AT THE FOREFRONT
UChicago Medicine

Department of Psychiatry and Behavioral Neuroscience
The University of Chicago
The Division of the Biological Sciences • The Pritzker School of Medicine

Health Service Psychology Externship Programs

Extern Training Brochure

2027-2028

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Welcome Letter from the UCM Director of Psychology Training

November 1, 2026

Thank you for your interest in the Department of Psychiatry & Behavioral Neuroscience (PBN) at the University of Chicago! Our Department hosts several externship programs directed by our psychologist faculty. Every year, we train over 50 externs selected from Chicago-area doctoral programs in health service psychology. We occasionally also have externs from other graduate training programs who have relocated to the Chicago area. As you will learn, our training programs are housed in both Adult and Child Psychiatry across many different clinical services within the Department and the larger medical center. Although our externship programs share a common core, each faculty member's programs, requirements, policies, and regulations are distinct.

The University of Chicago's Department of Psychiatry and Behavioral Neuroscience offers comprehensive practicum training programs for advanced psychology graduate students. These externships provide training in the delivery of mental health care to patients presenting to a large academic medical center for evaluation, consultation, and intervention. Training occurs in the Adult and Child Sections of the Department of Psychiatry and Behavioral Neuroscience at the University of Chicago Medicine (UCM) located in the Hyde Park neighborhood of Chicago. All externs receive at least one hour of individual supervision by a licensed clinical psychologist. Additional individual and/or group supervision may also be available. Further, externs are an integral part of the Education Mission of our Department and attend numerous required and optional didactic experiences along with our other trainees including psychology interns and fellows, medical students, and residents and fellows in psychiatry and other specialties.

Our Department has grown significantly in the past few years. It has been exciting to welcome new staff and faculty and observe the expansion of our clinical, educational, and research programs. However, adequate work space has emerged as one of our greatest challenges. Clinical care occurs in person and via telehealth. Our program is primarily in person and on site, although we do offer the flexibility of telehealth to patients who request these services. We provide didactics and supervision in person unless video formats are indicated for convenience, flexibility, and/or safety. In our program, we value interprofessional collaboration, socialization among interns and with our faculty, development of a support system for our trainees, and a general sense of community. Our large and dynamic healthcare system recognizes that telehealth, telesupervision, and hybrid work environments will continue to evolve.

As we prepare to recruit for a new training year, different faculty members have different expectations for the externs in their programs with regard to clinical activity, supervision, and didactics. Please review this information carefully to learn more about our program and to determine if you meet the requirements for specific externship programs before you invest time and energy in applying. It is also important for you to assess whether our training programs are a good fit for your learning goals and your life circumstances.

On behalf of all my colleagues, I encourage you to learn more about our Department to determine if we are a good fit for this next chapter in your training. Externs are integral contributors to our clinical and educational missions and we are committed to providing you with an enriching educational experience. If you choose to apply, we believe that you will be actively engaged in a stimulating and challenging learning environment. We hope that you will experience our programs as opportunities for supervised training in evidence-based assessment, intervention, and consultation that address the integration of the science and practice of health service psychology.

You are welcome to contact me directly with questions or concerns. Thank you for your interest in our programs.

Sincerely,



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Note: Our externship programs are using a common and coordinated system of application. You only need to submit one application even if you choose to apply to multiple externships. You will be able to indicate your preference (in descending order) for up to 3 externship programs. This brochure contains all necessary information to submit your materials and to have your references upload their letters of recommendation. Materials that are submitted outside of this system will not receive full consideration.

UCM Externship Application Submission Portal (Due 1/29/27 by 5 pm CST) https://redcap.link/UCMPrac2728
UCM Externship Reference Portal (Due 1/29/27 by 5 pm CST) https://redcap.link/UCMPracRec27

Overview

Our health service psychology training programs are housed in the Adult and Child Sections of the Department of Psychiatry & Behavioral Neuroscience at the University of Chicago within the Biological Sciences Division (BSD), Pritzker Medical School, and the University of Chicago Medicine (UCM). The department has many different types of trainees including psychiatry residents and fellows, medical students, and psychology interns, externs, and postdoctoral fellows. Faculty members are employees of the University (UC) and most clinical trainees are employees of UCM. Depending on their job description, staff members may be employees of either entity. UC and UCM have different human resource management structures, policies, and other benefits. Although they are not employees, externs are considered to be "staff" of the University and the Biological Sciences Division.

UCM is made up of several different inpatient and outpatient units. In Hyde Park (approximately 5 miles south of downtown Chicago), inpatient facilities include the Center for Care and Discovery (CCD), Bernard Mitchell Hospital, and Comer Children's Hospital. Outpatient/ambulatory services for adults are provided in the Duchossois Center for Advanced Medicine (D-CAM) and outpatient/ambulatory services for children are provided in Comer. UCM is also a Level I Trauma Center and provides emergency services for adults and children. UCM has partnerships with other community hospitals (e.g., La Rabida, Ingalls, Silver Cross, etc.) and provides ambulatory services in outpatient clinics across the greater Chicagoland area. We also have an academic affiliation with Northshore University Health Systems located in Evanston, IL. UCM is currently in a phase of tremendous growth and new partnerships and affiliations are being developed on an ongoing basis.

In general, our psychology externs provide services on the UC campus with a few exceptions. Adult Neuropsychology externs may be placed in the Department's Indiana Clinic located in Merrillville, IN. Child and Pediatric Neuropsychology externs may have the opportunity to engage in school and community-based assessment, intervention, prevention, and advocacy activities in different locations.

Externship Program

Despite the diversity in our externship training experiences, all faculty's training efforts are united and anchored in the profession-wide competencies expected of all health service

psychologists and around which training programs are structured. Our aims align with these competencies which in turn guide the development and implementation of our program, the expectations for our externs, and evaluation of our program's outcomes.

Program Aims

The specific aims of our externship program are as follows:

1. To recruit and train ethical, skilled, and culturally and socially responsive aspiring health service psychologists who will be prepared for the next step in their professional trajectory upon completion of their externship.
2. To provide training in evidence-based approaches to assessment, intervention, and consultation with diverse populations through the integration of science and practice in an interdisciplinary academic health center environment.
3. To facilitate development of professional identity, progression towards internship, and refinement of longer-term career aspirations as a health service psychologist through the provision of experiential and didactic training, supervision, mentorship, and role-modeling.

Due to the diversity in our clinical services and the different developmental levels of our externs, the "next step" for externs varies considerably. In general, our externships are designed to be advanced training experiences, with most faculty requiring at least one year of previous practicum training. For some of our externs, their training at UCM prepares them for additional years of graduate training. Many externs seek training at UCM to gain experience in an academic medical center as they progress through graduate school. Several of our advanced externs will be in the process of applying for internship as their capstone clinical experience prior to acquiring their degrees. Our faculty support their externs to progress to their identified next steps.

Profession-Wide Competencies

We follow guidelines for training recommended by APA's Commission on Accreditation (CoA), currently reflected in the Standards of Accreditation (SoA; APA, 2015) implemented in January, 2017. Per the SoA, we strive to provide training in the nine profession-wide competencies (PWCs) for health service psychologists. Our psychology training program provides opportunities for students to acquire and demonstrate competency in the following areas as applicable for their particular experience and developmental level:

1. **Science, Research, & Evaluation**: Goals in this domain include utilization and acquisition of scientific knowledge; program/outcome evaluation; and conduct and dissemination of scientific research.

2. **Ethical & Legal Standards**: Goals in this domain include patient risk management and confidentiality and ethics and the law.
3. **Cultural & Individual Diversity**: Goals in this domain include sensitivity to patient diversity and awareness of one's own cultural background.
4. **Professional Values, Attitudes, & Behaviors**: Goals in this domain include professional interpersonal behavior; professional responsibility; efficiency, administrative competency, and time management; and use of reflective practice and self-care in professional development.
5. **Communication & Interpersonal Skills**: Goals in this domain include effective interpersonal communication and appropriate use of supervision.
6. **Psychological Assessment & Diagnosis**: Goals in this domain include assessment and diagnostic skills; C/L assessment and interview skills; and competencies associated with neuropsychological assessment (interview, report, and knowledge).
7. **Psychotherapeutic Intervention**: Goals in this domain include patient rapport; case conceptualization and treatment planning; psychotherapy; case management; group therapy; and C/L intervention.
8. **Supervision, Education, & Training**: Goals in this domain include provision of supervision and developing teaching/training skills through presentations at seminars, case conferences, and team meetings.
9. **Consultation & Inter-professional Collaboration**: This domain refers to the development of consultation skills in interdisciplinary practice.

Depending on the nature of the particular externship experience, all of these competencies may not be addressed. For example, neuropsychology externs may not have the opportunity to provide psychotherapeutic intervention even though they may learn about appropriate interventions for the patients they assess. Further, it is unlikely that externs will have the opportunity to provide clinical supervision to other trainees, unless they are completing an advanced externship and this arrangement was previously discussed.

We recognize that all graduate programs have their own practicum/externship evaluation forms. However, we prefer to use our own evaluation form which has been tailored to the PWCs and the specific behavioral elements in our setting across all our training programs. Further, the form is developmentally anchored with Minimum Levels of Achievement (MLAs) tied to a trainee's developmental status (i.e., extern, intern, or postdoctoral fellow). For externship, trainees should be at "Entry Level," a broad range for competency development. Areas of relative strength for advanced externs may be rated as "Intermediate," a rating that is typically expected midway through the internship year. If any specific competencies are evaluated as "Needs Remediation," the issues will be addressed by the supervisor immediately in consultation with the graduate program. The evaluation form may be requested from the

Director of Psychology Training and will be provided to you during orientation, should you choose to complete your externship at UCM. The evaluation form will be completed at the 6- and 12-month time points. Some supervisors may also choose to complete a briefer quarterly evaluation form to provide intermediate, unofficial, and structured feedback. If your graduate program requires that forms be completed by specific deadlines (e.g., trimesters, grades, readiness for internship, etc.), please let your supervisor know. If your graduate program's DCT needs additional documentation to be completed, please direct them to your supervisor. Your UCM supervisor may prefer or be willing to complete your program's form in order to minimize duplication of effort.

Professional Development

As you progress through your graduate program, you are continuing to build your skills in the PWCs. Our externship programs support the acquisition of these competencies through direct clinical service, didactics, and supervision. Your professional development is also an important element of your graduate training and we encourage you to consider professional development goals during your externship at UCM. Examples of professional development goals include exposure to different settings and role models, refinement of your longer-term career aspirations, building your professional network, preparing for internship, enhancing time management and efficiency in clinical practice, facilitating self-care and reflective practice, etc. In this capacity, your supervisor serves as another mentor in your existing professional network and supports you in progressing to the next stage of your training.

Components of Training

Each externship within the Department is developed by the attending faculty psychologist primarily responsible for the training experience. Therefore, our externs may have very different training experiences even though they are all embedded in the Department. In general, each externship includes the following components:

1. **Clinical Activity** (approximately 8-10 hours per week; varies by externship): The nature of your clinical activity will vary depending on the particular clinics/programs/services in your externship. Our externs are involved in assessment, intervention, and consultation across the medical center. Your supervisor will provide you with the exact details of the number of clinical service hours expected of you, the number of hours for didactics, any additional support/training you will receive (e.g., tiered supervision, group supervision, group therapy with a social worker, etc.), and expectations around documentation, communication, and follow-up throughout the week. You will receive further information specifically related to your responsibilities during the interview.
2. **Supervision** (At least 1 hour per week from the attending psychologist; additional tiered and group supervision may also be available). Our supervisors utilize a competency-

based approach to supervision. Competency-based supervision (CBS) recognizes supervision as a distinct professional activity beyond competence in the clinical services being supervised. CBS employs a developmental approach with specific expectations communicated via a supervision contract and involves multiple components. APA (2025) provided guidelines for clinical supervision using the rubric of CBS. We believe that it is important for you to understand your supervisor's responsibilities to you and to learn about the expectations you may have of your supervisor. You will have an opportunity to provide feedback to and evaluate your supervisors. The Standards of Accreditation (SoA) that are relevant for your graduate program require that all supervisors utilize live observation and/or video recording at least once during each evaluation period (i.e., once per quarter).

3. **Learning Activities** (# of hours varies by externship): All externships involve learning activities in some form. Potential didactics include seminars, case conferences, team meetings, teaching rounds, journal clubs, and directed reading. Learning opportunities may extend beyond the Department with many offerings from the University's thriving academic environment.
4. **Administrative Activities** (# of hours varies by externship): Training at UCM also involves administrative components that are integral to the clinical services provided. Examples include contacting patients, clinical documentation, responding to emails, case management, test scoring, report writing, follow up with referring providers, school outreach, etc.

The externships and the number of positions offered within each program vary from year to year. Please review individual descriptions for each externship for specific information.

