/Pediatric tracks, a work sample is not required.
6. Completion of the APPIC Application for Psychology Internship (AAPI) – link: <https://aapicas.liasoncas.com/applicant-ux/#/login>

We hope that you have read our brochure carefully and appreciate the time and effort you will invest in completing an application to our site. Each application is carefully reviewed by our training faculty and staff.

As an APPIC member program participating in the match, we will abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.

We are accredited by the American Psychological Association through 2029. Questions related to our accreditation status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation  
American Psychological Association  
750 1<sup>st</sup> Street, NE, Washington, DC 20002  
Phone: (202) 336-5979  
E-mail: [apaaccred@apa.org](mailto:apaaccred@apa.org)  
Web: [www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation)

## **Additional Information**

### **Duration**

The Clinical Psychology Doctoral Internship Program's training year will begin on July 1, 2025 and run through June 30, 2026.

### **Stipend and Benefits**

The current yearly stipend is \$44,000, plus subsidized medical benefits. Dental benefits are also available for an additional fee.

Paid time off includes 15 days of vacation, 10 days of sick/wellness leave and 5 days for professional development which may be used for conferences, dissertation defenses, and job

interviews. Further, the University of Chicago Medicine has eight holidays each year (New Year's Day, Martin Luther King, Jr. Day, Memorial Day, Juneteenth, Independence Day, Labor Day, Thanksgiving, and Christmas). Interns have individual offices with telephones, computers, printer/scanners, voice mail, video cameras, photocopy privileges, and clerical support.

Educational resources available to interns include the extensive University of Chicago library and computer systems, and a separate departmental library.

### **Employment Eligibility**

Although we welcome applications from candidates who are not US citizens, we are not able to sponsor visas of any kind. Acceptable non-citizen status may include permanent residency, an international student (F-1 visa) on curricular or optional practical training as determined by their home institution, or a valid Employment Authorization Document (EAD) obtained through various pathways. Applicants are responsible for obtaining their own authorizations including permission to enter the United States in order to work at UCM. Inability to produce these documents and authorizations may result in inability to be employed at UCM.

Interns are employees of the University of Chicago Medicine and are subject to regulations addressing employee benefits, diversity training, the Medical Center termination policy, non-discrimination policy, and employee/labor relations. Applicants who are matched to the internship will be required to successfully pass a pre-employment health screening including vaccination titers, drug testing and a background check. Please note that although marijuana is now legal in Illinois, the use of marijuana in any form is not exempt from the drug test. This information is available to the public at the following link: <http://www.uchospitals.edu/>

### **Due Process and Grievance**

Due Process and Grievance policies have been developed in collaboration with Human Resources, the medical center's Office of General Counsel, and the Office of Graduate Medical Education. The policies are in compliance with APPIC internship membership criteria and are specific to the Internship Program. Policies can be obtained in advance by emailing Dr. Shona Vas at [svas@bsd.uchicago.edu](mailto:svas@bsd.uchicago.edu). These policies will be presented and discussed with interns during orientation as part of the Intern Training Manual and are available on a shared drive to all interns and faculty members upon acceptance to the program.

### **Non Discrimination Policy**

In keeping with its long-standing traditions and policies, the University of Chicago considers students, employees, applicants for admission or employment, and those seeking access to University programs on the basis of individual merit. The University does not discriminate on the basis of race, color, religion, sex, sexual orientation, gender identity, national or ethnic origin, age, status as an individual with a disability, protected veteran status, genetic information, or other protected classes under the law (including Title IX of the Education



Amendments of 1972). For additional information regarding the University of Chicago's Policy on Harassment, Discrimination, and Sexual Misconduct, please see:

<http://harassmentpolicy.uchicago.edu/page/policy>

### **More Questions?**

If you have questions about our program and the application process that have not been addressed in our written materials, please call 773-702-0529 to speak with our Administrative Assistant, Rachel Myszak. Alternatively, you may email the Director of Clinical Psychology Training, Dr. Shona Vas, at [svas@bsd.uchicago.edu](mailto:svas@bsd.uchicago.edu).