Psychology Training Supervisors & Externships

Adult Section Externships

Name	Externships
Fabiana Souza Araujo, PhD	Integrated Primary Care & Health Psychology
Nancy Beckman, PhD	Chronic Pain & Health Psychology
Alyse Bedell, PhD, CST	Psychogastroenterology and Sex Therapy Sex Therapy
Greg Chasson, PhD, ABPP	Obsessive Compulsive & Related Disorders (OCRD)
Daniel Fridberg, PhD	Addictions, Transplant, and Health Psychology
Devi Jayan, PhD	Adult Trauma
Sarah Keedy, PhD	Psychotic Disorder Spectrum
Maureen Lacy, PhD, Joseph Fink, PhD, ABPP, Cheshire Hardcastle, PhD, & Chandler Zolliecoffer, PhD	Adult Neuropsychology
Candice Norcott, PhD & Maggie Collins, PsyD, CST	Reproductive Behavioral Health
Jennifer Schmaus, PhD	Psychogastroenterology
Amy Siston, PhD, CST, CST-S	Psychosocial-Oncology Sexual Health Sex Therapy
Shona Vas, PhD, ABPP & Gina Belli, PhD	Cognitive Behavior Therapy
Jennifer Wildes, PhD	Eating Disorders

Child Section Externships

Name	Rotation(s)
Sonya Mathies Dinizulu, PhD	Stress, Trauma, & Resilience
Tina Drossos, PhD	Pediatric Psychology & Advanced Psychotherapy
Yangfeifei Gao, PhD, Mary Lee, PsyD, Diana Ohanian, PhD, & Lindsay Wood, PsyD	Pediatric Neuropsychology
Yangfeifei Gao, PhD & Mary Lee, PsyD	Early Childhood Assessment
Ilayna Mehrtens, PhD	Adolescent/Young Adult Hematology Oncology & Advanced Psychotherapy
Claudio Rivera, PhD	Adolescent & Young Adult Substance Use
Matthew Young, PhD	Parent Child Interaction Therapy (PCIT)

General Departmental and Program Information

This section describes general information regarding issues that are relevant for extern applicants as they consider the requirements for training in the Department of Psychiatry & Behavioral Neuroscience and UChicago Medicine.

Dress Code and Professional Environment

Faculty, staff and trainees should be dressed in attire that is suitable for professional settings in terms of fit, length, and exposure. Options for tops include collared shirts (tie optional), dressy blouses, or sweaters. Options for bottoms include pants, skirts, or dresses. Open-toed shoes (with the exception of flip-flops) are permitted except when on inpatient units in UCM. Some inpatient or integrated medical settings may involve wearing white laboratory coats which will be provided during the orientation period. When providing telehealth services, please ensure that you have a private space, demonstrate professional comportment, and use a virtual background if necessary. UCM-approved virtual backgrounds are available for use in video visits.

Identification Badges

ID badges should be worn at all times so that you can be identified by other staff and patients. You may be requested to show your ID when entering UCM premises. You can use your ID to swipe into different areas of the hospital and to access mobile computers on inpatient units. Your UCM ID is also required to enter UC libraries. If you use public transportation, your ride on CTA buses in Hyde Park is free with your UCM ID. You may also need your ID to use hospital shuttles (e.g., to and from parking lots).

Parking

The University's website is the best source for updated parking information: https://safety-security.uchicago.edu/transportation/driving-parking. The options below are shared in the spirit of collective wisdom with a reminder that information changes quickly.

1. Street parking: The earlier you arrive, the easier it is to find free parking. The Midway, Ellis Avenue (around 53rd and 54th streets), and the area immediately south of the Midway (between Woodlawn and Drexel on 60th and 61st streets) are your best bets. The Midway and Ellis Avenue are both snow routes and your car will be towed if there is >2 inches of snow.
2. Paid parking: You can get access to one of the UC/UCM parking lots (Campus South General Access) for a "discounted rate for a qualified employee." In addition, to avoid paying the fee, this lot will allow 2 days per month of "occasional parking" at no cost. ($75 to 90 per month) upon registration of your ID. This website will help you explore

your options and register for parking should you choose to do so. https://ucmpark-web.uchospitals.edu/parkingregistration

3. Free parking: There is a free parking lot (Apostolic Lot located at 63rd and Kenwood) for UC/UCM employees from which you may walk (~ 20 minutes) or use a shuttle to the hospital.

Transportation

UCM is accessible by public transportation provided by the city of Chicago. Options include buses (regular and express), Elevated (The "El") Red and Green Line trains, and the Southshore Electric train line (Metra).

1. Bus: Information regarding city buses is best accessed using resources provided by the City of Chicago. There are several express buses that run from the downtown area to campus (within a block of the hospital) during the morning and evening commute hours. There is an express bus (#192) from the Roosevelt El stop to campus which takes 20 minutes. The last bus from Hyde Park to the South Loop is at 7 pm. All city buses WITHIN Hyde Park are free with your UCM ID.
2. El: The closest Green line stop is at 63rd/Cottage Grove and the nearest Red line stop is Garfield (55th/State). Both these options will require a walk or a bus ride to the hospital and are therefore less convenient.
3. Train: The Southshore Electric Metra train line runs from Millenium station (or 11th/Roosevelt) to 57th/59th Street just east of Harper Avenue. You may walk from the train station (15-20 minutes) or take the shuttle described in #4. The Midway Metra Shuttle will be most convenient: https://d3qi0qp55mx5f5.cloudfront.net/safety-security/uploads/files/Midway_Metra_Shuttle_Schedule_Sept_7_2017.pdf?mtime=1509724479
4. University Transportation Support: There are several services offered by the University to facilitate transportation within Hyde Park.
    a. Shuttles: https://safety-security.uchicago.edu/services/ugo_daytime_shuttles/
    b. Apps: UChicago's Passio Go! app provides information about shuttles and local buses. University of Chicago | Passio GO!
    c. Safety Escort: If you need assistance or support to get to your car, a parking lot, or a bus or train stop and a shuttle is not available, you may ask for a safety escort: https://safety-security.uchicago.edu/services/umbrella_coverage/

Hospital Entrances

1. Goldblatt lobby (59th & Drexel; 860 E. 59th street): When you park on the Midway, south of the Midway, or in the Campus South lot, this is the quickest way to get to the department. Turn right at the security desk and take the A-west elevator up to the 3rd or 4th floor.

2. Wyler Children's lobby (5837 S. Maryland entrance; currently access is restricted to those with IDs): If you park in the main garage this entrance is most convenient. Walk straight back past the security desk and take the P elevator up to the 3rd or 4th floor. Turn left out of the elevator and make an immediate left to proceed down the M hallway towards Psychiatry.
3. Ellis lobby (58th & Ellis; currently access is restricted to those with IDs): When you park north or east of campus, this entrance is most convenient. Take the A-east elevator or stairwell to the 3rd or 4th floor.
4. If you have responsibilities in other parts of the hospital, each of the buildings (e.g., CCD, D-CAM, Comer, ER, etc.) has a separate entrance which may be accessed from the street or via bridges between UCM facilities.

Food

1. All café menus for UCM are on the home page and updated each week. http://home.uchospitals.edu/
2. Hospital cafes include Panera Bread, Burrito Beach, Sip of Hope, Root and Sprig, Billings cafeteria, Sky Café, and Starbucks.
3. Campus dining includes Cobb Hall, the Divinity School and numerous other options.
4. Food trucks are parked outside the Ellis entrance daily between 11:30 and 1 pm.
5. Feed 1st: This food pantry program operates 11 sites throughout the medical center with offerings available to patients, families, employees, and visitors as necessary. https://voices.uchicago.edu/lindaulab/about-feed1st/
6. Coffee and filtered water are available in the Department.
7. Externs have access to a refrigerator and microwave to store and reheat food.

Email System

You will have several different login IDs and passwords for UC/UCM. All externs will have access to UCM email from on and off site on office computers and phones and personal devices (which will need to be encrypted). Externs are expected to check their UCM email frequently even if they are not on site.

Phone System

Externs will be able to use UCM phones and voicemail (which will likely be shared with other externs). Many externs also set up Google Voice credentials to contact their UCM patients.

Paging System

In general, externs will not have pagers unless you are covering the pager for a specific service or clinic (e.g., C/L, Primary Care). Externs will be provided with information to page their supervisors and other providers as necessary.

Space, Computing, and Office Supplies

The biggest challenge in our Department, as in most academic medical centers is space! All psychology externship positions are unpaid positions and supervised by a specific faculty member. Externs will have adequate space to provide clinical care and store their belongings. However, because space is at such a premium, space arrangements are made at the start of the academic year and may not be easily changed. Therefore, most supervisors request that externs identify practicum dates that they can honor for the duration of the academic year, rather than expecting to make changes based on class schedules and other commitments. Supervisors will arrange for externs to have space to provide clinical care. Each swing-space office has a computer, a video camera, and a phone. Externs may also bring their laptops which can be connected to the wireless network. Externs will have access to a departmental printer and copier shared with other employees. The Department also provides access to office supplies (e.g., folders, legal pads, printer paper, letterhead, tissues, etc.).

Departmental and Institutional Policies

Externs are considered to be trainees at the institution and staff of the medical center. Thus, in addition to program specific policies, they are also subject to the policies of the department, the medical center, and the university. Supervisors will communicate policies to externs as necessary. All policies are available on the hospital and university intranet.

Externship Administration, Documentation, and Policies

Although we attempt to outline general guidelines for our externship program, each supervisor has the freedom and discretion to set specific policies for their particular externship. Please review each externship description.

Vacation, Leave, and Coverage

The University and Medical Center observe 8 federal holidays (New Year's Day, Martin Luther King Jr. Day, Memorial Day, Juneteenth, July 4th, Labor Day, Thanksgiving, & Christmas). If a holiday falls on Saturday, it will be observed on the preceding Friday. If a holiday falls on Sunday, it will be observed on the following Monday.

We are committed to supporting our trainees in as many ways as possible. Time away from work is important for emotional and physical wellness. The exact number of days off varies per

externship but is generally in the range of 5-8 days for the academic year. Supervisors will provide you with information about the specific number of vacation days and how to request time off. In general, vacation requests will need to be made in writing (i.e., via email) and in advance. This notice allows you, your supervisor, and the clinical team to prepare for your absence, care for your patients, and ensure that all staffing needs are met. You will be responsible for managing your vacation requests and planning ahead for the use of time off for vacations, attending conferences, academic responsibilities, moving, doctors' appointments, and other personal business. You may also need to arrange for coverage during your absence.

If you are applying for internship, please attempt to schedule your interviews on days that will not impact your externship. However, we recognize that you have limited control over scheduling interview days and these days off do not impact your total number of vacation days.

If you are unable to notify your supervisor of your absence in advance, you will need to inform your supervisor of your circumstances as soon as possible. In the event of illness, you will be required to notify your supervisor and follow instructions for cancellation, rescheduling, and coverage of clinical care.

UChicago and UCM current require all employees and trainees to be vaccinated for influenza and COVID. These vaccinations may be obtained through Occupational Medicine at no cost to you. For respiratory symptoms, you may utilize the institution's resources to obtain antigen and PCR testing. You may be required to contact the institution's contact tracing team if you test positive for a respiratory illness. If you are required to isolate or quarantine, this time off will not impact your remaining vacation days.

Clinical Supervision

All externs will receive at least one hour of individual supervision from their primary supervisor conducted in person. In addition, they may receive additional individual supervision, group supervision, tiered supervision (from an advanced extern, intern or postdoctoral fellow) or supervision of group psychotherapy from one of our faculty or staff social workers with whom they co-facilitate groups. In general, it is recommended that a weekly supervision time be established. When supervisors are not available or plan to be out of the office, they will inform their externs of plans for coverage for supervision, clinical care, and documentation. Your primary faculty supervisor is also responsible for completing evaluation forms to document your training for your graduate program and for writing letters of recommendation that you may request in the future. Supervision may occasionally be conducted by phone or video. Please let your supervisor know if your program has specific policies regarding prohibition of phone supervision.

Communication regarding Extern Performance

In general, communication with externs' graduate programs only occurs in the form of written evaluations conducted at 6 and 12-month time points. However, our faculty psychologists welcome conversations with your academic Director of Clinical Training or other representative involved in your doctoral program. In the event of situations that involve performance below expectations, the supervisor will reach out to the graduate program immediately to discuss a remediation plan and additional support as necessary. Although FERPA (the Family Educational Rights and Privacy Act) is not relevant for externship training related to your course of study, we ask that all externs sign a consent to communicate with their doctoral programs for routine conversations as well as for collaboration in more problematic situations. In addition, UCM faculty collaborate with each other for consultation about supervision issues using informal means and in the form of the Psychology Training Committee.

Program Evaluation

At the end of the year, your supervisor may ask you for candid feedback in narrative format regarding your externship training experience. Your impressions are taken seriously and are utilized for program development and quality improvement. You may also provide additional feedback about your externship experience to your graduate program.

AT THE FOREFRONT
UChicago Medicine

Department of Psychiatry and Behavioral Neuroscience
The University of Chicago
The Division of the Biological Sciences • The Pritzker School of Medicine

Health Service Psychology Externship Program

Current Relevant Information

2027-2028

All our externships share a common core of requirements, although some externships have additional requirements. Please review this list carefully and also check requirements for each individual externship to see if you qualify for the externship and are eligible to apply.

General Requirements

Our training year runs from July 1, 2027 to June 30, 2028. Requirements for ALL externships include:

1. Enrollment and good academic standing in a doctoral program in clinical or counseling psychology that is accredited by the American Psychological Association (APA) or the Canadian Psychological Association (CPA).
2. Ability to devote 16-20 hours to externship training which may need to occur on-site.
3. Residence in the state of Illinois for services that may be provided when the trainee is off-site.
4. Many of our externships are considered to be advanced training opportunities. Therefore, completion of relevant foundational doctoral coursework is preferable. Please read the description for each externship to ascertain courses that must be completed in order to be considered.
5. At least two previous practicum experiences unless otherwise specified.
6. **For any externship that involves the provision of psychotherapy, you will need to have a Master's degree in order to be compliant with our institution's credentialing guidelines.** If you have not yet completed your Master's degree, you may still apply for externship, but this degree will need to be obtained prior to the start of your externship. Failure to have obtained your Master's degree by June 30, 2027 may result in rescinding the offer to be an extern at UCM. Please feel free to reach out with questions or to seek clarification.
7. Willingness to be vaccinated against influenza and COVID. Medical and religious exceptions may be available.
8. The onboarding process including completion of required documentation and preemployment screening will begin in late spring. Externs will need to successfully pass a preemployment screening which includes a medical examination, a drug test, and a background check. Please note that although marijuana is now legal in Illinois, the use of marijuana in any form is not exempt from the drug test. Failure to pass these screenings will render you ineligible to train at UCM.
9. Malpractice insurance coverage provided by your school. You will be required to provide us with a copy of this insurance. If you have supplemental individual malpractice insurance, this documentation is needed as well.

10. Although the training year officially begins on July 1st, some training in the month of June may be required for certain externships in order to facilitate the orientation process and continuity of patient care. Completion of UCM-related training including HIPAA, EPIC, etc may also occur prior to July 1. If you are selected as an extern at UCM, please communicate with your supervisor(s) about their expectations for these formal trainings and for informal observation/shadowing prior to your start date.

Note about Internship Applications: Historically, we have interviewed all past and current externs who applied to our internship program. However, since the 2024 Match, our faculty evaluate our externs using the same criteria as other applicants. In other words, being an extern at UCM no longer guarantees you an internship interview slot. If you are selected for an internship interview, as with all other candidates, we will ask you to clearly articulate your reasons for applying, including additional learning that will occur for you at UCM. We want you to be aware of this information in the event that it impacts your decision to apply to our site for externship training.

Application Information

Faculty who provide externship training at UCM do not abide by ACEPT training guidelines. Thus, we will not be following the official Chicago-area "Match Day" policies. However, we will be participating in a collaborative effort with Chicago-area Clinical Psychology PhD programs and other hospital-based training sites to standardize the application due dates, interviews, and offer schedules. For the 2027-2028 training year which runs from 7/1/27 to 6/30/28, applications for all our clinical psychology externships are due on Friday, January 29, 2027 by 5 p.m. CST. Interviews will occur anytime between February 8 and February 26, 2027. Our supervisors will make every effort to allow you to interview at all the programs to which you applied. . Offers may be extended at any time; please ask the Externship Director about their preference for a response. All externship offers will be copied to your academic Director of Clinical Training (DCT). All offers will be made by the final date of February 26, 2027. After this date, please contact the Externship Director directly to see if positions remain available.

For the 2027-28 training year, application to ALL externship programs will be made using the UCM Externship Application portal. Applications will not be considered outside of this system. **You may apply to more than one externship at UCM; please select and rank order up to 3 externship programs for which you wish you to be considered. Please use your cover letter to confirm your preferences (in descending order) for externships in writing.** If you are applying to multiple externship programs, you may address your cover letter to "UChicago Medicine Psychology Faculty." Although the requirements for application for our externships are

relatively similar, please read the individual requirements for each program to determine if you meet our application criteria and are able to fulfil the required responsibilities for the program.

Please read the information below carefully before you start your application to the Externship Programs at the University of Chicago. All externships to our program are following a common application process described in this brochure. Applications that are emailed directly to faculty members will not receive full consideration.

Submission Portals

Externship applications to the UChicago Medicine will need to be submitted through our Externship Submission portal. Your references will need to be uploaded directly by your letter writers through our Externship Reference portal.

UCM Externship Application Submission Portal (Due 1/29/27 by 5 pm CST) **https://redcap.link/UCMPrac2728**
UCM Externship Reference Portal (Due 1/29/27 by 5 pm CST) **https://redcap.link/UCMPracRec27** **(References should be uploaded by letter writers not by students. Students who upload references will be disqualified from further consideration.)**

UCM Externship Application Submission Portal

https://redcap.link/UCMPrac2728

Please review the following list as you prepare your materials for submission via the portal. In the portal, you will be asked for the following:

1. Information about YOU
    a. Name
    b. Email address
    c. Phone number
2. Information about your EDUCATION
    a. Your graduate program
    b. Degree you are seeking
    c. Accreditation status of your program
3. Information about the DIRECTOR OF CLINICAL TRAINING at your graduate program who will be copied on some communications to you
    a. Name

    b. Email address
    c. Phone number
4. Externship programs to which you are applying (Select and rank order up to 3 externship program)
5. Information about your Master's degree which is required for all externships except Neuropsychology.
6. A current CV
7. A cover letter
    a. Please address your cover letter to the faculty member(s) to whose program(s) you are applying. If you are applying to multiple externship programs (no more than three), you may address your cover letter to "UChicago Medicine Psychology Faculty."
    b. In the document, please indicate your preference (in descending order) for the externships for which you wish to be considered.
    c. Submit only ONE application and ONE cover letter even if you are applying to multiple programs. You may take as much space as necessary to explain your rationale for applying to more than one program.
8. An unofficial transcript
9. A deidentified sample or practice report (required for the Adult and Pediatric Neuropsychology Tracks only)
10. Names of three individuals who will be writing letters of recommendation for you. Ideally, two of these letters should be from individuals familiar with your clinical work.
    a. Please ask your references to upload a letter using this link: **https://redcap.link/UCMPracRec27**
    b. You only need each of your references to be uploaded once, even if you are applying to multiple externship programs.
    c. You are waiving your right to review your letters of recommendation.
    d. Letters MUST BE UPLOADED BY YOUR REFERENCES. Students who upload letters on behalf of their letter writers will be disqualified from further consideration.

Applications should be submitted by 5 pm CST on Friday, January 29, 2027.

Click on the links to learn more about each externship program. If you have questions about particular training experiences, feel free to reach out to the Director(s) of the specific externship programs for clarification. If you have broader questions about externship training at UCM or the application system in general, please contact the Director of Psychology Training, Shona Vas, PhD, ABPP (svas@bsd.uchicago.edu).

Please note the following information before applying to our externship programs:

1. We do not accept applications from students in Master's programs.
2. We do not follow ACEPT guidelines.

UCM Externship Reference Portal

https://redcap.link/UCMPracRec27

Letters of recommendation for externships at UCM should be uploaded to this portal your references. Even if you are applying to multiple externships, each letter of recommendation only needs to be uploaded once. Please let your references know that we will not accept letters of recommendation outside the portal. Two letters of recommendation should be from individuals familiar with your clinical work.

Letters MUST BE UPLOADED BY YOUR REFERENCES. Students who upload letters on behalf of their letter writers will be disqualified from further consideration.

Adult Externships

INTEGRATED PRIMARY CARE AND HEALTH PSYCHOLOGY EXTERNSHIP

Fabiana S. Araujo, PhD

3-4 positions

Overview

This advanced psychotherapy externship is designed to provide training in Integrated Primary Care and Clinical Health Psychology. Externs will join the Behavioral Medicine Service (BMed), a multidisciplinary team embedded at UChicago Medicine's DCAM Primary Care Group (PCG). BMed provides psychiatric and/or behavioral medicine diagnostic assessments, warm handoff evaluations, psychiatric medication management, and short-term evidence-based treatment for patients with comorbid medical and mental health issues. In addition, BMed providers are available for curb side consultations for all UCM DCAM Internal Medicine providers. Patients will be drawn from internal medicine, family medicine, and Med-Peds clinics. Externs will spend one half day within the primary care clinic and have a half day in a virtual clinic. There is opportunity to co-facilitate a psychotherapy group (specific opportunities for group vary from year to year depending on current clinic offerings). As most of this experience occurs within UCM primary care clinics, trainees learn to work within the interdisciplinary environment of an academic medical center. All externs will receive at least one hour of individual supervision provided by Dr. Araújo. Additional individual or group supervision may be provided by an advanced trainee, staff licensed clinical social worker, and/or another faculty member. Advanced trainees might also have an opportunity to do peer supervision, including providing one-one training on basic principles of mental health assessment and interventions to 1st year family medicine residents.

During the academic 2027-2028 academic year, evidence-based brief trauma interventions will be added to BMed's clinical services, allowing the team to better serve the community living in the surrounding neighborhoods that are exposed to high levels of violence and chronic trauma.

Didactics: Didactic training includes assigned readings and discussion of relevant health psychology materials. Externs are able to attend other didactic opportunities depending on which days they are on site. Tuesdays are required for all externs. Required didactics include the Adult CBT Seminar and the Primary Care Team Meeting. Other offerings include the Psychologists in the Medical Setting Seminar, Grand Rounds, Morbidity & Mortality Case Conference, and Consultation-Liaison Case Conference.

Requirements: Please read the following list of requirements carefully to determine whether you are eligible for this externship:

1. Able to devote 20 hours per week (at least 1 full days on-site and 1 virtual day). One day must be Tuesday.
2. At least 2 previous practicum experiences, with one of them involving provision of psychotherapy
3. Completion of Master's degree, ideally by the time of application.

Applications for the Integrated Primary Care Externship Program should be directed to:

Fabiana S. Araújo, PhD
Associate Professor, Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Ave., MC 3077
Chicago, IL 60637

Dr. Araujo may also be contacted via email for questions or concerns: Faraujo1@bsd.uchicago.edu

CHRONIC PAIN AND HEALTH PSYCHOLOGY EXTERNSHIP

Nancy Beckman, PhD

2 positions

Overview: This advanced psychotherapy externship is designed to provide training in Chronic Pain and Health Psychology within an integrated setting. Externs will provide evaluation, consultation, and short- and long-term evidence-based treatment for patients (CBT, ACT, MI) with comorbid chronic pain, other medical conditions, and mental health issues. Externs will spend one half day within the Pain Management Clinic, carry a caseload of 4-6 outpatients for psychotherapy (either virtual or in-person depending on patient preference and insurance requirements), and lead virtual pain management groups. Externs learn to work within the interdisciplinary environment of an academic medical center, communicate with referring providers, and participate in interdisciplinary meetings. Externs will receive at least one hour of individual supervision provided by Dr. Beckman. Additional individual or group supervision may be provided by an advanced trainee and/or another faculty member. Opportunities for research are also available.

Didactics: Didactic training includes a weekly Pain and Health Psychology team meeting in which we review cases, clinical operations, and discuss assigned readings. Externs are able to attend other didactic opportunities depending on which days they are on site. Didactics offerings include Adult CBT Seminar ACT Seminar, Psychologists in the Medical Setting Seminar, Grand Rounds, Morbidity & Mortality Case Conference, and Consultation-Liaison Case Conference.

Requirements: Please read the following list of requirements carefully to determine whether you are eligible for this externship:

1. Able to devote 16-20 hours per week (at least 2 full days on-site). One day must be Tuesday.
2. At least 2 previous practicum experiences, with one of them involving provision of psychotherapy
3. Completion of Master's degree, ideally by the time of application.

Applications for the Chronic Pain and Health Psychology Externship Program should be directed to:

Nancy Beckman, PhD
Associate Professor, Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Ave., MC 3077
Chicago, IL 60637

Dr. Beckman may also be contacted via email for questions or concerns: Nbeckman1@bsd.uchicago.edu

PSYCHOGASTROENTEROLOGY EXTERNSHIP

Jennifer Schmaus, PhD

1 position

Overview: The University of Chicago Psychogastroenterology Program provides evidence-based assessment and treatment to adults with gastrointestinal (GI) conditions, such as irritable bowel syndrome, inflammatory bowel diseases, and esophageal disorders. Primary treatment modalities include cognitive behavioral therapy for GI disorders and gut-directed hypnotherapy. Goals of GI-focused psychotherapy vary, but typically include GI symptom reduction and improved coping with GI symptoms/illness. Externs will be able to observe gut-directed hypnotherapy, but direct provision of these services will only be possible for externs who have completed an externally- offered clinical hypnotherapy basic training. In order to provide breadth of training, externs will see approximately 50% GI cases while the other 50% will be comprised of general mental health (primarily MDD and GAD) and other health psychology presentations. This may vary based on referrals. Externs will receive one hour of individual supervision with Dr. Schmaus.

Didactics: Externs are expected to participate in a weekly Psychogastroenterology didactic that includes assigned readings, discussion of psychogastroenterology materials, and case discussion. Externs may also attend other didactics offered through the Psychiatry and Gastroenterology departments, depending on days they are on site.

Requirements: Please read the following list of requirements carefully to determine whether you are eligible for this externship:

1. Able to commit to 16-20 hours per week including two full days on site. One day must be Tuesday or Wednesday. Additional day will be determined based on mutual availability and office space.
2. At least 2 previous practicum experiences, with one of them involving provision of psychotherapy.
3. Completion of Master's degree, ideally by the time of application.

Applications for the Psychogastroenterology Externship Program should be directed to:

Jennifer Schmaus, PhD
Assistant Professor, Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Ave., MC 3077
Chicago, IL 60637

Dr. Schmaus may also be contacted via email for questions or concerns:
Jennifer.Schmaus@uchicagomedicine.org

PSYCHOGASTROENTEROLOGY AND SEX THERAPY EXTERNSHIP

Alyse Bedell, PhD, CST

1 position

Overview: The University of Chicago Psychogastroenterology and Sex Therapy Externship combines both health psychology specialty areas within one externship experience. Externs will provide biopsychosocial assessment and psychotherapy to adult patients with gastrointestinal (GI) conditions and/or sexual health concerns. Patients with sexual health concerns may be otherwise healthy or may present with comorbid medical conditions. The extern's caseload may also be supplemented with a small number of general mental health referrals (typically MDD or GAD) based on interest and availability. Externs will receive one hour of individual supervision with Dr. Bedell. An intern and/or postdoc may provide additional individual or group supervision.

Psychogastroenterology Experience: Common GI presentations will include inflammatory bowel disease, irritable bowel syndrome, and esophageal disorders. Most referrals come from gastroenterology providers. Primary treatment modalities include cognitive behavioral therapy for GI disorders and gut-directed hypnotherapy. Goals of GI-focused psychotherapy vary, but typically include GI symptom reduction and improved coping with GI symptoms/illness. Externs will be able to observe gut-directed hypnotherapy, but direct provision of these services will only be possible for externs who have completed an externally- offered clinical hypnotherapy basic training.

*Sex Therapy Experience***:** Common sex therapy presentations will include disorders of sexual desire, arousal, orgasm and pain. Referrals come typically come from gynecology, urology, primary care, or psychiatry providers. Therapeutic modalities emphasized include CBT, ACT, MI, relaxation, mindfulness, and sensate focus therapy. Treatment is typically individual though there may be some opportunities for couple's therapy.

Didactics: Externs are expected to participate in weekly Psychogastroenterology and Sex Therapy didactics, as well as relevant assigned readings and case discussion. Externs may also attend other didactics offered through the Psychiatry and Gastroenterology departments, depending on days they are on site.

Requirements: Please read the following list of requirements carefully to determine whether you are eligible for this externship:

1. Able to commit to 16-20 hours per week including two full days on site, Tuesdays and Thursdays.
2. At least 2 previous practicum experiences, with one of them involving provision of psychotherapy.
3. Completion of Master's degree, ideally by the time of application.

Applications for the Psychogastroenterology and Sex Therapy Externship Program should be directed to:

Alyse Bedell, PhD, CST
Assistant Professor, Department of Psychiatry & Behavioral Neuroscience

5841 S. Maryland Ave., MC 3077
Chicago, IL 60637

Dr. Bedell may also be contacted via email for questions or concerns: abedell1@uchicagomedicine.org

OBSESSIVE-COMPULSIVE AND RELATED DISORDERS (OCRD) EXTERNSHIP

Greg Chasson, PhD, ABPP

1 position

Overview: Externs will work within an interdisciplinary clinic (e.g., psychiatrists, psychiatry residents, clinical psychology interns and fellows) to develop skills for providing evaluations of, and delivering cognitive-behavioral therapy to, adults with Obsessive-Compulsive and Related Disorders (OCRDs). This includes obsessive-compulsive disorder (OCD); body dysmorphic disorder; hoarding; hair pulling, skin picking, and other body-focused repetitive behaviors (BFRBs); tics/Tourette's; and obsessive-compulsive personality disorder. The majority of cases will present with OCD and/or BFRBs, as well as common comorbidities (e.g., depression, anxiety) and clinical correlates (e.g., perfectionism, intolerance of uncertainty). CBT is provided mainly in individual sessions, although there may be a possibility of facilitating group therapy. Treatment intensity varies based on the needs of the patient and can range from weekly treatment to daily treatment. The extern will participate as a member of the treatment team as intensive (i.e., daily treatment) cases present. Opportunities for working with postoperative patients (e.g., cingulotomy) may be available to externs on this rotation.

Externs carry a caseload of 8-10 patients per week. All trainees receive at least one hour of individual supervision provided by Dr. Chasson. Additional supervision in individual or group formats may be provided by an advanced trainee and/or another staff member.

Externs are **REQUIRED** to be on site on Thursdays as most didactics are conducted on this day. In addition to supervision, one hour per week with Dr. Chasson and any others in the clinic will be devoted to OCRD-specific didactics. Other required didactic training includes a CBT seminar and an ACT seminar. Externs may access other didactic experiences depending on which day they are on site. These offerings include Psychiatry Grand Rounds, Health Psychology, Morbidity and Mortality Case Conference, and Consultation-Liaison Case Conference.

Requirements: Please read the following list of requirements carefully to determine whether you are eligible for this externship and have an interest:

1. Two full days; 16-20 hours per week.
2. Thursday is a required practicum day. The extern must be on site on Thursdays, but the other day can be virtual);
3. At least 1 previous practicum experience involving provision of psychotherapy
4. Completion (or current enrollment at the time of application) graduate program coursework in Psychopathology, Psychotherapy, and Ethics. Preferences for coursework in clinical assessment, as well as cognitive-behavioral theory, case conceptualization, and application.
5. Completion of a Master's degree in a mental health discipline, ideally by the time of application.

Applications for the Integrated OCRD Externship Program should be directed to:

Greg Chasson PhD, ABPP
Professor & Director of Behavioral Interventions

Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Ave., MC 3077
Chicago, IL 60637

Dr. Chasson may also be contacted via email for questions or concerns: Gchasson@bsd.uchicago.edu

ADDICTION, TRANSPLANT, AND HEALTH PSYCHOLOGY EXTERNSHIP

Daniel Fridberg, PhD

Up to 2 positions

Overview: No prior experience with addiction or transplant psychology is required for this externship. The purpose of this externship is to provide training in the fields of addiction and transplant psychology. As many patients in these clinics also experience significant health-related challenges, this rotation is a good experience for applicants interested in careers in health psychology in addition to those interested in gaining experience working with patients with addictions. Externs spend most (~75%) of their time working with patients with addictions and related disorders, such as impulse control disorders (i.e., "behavioral addictions"). Most patients in this clinic meet criteria for a comorbid mood or anxiety disorder. Externs conduct semi- structured diagnostic evaluations for patients referred to the clinic and will receive training in empirically supported psychotherapeutic interventions including motivational enhancement therapy/motivational interviewing (MET/MI) and cognitive-behavioral therapy (CBT). In addition, externs will gain experience in providing CBT for smoking cessation through participation in our weekly Courage to Quit™ smoking cessation group.

Externs also spend ~25% of their time in the transplant psychology clinic. Patients are typically referred to the clinic as part of their pre-transplant evaluation process. Externs assist with psychological evaluations for patients being considered for liver or kidney transplantation, many of whom have comorbid substance-related, mood, or anxiety disorders. Some patients present with concerns related to compliance with their medical regimen, which can negatively affect their health. Trainees will learn how behavioral and psychological interventions can improve treatment compliance and outcomes in patients being considered for kidney or liver transplant. There are opportunities to provide psychotherapy to pre- and post-transplant patients, depending on patient and extern interest and availability. Many patients seen in the transplant psychology clinic have comorbid medical conditions and meet criteria for comorbid psychiatric disorders (including, but not limited to, mood, anxiety, and substance use disorders). Externs participate actively in assessment and treatment planning for these patients and present their findings to a multidisciplinary team of other providers from throughout the University of Chicago Medical Center.

Externs will carry a caseload of approximately 5 individual therapy patients per week and will receive at least one hour of individual supervision with Dr. Fridberg, with the possibility of additional supervision in individual or group formats by another faculty member or psychology intern. Interested trainees may have the opportunity to collaborate with Drs. Fridberg and King on ongoing research projects.

Didactics: Didactic opportunities occur on Thursday each week and include Psychologists in the Medical Setting Seminar, supervision, Psychiatry Grand Rounds, Multidisciplinary Case Conference, and the Liver Transplant Service Multidisciplinary Meeting.

Requirements: Please read the following list carefully to determine whether you are eligible to apply for this externship.

- 16-20 hours per week (2 full days on-site)
- **Attendance on-site on Mondays and Thursdays each week**
- Current enrollment in an APA-accredited doctoral program in clinical or counseling psychology
- Completion of master's degree at the time of application

- At least 2 previous practicum experiences, with one of them involving provision of cognitive behavioral therapy

Applications for the Integrated Addictions/Transplant/Health Psychology Externship Program should be directed to:

Daniel Fridberg, PhD
Associate Professor, Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Ave., MC 3077
Chicago, IL 60637

Dr. Fridberg may also be contacted via email for questions or concerns: dfridberg@bsd.uchicago.edu

ADULT TRAUMA CLINIC

Devi Jayan, PhD

1-2 positions

Overview: The Adult Trauma Clinic is an interdisciplinary setting focused on providing a range of clinical services to adults impacted by traumatic life experiences. Externs in this clinic will receive training in providing evidence-based trauma-focused care for individuals exposed to trauma. Externs will gain training in manualized treatments such as Prolonged Exposure Therapy, Cognitive Processing Therapy, Skills Training in Affective and Interpersonal Regulation (STAIR) and also learn to adapt these treatments based on patients' psychosocial needs. Most patients in our clinic have experienced community violence such as gunshot wound, stabbing, or assault and/or have a loved one injured or killed in a traumatic injury. These patients receive individual psychotherapy, medication management, and intensive clinical case management through the clinic's Recovery & Empowerment After Community Trauma (REACT) program. Externs will work with different providers of our interdisciplinary team including psychologists, psychiatrists, social workers and the violence recovery team at University of Chicago Medicine. Externs will also have the opportunity to co-lead a trauma group for female caregivers of individuals impacted by community violence facilitated by Dr. Devi Jayan. Adult REACT works closely with the pediatric trauma psychology team, allowing us to provide interventions and supportive trauma-informed services to multiple generations of a family impacted by community violence.

Requirements:

- Able to devote 16-20 hours per week (2 full days) with one of the days being a Tuesday.
- Familiarity with empirically supported treatments and evidence-based practices. Prior experience with trauma patients is ideal, but not required.
- At least 2 years of prior practicum experience providing psychotherapy.

Applications for the Adult Trauma Externship Program should be directed to:

Devi Jayan, PhD
Assistant Professor
Department of Psychiatry & Behavioral Neuroscience
The University of Chicago
5841 S. Maryland Ave., MC 3077
Chicago, IL 60637

Dr. Jayan may also be contacted by email for questions or concerns at djayan@bsd.uchicago.edu.

PSYCHOTIC DISORDER SPECTRUM EXTERNSHIP

Sarah Keedy, PhD

1 position

This advanced externship is offered for a student wanting to gain experience working with individuals from both the traditional psychotic disorder spectrum (schizophrenia, schizoaffective disorder, bipolar disorder), and the less traditional psychotic disorder spectrum but with known genetic and/or symptom-based overlap and comorbidity with psychotic disorders (ADHD, autism spectrum, recurrent major depressive disorder, personality disorder, PTSD). This practicum design reflects the work of the supervisor, Dr. Sarah Keedy, who is a clinical psychologist, trained heavily in neuropsychology, and is actively engaged in working on addressing questions around the dimensional and cross-diagnostic nature of psychosis as well as the phenomenology and neurocognitive underpinnings of hallucinations. Cases externs see will be characterized by combinations of hallucinations, delusions, thought disorder, cognitive impairments, mood dysregulation, dissociation, trauma-based and medical comorbidities. Externs will learn to work with a spectrum of functionality, symptom presentation, insight levels, and self-identified goals for therapy that this range of referrals presents in our major academic medical center psychiatry department setting.

The practicum centers on applying evidence-based treatments with 6-8 individual psychotherapy cases. The practicum also includes interacting with psychiatrists, psychiatry residents, or other medical center providers to coordinate care as needed. The practicum can also include psychotic disorder assessment in the context of clinical research where, approximately once per month, externs will observe or participate (depending on skill level) in diagnostic interviewing (SCID) and symptom assessment of psychotic disorders as part of ongoing clinical research in Dr. Keedy's laboratory. Externs may also attend consensus diagnosis meetings where the information from these interviews is reviewed for the purposes of clinicians coming to agreement on diagnosis. Such experiences are encouraged and broaden the trainee's insight into the range of symptoms and life history of those diagnosed with psychotic disorders.

Individual supervision will be provided on a weekly basis by Dr. Keedy. One didactic seminar specific to the externship will be held August-November and February-May. Days for supervision and didactics are flexible and can be planned to mutually fit Dr. Keedy's and the extern's scheduling needs. The majority of psychotherapy is conducted remotely, but being onsite at the medical center at least ½ day per week should be feasible for the extern most weeks in order to see some cases in person and have some in person supervision at times. Supervision and the didactic can be remote at times, too. Flexibility is a key construct for working with this patient population and this is reflected in the flexible management of the supervisor-supervisee meeting times and method. Externs will also have the option to attend other didactics amongst the many ongoing training activities in our department, which are a mix of on and offsite formats. Offerings include Psychiatry Grand Rounds, CBT Seminar, Neurology Grand Rounds, Neuroscience speaker series, Child Psychiatry Colloquium, and interdisciplinary case conferences.

Requirements: Please read the following list of requirements carefully to determine whether you are eligible for this externship:

1. Available for 12-20 hours per week
2. Completion of Master's degree, ideally by the time of application.
3. At least 1 previous practicum experience providing psychotherapy

Applications for the Psychotic Disorder Spectrum Externship Program should be directed to:

Sarah Keedy, PhD
Associate Professor, Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Ave., MC 3077
Chicago, IL 60637

Dr. Keedy may also be contacted via email for questions or concerns: skeedy@bsd.uchicago.edu

ADULT NEUROPSYCHOLOGY EXTERNSHIP

Maureen Lacy, PhD, Joseph Fink, PhD, ABPP, Cheshire Hardcastle, PhD, & Chandler Zolliecoffer, PhD

Number of positions: Open

The Adult Neuropsychology Program is designed to provide an advanced training experience in neuropsychological assessment for individuals interested in pursuing or exploring a career in clinical neuropsychology. This experience is designed to prepare you for an internship that adheres to the APA Division 40 and Houston Conference guidelines for training in clinical neuropsychology.

The Adult Neuropsychology program at UCM receives inpatient and outpatient requests for assessment and treatment from several departments and clinics within UCM, as well as from private referral sources and school settings. These referrals span the entire list of adult neuropathological entities such as aphasia, epilepsy, degenerative disorders (e.g., Alzheimer's disease, frontotemporal dementia), tumors, stroke and other cerebrovascular diseases, learning disabilities, and traumatic brain injury. This rotation also allows for training in medical neuropsychology addressing the neurobehavioral aspects of diabetes, eating disorders, organ failure, substance abuse, hypertension, autoimmune diseases, cancer, etc. Finally, there are also opportunities to conduct assessments as part of presurgical planning and post-surgical outcome investigations for patients with epilepsy, hydrocephalus, organ transplantation and psychiatric disorders. The experience focuses on the selection, administration, and scoring of neuropsychological tests, as well as in formulating test interpretations and communicating test results through written reports and oral presentations. The majority of cases are outpatient evaluations, which consist of a clinical interview and typically 2-5 hours of testing. Externs typically see one new patient each week on their clinic day. The intensive nature of these assessment sessions provides an opportunity to learn in a more in-depth fashion about different types of neuropsychological syndromes as well as to participate in case formulation and plan test selection. We follow a developmental model of training, meeting the trainee at their own initial levels of skill and knowledge, and then fostering a competency-based progression of professional development. We focus on developing excellent report-writing skills, which are transferable to a range of other clinical pursuits. Emphasis is also placed on developing sophisticated clinical interview and feedback skills, which likewise carry over into trainees' competencies in other clinical realms.

Adult neuropsychology externs typically devote 16-20 hours per week for a full year, starting on July 1st and ending June 30th. The extern is required to spend one day per week (Monday, Tuesday, Wednesday or Thursday) in clinic interviewing patients, and administrating, scoring, and interpreting neuropsychological test instruments, along with writing reports. All externs must also attend the didactic series which meets on Fridays and include educational conferences, seminars, and group supervision. The Friday didactic activities typically are conducted from 9:30am-10:30 and from 11:00-12:00pm. Topics covered include:

Neuroanatomy Series: an 8-10 week seminar series focused on offering a review (or introduction) of neuroanatomy principles and brain behavior relationships.

Clinical Neuroscience Series: is a weekly meeting devoted to special topics and clinical case presentations in neuropsychology and neuropsychiatry

Case Conferences: in the second half of the year, each extern will formally present a case, in the context of relevant literature. They will foster discussion of the data, summary and recommendations.

Neuropsychology Group Supervision: is a meeting which provides the extern with the opportunity to examine data and discuss cases seen in various clinics by other faculty, interns, and postdoctoral fellows. The extern will also have an opportunity to informally present cases to the group for discussion.

In addition to the required Neuropsychology didactics described above, trainees have the opportunity for guest attendance at the Neuropathology Department's weekly rounds, known as **Brain Cutting,** which is devoted to the examination of gross brain anatomy, and is geared towards understanding the neuropathology of neurological diseases.

Applications for the Adult Neuropsychology Externship Program should be directed to:

Maureen Lacy, PhD and colleagues
Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Ave., MC 3077
Chicago, IL 60637

Questions via email may be directed to Dr Lacy (mlacy@bsd.uchicago.edu) and/or Todd Nader, Clinic Coordinator (tnader@bsd.uchicago.edu).

REPRODUCTIVE BEHAVIORAL HEALTH EXTERNSHIP

Candice Norcott, PhD & Maggie Collins, PsyD, CST

2 positions

Overview: This advanced psychotherapy externship offers specialized training in Clinical Health Psychology with a focus on reproductive health. Externs will provide evaluation, consultation, and brief, targeted, evidence-based interventions for patients referred from the Department of Obstetrics and Gynecology. Referral sources most commonly include the sections of Maternal Fetal Medicine, General Gynecology, Complex Family Planning and Contraceptive Research, Reproductive Endocrinology and Infertility, and General Obstetrics.

Based on individual interests, externs may also receive supervision and training that integrate sex therapy, couples therapy, and trauma-focused approaches, particularly as they relate to reproductive and relational well-being.

Externs will maintain an outpatient psychotherapy caseload and develop skills for effective practice within the multidisciplinary environment of an academic medical center.

Supervision: Supervision is provided by Drs. Norcott and Collins. Externs will see approximately 3-6 patients per week and will receive at least one hour of individual supervision. Additional individual supervision may be provided by an advanced trainee.

Didactics: Externs participate in a weekly didactic series of assigned readings and discussion in reproductive, perinatal, and gender-related health psychology, covering topics such as evidence-based assessments and treatments for perinatal mood, anxiety, and trauma-related disorders; sexual and reproductive health concerns (e.g., pelvic pain, sexual functioning, fertility, menstrual-related disorders, menopause); and relational health. Externs have the opportunity to present a topic within their own interests or developing expertise. Externs are also required to attend a monthly case conference. The team is multidisciplinary and collaborates closely with obstetrics and gynecology providers to improve patient care. Externs may also attend other didactics depending on which day they are on site, including PSY and OBG Grand Rounds, the Psychology in the Medical Setting, Seminar, the CBT Seminar, interdisciplinary Case Conferences, and the Consultation-Liaison Case Conference.

Requirements: Please read the following list carefully to determine whether you are eligible to apply for this externship.

1. Able to devote 16-20 hours per week (2 full days).
2. At least 2 previous practicum experiences, with one of them involving provision of psychotherapy
3. Completion of Master's degree, ideally by the time of application

Applications for the Reproductive Behavioral Health Externship should be directed to:

Candice Norcott, PhD & Maggie Collins, PsyD, CST
Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Ave., MC 3077
Chicago, IL 60637.

Questions may be directed to Dr. Norcott: cnorcott@bsd.uchicago.edu

PSYCHOSOCIAL-ONCOLOGY SEXUAL HEALTH EXTERNSHIP

Amy Siston, PhD, CST, CST-S

2 positions

Overview: UChicago Medicine's Psychosocial-Oncology Sexual Health Externship program provides training in assessment, consultation and evidence-based treatment for patients with comorbid medical, mental health and/or sexual health issues. Referral questions are varied and may include adjustment to new diagnosis or transition to cancer survivorship, depression, anxiety, behavioral symptom management and sexual rehabilitation. Therapeutic modalities emphasized include CBT, ACT, MI, relaxation, mindfulness, and sensate focus therapy. Externs will have the opportunity to work with a multidisciplinary team including oncologists, licensed clinical psychologist, psychiatrists, advanced practice nurse, social workers and other clinical staff to provide comprehensive, individualized care. Externs will see approximately 8-10 patients per week and will receive one hour of individual supervision by Dr. Siston. An intern or postdoctoral fellow may provide additional individual or group supervision.

Didactics: Externs are expected to attend weekly psychosocial oncology and sex therapy didactics, completed relevant assigned readings, and actively participate in case discussions. Externs are able to attend other didactics depending on interests and are expected to attend at least one didactic per week.

Clinical Case Discussion: Weekly team case discussion related to psychosocial oncology, sexual health, trauma informed care, culturally informed care and health psychology informed care.

Clinical Shadowing: This training poses unique shadowing opportunities with interdisciplinary providers to include Pelvic Floor Therapy, Cancer Risk Clinic, Transplant Optimization, Radiation Therapy/Interstitial Brachytherapy, Chemotherapy, Program for Integrative Sexual Medicine for Women and Girls with Cancer (PRISM), Urology, and Gynecology Clinics.

Requirements:

1. Able to devote 16-20 hours per week, including 2 full days on site. Attendance on Tuesdays is mandatory. An additional day will be decided based on mutual availability and office space.
2. Completion of Master's degree, ideally at the time of application.
3. At least 2 previous practicum experiences, with preference for previous experience in health psychology.

Applications for the Psychosocial-Oncology Sexual Health Externship Program should be directed to:

Amy Siston, PhD, CST, CST-S
Associate Professor, Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Ave., MC 3077
Chicago, IL 60637

Dr. Siston may also be contacted via email for questions or concerns: asiston@bsd.uchicago.edu

SEX THERAPY EXTERNSHIP

Amy Siston, PhD, CST, CST-S & Alyse Bedell, PhD, CST

1 position

Overview: The University of Chicago Sex Therapy Program provides training in biopsychosocial assessment, consultation and evidence-based treatment for patients with sexual health issues. Common presenting issues include disorders of sexual desire, arousal, orgasm and pain. Therapeutic modalities emphasized include CBT, ACT, MI, relaxation, mindfulness, and sensate focus therapy. Treatment is typically individual though there may be some opportunities for couples therapy. Externs will have the opportunity to observe relevant medical clinics that address biomedical factors impacting sexual function. The majority of cases will be for sex therapy but caseloads will be supplemented with general mental health referrals in order to achieve breadth of training. Externs will receive one hour of individual supervision with either supervisor per week.

Didactics: Didactic training will include assigned readings and discussion of sexual health materials. Externs are to attend at least one relevant didactic seminar per week, which will be determined by interest and availability.

Requirements:

1. Able to devote 16-20 hours per week, including 2 full days on site.
2. One day must be Tuesday, with the second being Wednesday or Thursday.
3. Completion of Master's degree, ideally at the time of application.

Applications for the Sex Therapy Externship Program should be directed to:

Amy Siston, PhD, CST, CST-S & Alyse Bedell, PhD, CST
Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Ave., MC 3077
Chicago, IL 60637

Questions may be addressed to Dr. Siston (asiston@bsd.uchicago.edu) and Dr. Bedell (abedell1@bsd.uchicago.edu) by email.

COGNITIVE BEHAVIOR THERAPY EXTERNSHIP

Shona Vas, PhD, ABPP & Gina Belli, PhD

4 positions

Overview: This advanced psychotherapy externship is designed to provide training in evidence-based cognitive-behavioral assessment and psychotherapy in our Adult Outpatient Clinic. Externs will conduct semi-structured diagnostic evaluations for patients presenting with a range of psychopathology across various DSM-5 disorders and provide empirically-supported treatment using individual and group therapy. Externs are an integral part of the clinical team and will learn to function within the interdisciplinary environment of a large academic medical center. Externs carry a caseload of approximately 8-10 patients per week. Opportunities for co-facilitating group therapy with other trainees, staff social workers and faculty members are also available. All externs receive at least one hour of individual supervision provided by Dr. Vas and/or Dr. Belli. Additional supervision in individual or group formats may be provided by an advanced trainee and/or another staff member.

Didactics: Tuesdays are a required practicum day which involves several hours of didactics. Didactic training includes CBT seminar (2 hours per week for 6 months) and the CBT Team Lab Meeting. Externs also attend a year-long Trauma seminar. Externs may attend other didactics depending on which day they are on site. These offerings include Psychiatry Grand Rounds, Psychologists in the Medical Setting, Diversity, Interdisciplinary Case Conference, and Consultation-Liaison Case Conference.

Requirements: Please read the following list carefully to determine whether you are eligible to apply for this externship.

1. 16-20 hours per week (2 full days on-site).
2. Attendance on Tuesdays is mandatory for a team meeting and CBT seminar
3. Completion of a Master's degree, ideally at the time of application
4. Completion of graduate coursework is preferred
5. At least 2 previous practicum experiences, with one of them involving provision of psychotherapy

Applications for the Adult Cognitive Behavior Therapy Externship Program should be directed to:

Shona N. Vas, PhD, ABPP
Professor, Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Ave., MC 3077
Chicago, IL 60637

Dr. Vas may also be contacted via email for questions or concerns at svas@bsd.uchicago.edu.

EATING DISORDERS PROGRAM EXTERNSHIP

Jennifer Wildes, PhD

1-2 positions

Overview: The University of Chicago Eating Disorders Program provides evidence-based assessment and treatment services to adolescents and adults with anorexia nervosa, bulimia nervosa, binge-eating disorder, avoidant/restrictive food intake disorder (ARFID), and related feeding and eating problems. Treatment modalities include cognitive behavioral and family-based interventions.

Externs will join a multidisciplinary team comprised of psychologists, psychiatrists, and social workers with extensive expertise in eating and weight disorders. Extern responsibilities include: 1) conducting diagnostic assessments to guide treatment recommendations; 2) providing evidence-based outpatient psychotherapy to adults, as well as adolescents and their families; and 3) participating in multidisciplinary team rounds (Mondays from 12-1). Attendance on Mondays is mandatory, but other days are negotiable. All trainees receive at least one hour of individual supervision per week provided by Dr. Wildes. Additional supervision in individual and group formats may be provided by a psychology intern, postdoctoral fellow, or another Eating Disorders Program staff member.

Didactics: Externs are expected to participate in a weekly Eating Disorders Program didactics meeting that includes assigned readings and discussion of relevant clinical materials (e.g., treatment manuals). Externs also will have the opportunity to a variety of didactics offered through the Department of Psychiatry & Behavioral Neuroscience, depending on the days they are on site.

Requirements: Please read the following list carefully to determine whether you are eligible to apply for this externship.

- Able to devote 15-20 hours per week to the externship. Must be on-site on Mondays.
- Completion of Master's degree, ideally at the time of application.
- Completion of graduate coursework preferred.
- At least 2 previous practicum experiences, with one of them involving provision of psychotherapy.

Applications for the Eating Disorders Externship Program should be directed to:

Jennifer Wildes, PhD
Professor, Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Ave., MC 3077
Chicago, IL 60637

Dr. Wildes may also be contacted via email for questions or concerns at jwildes1@bsd.uchicago.edu.

Child Externships

UNIVERSITY OF CHICAGO STRESS, TRAUMA, AND RESILIENCE (U*STAR) EXTERNSHIP

Sonya Mathies Dinizulu, PhD

2-4 positions

Overview: Under the supervision of Dr. Sonya Mathies Dinizulu, externs will receive training in assessment, diagnosis and treatment of children and adolescents exposed to traumatic experiences. Externs will be trained to use evidence-based protocols (e.g., Trauma-Focused Cognitive Behavioral Therapy) and promote positive youth development, provide crisis intervention, consultation, and/or case management services. Trauma-informed services and training will include implementing socially just mental health practices- e.g., examining structural oppression affecting clinical presentations; developing structurally competent skills Externs will have opportunities to participate in local and/or national trauma coalitions/networks to: (1) receive advanced training in trauma assessment and treatment for youth, (2) access additional resources to support trauma-informed care, (3) participate on committees that influence policy, or (4) network and establish professional relationships.

The U*STAR Clinic offers a mixed outpatient load: Trauma and Child and Adolescent Outpatient Psychotherapy, which includes up to a case load of 8-10 outpatients: 4-5 patients presenting with trauma and 4-5 patients presenting with mood and anxiety disorders, externalizing behavior problems, or adjustment disorders (see Child and Adolescent Outpatient Psychotherapy).

In addition to U*STAR, externs will participate in a weekly (1/2 day) trauma assessment clinic called Recovery & Empowerment After Community Trauma (REACT) Clinic: Drs. Sonya Mathies Dinizulu and Seeba Anam co-direct a weekly trauma-informed interdisciplinary assessment clinic for youth and families affected by community violence. Youth are identified by clinicians and staff within UCM Comer Children's Hospital, and are referred to the REACT clinic to receive trauma-informed psychiatric and psychological assessments, which are used to inform treatment recommendations. Youth and families served in this clinic must have at least a history of community violence. Trainees will: (1) administer brief trauma-informed assessments to assess the impact of community violence on youth and families, (2) collaborate with psychiatry and social work to provide trauma-informed case conceptualization and treatment recommendations, (3) provide feedback to youth and their family, (4) assist with developing best practices for REACT screening and assessment. Externs will also be required to participate in on-going research projects.

Requirements: Please read the following list carefully to determine whether you are eligible to apply for this externship.

- Able to devote 16-20 hours per week (Tuesdays are required).
- Completion of master's degree, ideally at the time of application.
- Completion of graduate coursework preferred.
- At least 2 previous practicum experiences, with one of them involving provision of intervention services to children and adolescents.

Applications for the USTAR Externship Program should be directed to:

Sonya Mathies Dinizulu, PhD
Associate Professor, Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Ave., MC 3077
Chicago, IL 60637

Dr. Dinizulu may also be contacted via email for questions or concerns at sdinizulu@bsd.uchicago.edu.

PEDIATRIC PSYCHOLOGY AND ADVANCED PSYCHOTHERAPY EXTERNSHIP

Tina Drossos, PhD

4-5 positions

This externship provides opportunities for several different rotations. It is not expected that any one extern will participate in all of the rotations. Rather, applicants should consider which rotations fit each individual's needs and interests. It is expected that externs participate in anywhere from 1 to 3 rotations. The only required Rotation is Outpatient Psychotherapy.

Possible rotations include:

Child and Adolescent Outpatient Psychotherapy (Rotation required for all externs): Externs will receive training in conducting intake/diagnostic interviews, and formulating a developmentally appropriate case conceptualization including diagnoses and recommendations for treatment. Externs will also be expected to provide ongoing outpatient psychotherapy services to children and adolescents, and their parents. Externs will carry a caseload of 3-7 patients (This will depend on each extern's needs). Presenting problems typically include mood and anxiety disorders, externalizing behavior problems, and adjustment disorders. Given our affiliation with the University of Chicago Comer Children's Hospital, externs will also have the opportunity to see patients with somatoform disorders and patients who are experiencing difficulty adjusting to a chronic illness. Treatment will predominantly be provided utilizing a cognitive-behavioral orientation; however, externs will also gain experience using alternate theoretical perspectives (i.e., family systems, interpersonal). If an extern chooses this rotation, they are expected to see patients for the entire academic year.

Child and Adolescent Consultation-Liaison: Externs also have the opportunity to participate and observe a licensed clinical psychologist or a board certified child and adolescent psychiatrist on the Child and Adolescent Psychiatry Consultation/Liaison Service. The Child and Adolescent Psychiatry Consultation/Liaison Service exists to provide timely, expert biopsychosocial assessments and treatment recommendations to Comer Children's Hospital physicians and children/adolescent patients under their care. Presenting problems may include adjustment reactions to a newly diagnosed medical illness, assessing depression or anxiety, conversion disorders, pain disorders, trauma reactions, disposition planning for patients following a suicide attempt. There is also an opportunity to participate in follow up, bed-side care/treatment with patients who have extended inpatient stays. Comer Children's Hospital is a stand-alone 161 bed facility within the University of Chicago Medical Center that provides comprehensive inpatient pediatric services. The extern will spend approximately ½ - 1 full day on the consult service.

Pre-Surgical Psychological Evaluations: Median Arcuate Ligament Syndrome (MALS) is a condition that is thought to arise from an increased proximity of the diaphragmatic crura to the celiac vessels. Individuals with MALS often demonstrate post-prandial abdominal pain, nausea, and diarrhea. These symptoms can become chronic and may lead to significant weight loss. Treatment of

MALS involves the surgical release of the median arcuate ligament. To our knowledge, our medical center is the only hospital in the country that employs a multidisciplinary approach for this population that includes pre and post-surgical psychological evaluations. The extern working with the MALS team will be responsible for weekly assessments of adolescent and adult candidates for Median Arcuate Ligament Syndrome surgery (assessment length: 90 minutes). This assessment will consist of a psychosocial interview, including questions related to quality of life and coping strategies as well as an assessment of DSM-IV diagnoses (e.g., depression, anxiety, eating disorders), and questionnaires. Externs will also complete weekly follow-up assessments (Assessment length: 30 minutes). This assessment is also part of an IRB approved protocol and thus, there are research opportunities available to interested externs. Externs will be required to write up reports summarizing these assessments and present cases at bi-weekly multi-disciplinary rounds with the surgical team (surgeons, nurse practitioners, pain service, and psychology). In order to be eligible to participate in this rotation, externs must be available on Tuesday and Friday mornings.

Health and Wellness Screening in the Kovler Diabetes Center: Externs in this rotation will have the opportunity to work in a multi-disciplinary (endocrinologists, diabetes educators, residents, medical students, nurses) clinic setting. Externs in this rotation are embedded within the endocrinology clinic. They will work collaboratively with endocrinologists and receive referrals to see patients (children through adults with Type I and Type II diabetes) during their endocrinology clinic visit. Externs then conduct a brief psychological screening for the purpose of identification of any mental health problems that may need further psychological assessment, and helping patients identify potential problems and assisting them with appropriate referrals and recommendations. Externs are expected to provide the endocrinologists with verbal feedback after screening a patient as well as complete a brief written report. There is also an opportunity to provide very brief psychological treatment for patients. This treatment is limited to 3-4 sessions in clinic and for very specific problems (i.e., behavior activation for depression, relaxation or exposure for anxiety, psychoeducation, etc.). Patients may still need to be referred after these brief sessions. Externs in this rotation will also be required to attend and present at 2-3 multidisciplinary case presentations throughout the year. Externs can choose to participate in this rotation anywhere from 1-2 full days.

Didactics: Externs can attend a variety of didactics offered through the Department. Externs are not expected to attend all didactics but will be required to attend specific didactics offered on days when they are on campus, also dependent on their chosen rotations.

- Child and Adolescent Outpatient Psychotherapy Rotation
- Interdisciplinary case conference: Externs are expected to present cases 1-2 times per year (1 hour weekly from September to June)
- Advanced Child and Adolescent Cognitive-Behavior Therapy course: This course is designed to teach advanced cognitive-behavioral principles to be utilized with children and adolescents (1 hour/week for 12 weeks)
- Journal club (1 hour monthly from September to June)
- Child and Adolescent Psychiatry Colloquium Series: Monthly presentations focusing on current research and clinical practice topics relevant to child clinicians and trainees.

- Child/Adolescent C/L Service Rotation (externs will not be expected to attend all of these didactics even if they are rotating with the C/L service):
- Two weekly multidisciplinary rounds (Tuesdays and Fridays)
- Weekly multidisciplinary case conference with the adult C/L service. Externs are expected to present at this conference once during the year and arrangements can be made early on in the training year to accommodate students' schedules.
- Additional (optional) didactics:
    - Department of Psychiatry & Behavioral Neuroscience Grand Rounds
    - Family Therapy Seminar
    - Theories of Development
    - Psychopharmacology
    - Psychological Practice in a Medical Setting

*This is not an exhaustive list of potential didactics and if externs are interested in other classes/seminars offered in the Department, they are welcome to attend.

Supervision: Externs will be supervised by a licensed clinical psychologist (Dr. Tina Drossos) on all rotations. The only exception is on the Child/Adolescent Consult/Liaison Service, where depending on the day of the week when externs rotate on this service, they may be supervised by Dr. Khalid Afzal (Director of the Child/Adolescent C/L Service; Board Certified Child & Adolescent Psychiatrist.

Requirements: Please read the following list carefully to determine whether you are eligible to apply for this externship.

- Able to devote 16-20 hours per week
- Completion of master's degree, ideally at the time of application.
- Completion of graduate coursework in Advanced Psychopathology, Diagnostic Interviewing, Psychological Assessment, Child/Adolescent Psychopathology, and Ethics. Coursework in Health Psychology is also recommended if offered by the graduate program.
- At least 2 previous practicum experiences, preferably in Intervention and Assessment. Students with one year of Intervention practicum may be considered depending on past clinical/work/volunteer experiences. It is acceptable to be currently completing your second year practicum during the application period.

Applications for the Pediatric Psychology/Advanced Psychotherapy Externship Program should be directed to:

Tina Drossos, PhD
Professor, Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Ave.
Chicago, IL 60637

Dr. Drossos may also be contacted via email for questions or concerns at tdrossos@bsd.uchicago.edu.

ADVANCED PEDIATRIC NEUROPSYCHOLOGY EXTERNSHIP

Yangfeifei Gao, PhD, Mary Lee, PsyD, Diana Ohanian, PhD, & Lindsay Wood, PsyD

5 positions

Goals of the Externship:

The Advanced Externship in Pediatric Neuropsychology has been designed to offer an appropriate balance between general training in relevant aspects of pediatric psychology, including the understanding of medical illnesses and developmental disorders, and their impact on psychosocial functioning, and specialized training in the identification and diagnosis of neurodevelopmental and neurocognitive disorders and their assessment within pediatric neuropsychology.

To this end, the Pediatric Neuropsychology Service at the University of Chicago offers comprehensive training in how to conduct brief and comprehensive evaluations of children and adolescents with suspected or known neurocognitive dysfunction. In order to meet training goals, advanced externs become increasingly proficient in independent test administration, scoring, and interpretation and the sharing of results and recommendations to referral sources and families. All externs are trained and certified as Neuropsychology Technicians for the Service, responsible for carrying out a number of important aspects of the evaluation process.

All clinical work conducted within the Service is directly supervised by Yangfeifei Gao, PhD and/or Mary Lee, PsyD, Pediatric Neuropsychologists and Assistant Professors of Psychiatry and Behavioral Neuroscience in the University of Chicago's Pritzker Medical School.

The Service maintains full-time Neuropsychology Technicians across the Adult and Pediatric programs, who assist in the management of the Service, support the training of test administration and scoring, and ensure that all data and documentation collected within the Service are correct and appropriately complete. They also provide direct support for all of the research studies being conducted by the Service.

We strongly believe that students learn and perform best when there is work-life balance. Caseload expectations are at approximately 2-3 cases per month. This ensures that students have adequate time for all clinical activities necessary for evidence-based assessment (e.g., scoring and corrections, supervision, report writing). As such, **this practicum is not able to guarantee the 200 face-to-face patient hours expectation** that some training programs require.

Description of Training Provided:

An extern who is accepted to pursue training with the University of Chicago's Pediatric Neuropsychology Service can anticipate a challenging and supportive experience in the further development of their assessment and diagnostic skills. Each extern

commits to spending two full days each week on site with the Service, including one full clinic day during which patients are evaluated and one day primarily devoted to didactic seminars and supervision. The extern will enhance their knowledge about developmental neuroanatomy and neurophysiology and will become proficient in diagnostic interviewing; the administration, scoring, and interpretation of cognitive, neuropsychological, and behavioral measures; and the selection of appropriate measures for diagnosing cognitive, behavioral, and emotional disorders. Additional areas of training focus are conveying in both written and verbal formats information relevant to the evaluation and its results and providing appropriate, empirically supported recommendations for intervention.

Before ever seeing a patient in their role as a testing technician, the extern must first complete a rigorous two-week long training in which they learn (and update their knowledge of) standardized neuropsychological and objective test administration, observe each of the key tests being administered, and then demonstrate proficiency and reliability in test administration before being approved for each test they are likely to use during the externship. This training process is overseen and implemented by Drs. Lee and Gao, with support from fellows and technicians. The training process is the same that any neuropsychology technician would go through to serve as a technician at the University of Chicago. As a result, upon successful completion of training, the extern will receive a written certificate indicating that they have completed required training as a Neuropsychology Technician at the University of Chicago, and will then be able to work individually, under the supervision of Drs. Lee and Gao, with patients referred to the program.

Referrals to the program are received from inpatient and outpatient services in Child and Adolescent Psychiatry, Developmental and Behavioral Pediatrics, Pediatric Neurosurgery, Pediatric Neurology, Pediatric Hematology/Oncology, Pediatric Rheumatology, Pediatric Infectious Disease, and General Pediatrics. They are also made by clinicians and educators across the Greater Chicagoland Community, including Northwest Indiana and Southwest Michigan. Patients seen by the program range in age from infants and toddlers to young adults. The referral network for the Service provides a rich opportunity for developing and extending trainees' testing and diagnostic skills pertinent to working in a hospital based Pediatric Neuropsychology Service.

Training Didactics and Supervision: Participation in all externship-specific training experiences is required. These didactics include:

- Attendance at the mandatory two-week training in Neuropsychological Assessment that will certify the extern as a Neuropsychology Technician. It is conducted at the beginning of the externship (July), and provides training in the administration and scoring of the measures utilized by the Service,

paperwork required for tracking patient assessments and care, and the day-to-day practices of the Service.

- Weekly individual supervision with Drs. Lee and/or Gao
- Additional weekly individual supervision with a fellow or a doctoral psychology intern may also be offered
- Attendance at the Friday Neuropsychology Training Series:
    - Pediatric Clinical Neuroscience Seminar
    - Group Supervision
- Externs can also attend a variety of didactic programs, beyond just the ones offered within the Neuropsychology Service. These include:
    - Department of Psychiatry and Behavioral Neuroscience Grand Rounds: Offers presentations on a wide variety of topics in mental health by renowned speakers from around the country. The seminar includes Clinical Grand Rounds and research presentations by faculty from within the department and the medical center, as well as researchers from outside the Chicago area.
    - Child and Adolescent Psychiatry Colloquium Series: Monthly presentations concerning current research and clinical practice topics relevant to child clinicians and trainees.

Requirements: Please read the following list carefully to determine whether you are eligible to apply for this externship.

- Able to devote 16-20 hours per week. Fridays are required for didactics.
- Completion of master's degree, ideally at the time of application.
- Completion of graduate coursework in Advanced Psychopathology, Diagnostic Interviewing, Psychological and Neuropsychological Assessment, Statistical Analysis, and Child/Adolescent Psychopathology. Additionally, it is strongly advised that coursework in Advanced Developmental Psychology has been taken, if available.
- Have solid experience in the administration and scoring of both intellectual and academic achievement measures, such as the Wechsler Scales (WISC-V, WPPSI-IV, WAIS-IV), Woodcock- Johnson Psychoeducational Battery, Fourth Edition (WJ-IV), and/or the Wechsler Individual Achievement Test, Third Edition (WIAT-III). Further familiarity with neuropsychological assessment more broadly is required.
- Have completed a minimum of one year of clinical practicum in Assessment. It is acceptable to be currently pursuing that practicum during the application period.

Additional Guidelines and Expectations for Externs in Pediatric Neuropsychology

By agreeing to participate in this program as an extern, you will be expected to meet the goals outlined above, as well as individualized ones developed in tandem with the Director, and to follow the following rules and expectations:

- You will commit to attending all required training programs and to being present, on time, for your clinical day each week. The training year runs from July 1st of the present year and runs to June 30th of the following year.
- You obtain required certification as a Neuropsychology Technician through the completion of the Neuropsychological Assessment Seminar offered during the first two weeks of the externship.
- On acceptance of the externship offer, you will be provided with and complete the Externship Contract, which will be signed by you and your Director of Clinical Training. If your program has its own contract, it should be provided to our faculty prior to the start of the externship year, for expeditious completion and return to you.
- Our program prefers to use our own trainee evaluation form which is tailored to our training program and consistent with the Standards of Accreditation and the Profession-Wide Competencies required by the American Psychological Association. However, if your program requires a quarterly or half-yearly review of your progress, please ensure that the appropriate forms are provided to our faculty in a timely manner. Forms received less than two weeks before they are due will typically not be completed in time.
- You are required to inform our faculty of any needed time off during the year of training, in a very timely manner; this means typically requesting time off at least one month in advance of your absence. Emergencies are typically understood, however, and just need to be communicated expeditiously.
- If you will be applying for internship during the training year, this must be discussed with the Director at the beginning of the externship. You will be expected to make suitable arrangements during the interview months (December and January), to ensure that your clinical and training duties are appropriately covered. It is not unusual that an extern will need to make scheduling changes; please discuss these with faculty as soon as possible.
- Vacation time is scheduled around the clinic's needs, not your academic schedule. This generally means that you might have a holiday from school at a time when the clinic is still open and seeing patients. The following is a good rule of thumb for your vacation and holiday planning:
  the Pediatric Neuropsychology Service is "closed to patients" on Independence Day; Labor Day; Thanksgiving, and the last two weeks of December through New Year's day. Additional times that patients will not be seen may coincide with the National Academy of Neuropsychology (NAN), International Neuropsychological Society (INS), American Academy of Clinical Neuropsychology (AACN) meetings, or other related professional meetings (e.g., American Psychological Association or Association of Psychological Science); this will occur, however, only if all faculty decide to attend these meetings, and you will be informed of that situation fairly early on in the year.
- Parental leave is accommodated as may be required; however, it is important to recognize that you may need to make up some training time at the end of the externship, if your leave proves lengthy for any reason. Our faculty will be

flexible with you and your graduate program, to ensure that your training goals are fully met and completed in a timely manner. The Service and the Department adhere to federal Family Medical Leave requirements.

- Communication is the key for ensuring a good training experience, so please don't hesitate to come and talk with Drs. Lee or Gao about any difficulty, concern, or change that may need to be considered necessary during the year.
- Have fun! This is meant to be both a challenge for you, in terms of stretching your skills and furthering your training, and to broaden your range of experiences.

Applications for the Pediatric Neuropsychology Externship Program should be directed to:

Yanfeifei Gao, PhD, Mary Lee, PsyD, Diana Ohanian, PhD, & Lindsay Wood, PsyD
Assistant Professor, Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Avenue, MC 3077
Chicago, IL 60637

Drs. Gao, Lee, Ohanian, & Wood may also be contacted via email for questions or concerns at ygao6@bsd.uchicago.edu , mary.lee@bsd.uchicago.edu, dohanian@bsd.uchicago.edu and lindsay.wood@bsd.uchicago.edu

EARLY CHILDHOOD ASSESSMENT CLINIC EXTERNSHIP

Yangfeifei Gao, PhD & Mary Lee, PsyD

3 positions

Standalone evaluations and behavioral intervention for children ages 3-6: The trainee will gain experience in assessment of preschool-age children with developmental delays, cognitive concerns, behavioral problems, and/or suspected autism spectrum disorder. These half-day evaluations include cognitive (e.g., WPPSI-IV or DAS-II) and pre-academic testing (e.g., Bracken), a clinical interview, and often an evaluation with the Autism Diagnostic Observation Schedule – Second Edition (ADOS-2). The performance-based assessment is approximately 2 hours long. Supervision would be provided during live observation and during weekly group supervision with Dr. Young, Dr. Lee, Dr. Gao, and practicum students within the clinic. There are opportunities for didactics including neuroscience seminar with pediatric neuropsychology trainees (Fridays) and cognitive behavioral therapy (CBT) seminar (Wednesdays). Externs in the Early Childhood Assessment Clinic see approximately 3 outpatient assessment cases per months. This rotation provides an exposure to this population (per the taxonomy for education and training guidelines). In addition to core training in assessment, externs will have an opportunity to carry a small caseload of outpatients, typically delivering brief interventions. This may include time-limited behavioral parent training, social skills interventions, behavior therapy, and similar treatments.

Trainee's responsibilities:

- Complete parent interview (e.g., diagnostic interviewing for ASD)
- Administer/score assessment measures including parent/teacher report questionnaires
- Gain collateral information from teachers and/or providers
- Communicate results to families via parent conference (i.e., usually 1-2 weeks following the evaluation)
- Generate integrative report based on background interview, questionnaires, and test data

Time commitment breakdown:

- Up to 5 hours of face-to-face patient hours per case (3 assessment cases per month), plus intervention cases (up to 3 hours per week)
    - Intake interview- 1 hour
    - Feedback session- 1 hour
    - Testing- 2-3 hours
- Up to 11 hours of non-client-facing time
    - Scoring-1 hour
    - Report writing- 3-5 hours
    - Supervision- 1-2 hours
    - Administrative work (e.g., documentation notes, contacting schools, etc.)- 1 hour
    - Opportunity for didactics- 1-2.5 hours

Requirements: Please read the following list carefully to determine whether you are eligible to apply for this externship.

- Able to devote 16-20 hours per week.
- Completion of master's degree, ideally at the time of application.

- Completion of graduate coursework in Advanced Psychopathology, Diagnostic Interviewing, Psychological Assessment, Ethics, and Child/Adolescent Psychopathology. Coursework in Child/Adolescent Psychotherapy is also preferred if offered by the program.
- One year of practicum training preferably with children, adolescents, and/or families.

We strongly believe that students learn and perform best when there is work-life balance. Caseload expectations are at approximately 3 assessment cases per month. This ensures that students have adequate time for all clinical activities necessary for evidence-based assessment (e.g., scoring and corrections, supervision, report writing). As such, this **practicum is not able to guarantee the 200 face-to-face patient hours** that some training programs require.

Applications for the Early Childhood Assessment Clinic should be directed to Drs. Yangfeifei Gao, Mary Lee, and Matthew Young:

Yangfeifei Gao, PhD & Mary Lee, PsyD
Assistant Professor, Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Ave., MC 3077
Chicago, IL 60637

Drs. Gao and Lee may also be contacted via email for questions or concerns at ygao6@bsd.uchicago.edu and mary.lee@bsd.uchicago.edu.

ADOLESCENT & YOUNG ADULT (AYA) HEMATOLOGY-ONCOLOGY AND ADVANCED PSYCHOTHERAPY EXTERNSHIP

Ilayna Mehrtens, PhD

2-3 positions

The **Pediatric, Adolescent, and Young Adult (AYA) Hematology-Oncology & Advanced Psychotherapy Externship** provides training in assessment, consultation, and evidence-based treatment for pediatric and AYA patients who are coping with hematological or oncological conditions. Externs in this rotation are embedded in the Pediatric and AYA Hematology/Oncology programs that are co-located in Comer Children's Hospital. Externs will work as part of an interdisciplinary team alongside oncologists and hematologists, advanced practice nurses, social workers, residents/fellows, child life specialists, and medical students.

This externship will expose externs to a variety of hematologic (e.g., sickle cell disease, aplastic anemia, etc.) and oncologic (e.g., leukemia, lymphoma, neuroblastoma, etc.) conditions and treatments. The role of the extern will include providing brief, targeted psychosocial assessment and intervention services for patients as they undergo treatment or present to clinic for long-term survivorship care. Specific training opportunities include: provide verbal and written feedback to the treatment team regarding psychosocial concerns and recommendations for treatment; provide patients and families with psychoeducation regarding diagnosis and treatment options; administer instruments including brief screening tools and behavioral rating scales to gain information and diagnostic clarity; integrate information from previous assessments or treatments within the Department of Psychiatry (i.e. inpatient treatment, prior neuropsychological evaluations etc.) into the current case conceptualization; provide treatment services to patients and families; and co-facilitate support groups.

Rotations-of-Focus

This externship provides opportunities for several different rotations-of-focus. The Outpatient Psychotherapy rotation is required for all externs.

Psychosocial Oncology Clinic. The primary focus of this rotation is providing assessment, consultation, and evidence-based treatment for AYA patients who are in active oncology treatment. Patients are primarily seen during their clinic visits, though opportunities for inpatient consultation and liaison will also be available. While AYA patients undergoing active treatment will be the primary focus of this rotation, externs will also see some pediatric patients or patients presenting to the Survivorship or Sickle Cell clinics. In-person clinic on Mondays, Tuesdays (AYA), Wednesdays, Thursdays (peds), and Fridays.

Survivorship Clinic. The primary focus of this rotation is providing assessment, consultation, and evidence-based treatment for AYA patients who have completed treatment and are presenting to the clinic for annual long-term survivorship care. While survivorship care will be the primary focus of this rotation, externs may also see some pediatric patients or patients who are currently undergoing treatment for oncological or hematological conditions. In-person clinic on Tuesdays.

Sickle Cell Clinic. The primary focus of this rotation is providing assessment, consultation, and evidence-based treatments for AYA patients with sickle cell disease. Patients are primarily seen during their clinic visits, though opportunities for inpatient consultation and liaison will also be available. While AYA patients with sickle cell disease will be the primary focus of this rotation, externs will also see some pediatric patients or patients presenting for cancer treatment or survivorship care. In-person clinic on Mondays.

Child and Adolescent Outpatient Psychotherapy (Rotation required for all externs): Externs will receive training in conducting intake/diagnostic interviews and formulating a developmentally appropriate case conceptualization including diagnoses and recommendations for treatment. Externs will also be expected to maintain a caseload of 2-4 child/adolescent outpatients. Presenting problems typically include mood and anxiety disorders, externalizing behavior problems, and adjustment disorders. Opportunities to see patients seeking gender affirming health care are also available under Dr. Mehrtens's supervision.

Didactics: Didactic training includes assigned readings and discussion of relevant pediatric and health psychology materials. Externs can also attend a variety of didactics offered through the Department. Offerings include (but are not limited to) Advanced Child CBT Seminar, Grand Rounds, Child Colloquium, Health Psychology Seminar, Professional Issues Seminar, and Consultation-Liaison Case Conference.

Supervision: Externs will receive at least 1 hour of individual supervision provided by Dr. Ilayna Mehrtens. In addition, externs may also co-facilitate assessment and intervention services alongside Dr. Mehrtens and receive regular live supervision during the training year. Additional individual or group supervision may be provided by other staff or advanced trainees.

Requirements: Please read the following list carefully to determine whether you are eligible to apply for this externship.

- Able to devote 16-20 hours per week (2 full days on site).
- Completion of master's degree, ideally at the time of application.
- Completion of graduate coursework in Advanced Psychopathology, Diagnostic Interviewing, Psychological Assessment, Child/Adolescent Psychopathology, and Ethics. Coursework in Health Psychology is also recommended if offered by the graduate program.
- At least 2 previous practicum experiences, preferably in Intervention and Assessment with child and adolescent populations. Students with one year of Intervention practicum may be considered depending on past clinical/work/volunteer experiences. It is acceptable to be currently completing your second year practicum during the application period.

Applications for the Adolescent and Young Adult (AYA)/Advanced Psychotherapy Externship Program should be directed to:

Ilayna Mehrtens, PhD
Assistant Professor, Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Ave.
Chicago, IL 60637

Dr. Mehrtens may also be contacted via email for questions or concerns at imehrtens@bsd.uchicago.edu.

ADOLESCENT & YOUNG ADULT SUBSTANCE USE EXTERNSHIP

Claudio Rivera, PhD

1 position

Overview: The purpose of this advanced psychotherapy externship is to provide training in the field of adolescent and young adult (ages 12-25) substance use. Externs will work within an interdisciplinary clinic (e.g., psychiatrists, psychiatry residents, medical students, clinical psychology interns) to develop skills for providing evaluations of, and delivering interventions to young people with history of substance use and mental health concerns. Externs spend their time (100%) working with patients with substance use history and co-occurring disorders, such as mental health disorders (e.g., depression, anxiety, trauma). Patients Externs conduct semi-structured diagnostic evaluations for patients referred to the clinic (e.g. CRAFFT, BSTAD) and will provide empirically supported psychotherapeutic interventions including motivational enhancement therapy/motivational interviewing (MET/MI), cognitive-behavioral therapy (CBT), dialectical behavioral therapy (DBT), and contingency management (CM). Additionally, training on harm reduction strategies for young people will be provided and promoted (i.e., fentanyl test strips, naloxone kits). Externs will also be trained on incorporating theoretical frameworks for understanding and identifying paths towards addressing structural factors contributing and maintaining health inequities among the patients' communities. This includes conceptualizing cases within tenets of critical race theory (e.g. intersectionality, racial capitalism, racecrafting and construction) and institutional racism, among others that recognize how indicators of oppression function to maintain and exacerbate material inequities. Trainees will work with the supervisor collaboratively to integrate such frameworks into treatment, and utilize such frameworks as tools to shift gaze towards systems of power and indicators of oppression.

Externs will carry a caseload of approximately 6-10 individual therapy patients per week and will receive at least one hour of individual supervision with Dr. Rivera, with the possibility of additional supervision in individual or group formats by another faculty member or advanced psychology trainee. Spanish language supervision with Dr. Rivera can be provided for cases that may benefit from it. Possibilities to collaborate with Dr. Rivera and other faculty on ongoing research projects may be available as well.

Didactics: Externs will be REQUIRED to be on site on Wednesdays and Thursdays to participate in didactics. Didactic experiences include Health Psychology Seminar, supervision, Psychiatry Grand Rounds, CBT, and interdisciplinary Case Conferences.

Requirements: Please read the following list carefully to determine whether you are eligible to apply for this externship.

- 16-20 hours per week (2 full days on site)
- Attendance on Wednesdays and Thursdays each week (some virtual work is possible)
- Current enrollment in an APA-accredited doctoral program in clinical or counseling psychology
- Completion of master's degree, ideally at the time of application
- Completion of graduate coursework is preferred
- At least 2 previous practicum experiences, with one of them involving provision of cognitive behavioral therapy

Applications for the Adolescent and Young Adult (AYA) Substance Use Externship Program should be directed to:

Claudio Rivera, PhD
Assistant Professor, Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Ave.
Chicago, IL 60637

Dr. Rivera may also be contacted via email for questions or concerns at claudiorivera@bsd.uchicago.edu.

PARENT-CHILD INTERACTION THERAPY EXTERNSHIP

Matthew Young, PhD

5-6 positions

The Parent-Child Interaction Therapy (PCIT) Program offers an externship under the supervision of Dr. Matthew Young. The focus of this rotation is assessment and treatment of behavioral problems in young children. Externs will receive intensive training and supervision in Parent-Child Interaction Therapy, with the goal of fulfilling the therapist certification criteria established by *PCIT International* by the conclusion of the training year. Externs will also receive tiered supervision with the *Early Childhood Behavioral Health* postdoctoral fellow who co-leads PCIT training and didactics with Dr. Young. In addition to PCIT, externs can gain exposure to other evidence-based treatment models for disruptive behavior problems in children and adolescents. These include parent management training (PMT) approaches and individual cognitive-behavioral therapy focused on anger, emotion regulation, and aggression. Observation plays an important role in this rotation including observation and co-therapy in the PCIT Clinic; live/video supervision of sessions; and implementing behavioral observation/tracking systems during sessions.

Externs in the Parent-Child Interaction Therapy Program see approximately 8 outpatients weekly. Approximately half of these cases will be participating in PCIT, plus a weekly diagnostic assessment with a child referred to PCIT. Based on the extern's interests, the remainder of the cases can be focused on disruptive behavior problems or general Child and Adolescent Outpatient Psychotherapy clinic patients.

Requirements: Please read the following list carefully to determine whether you are eligible to apply for this externship.

- Able to devote 16-20 hours per week. Externs will be required to attend a group supervision/didactic meeting on Mondays (11:30 am to 1 pm) throughout the entire year.
- Completion of master's degree, ideally at the time of application.
- Completion of graduate coursework in Advanced Psychopathology, Diagnostic Interviewing, Psychological Assessment, Ethics, and Child/Adolescent Psychopathology. Coursework in Child/Adolescent Psychotherapy is also preferred if offered by the program.
- Two years of practicum training preferably with children, adolescents, and/or families.

Applications for the Parent-Child Interaction Therapy (PCIT) Externship Program should be directed to:

Matthew Young, PhD
Associate Professor, Department of Psychiatry & Behavioral Neuroscience
5841 S. Maryland Ave.
Chicago, IL 60637

Dr. Young may also be contacted via email for questions or concerns at myoung8@bsd.uchicago.edu.

Coordinating Externship Offers and Deadlines (2026-2027)

Coordinating externship offers and deadlines among Chicagoland PhD Programs in Clinical Psychology continues to be a benefit to both externship sites and academic programs. Coordination improves the ability of externship sites to recruit and select students that are the best fit for their sites, as well as alleviating the stress, conflicts, and other challenges associated with an uncoordinated system.

We propose to continue this coordinating effort in the 2026-2027 academic year based on the following schedule:

- Applications will open on ***January 25, 2027,*** and will be due to externship sites no later than ***January 29, 2027 (5pm Central)***. Students should prepare applications prior to January 19, 2026, including obtaining any recommendations or other materials required for a site's application.
- Interviews will occur anytime between ***February 8*** and ***February 26, 2027***. It is helpful if externship sites offer as many interview slots as possible given the short time frame and that multiple sites may conduct interviews at the same time.
- Students need to respond to the interview invitation within 24 hours or the invitation can be rescinded by the externship site.
- Offers to students for externship placement can be made at any time during this process, even at the time of the interview. All offers need to be made by the final date of ***February 26, 2027***.
- Students will only hold <u>one</u> (1) offer at a time. Students must immediately (within one hour of learning of the second offer) inform externships that they are declining an offer or cancelling interviews after accepting an offer. Programs will urge students to frequently check their emails or phones during business hours. If an externship site is concerned that a student is holding more than one offer, they should contact the student's DCT or practicum coordinator (if applicable) immediately.
- If a student receives an offer from a less preferred externship site, they are encouraged to reach out to the more preferred site(s) to inquire about their standing, to request an earlier interview (if needed) or a placement offer. If the student requests an offer by a more preferred site, and that site provides an offer, the student is bound to accept that more preferred offer immediately. In this circumstance, the student would immediately inform the less preferred externship site(s) – or any other site for which they interviewed, applied, or received an offer – that they have accepted another offer.
- Externship sites may set time limits on student decisions. Time limits must be reasonable (i.e., at least one week) *and* sites must consider a student's interview schedule when determining a decision deadline, if possible and appropriate. Externship sites must communicate any and all timeline restrictions on offers to the student at the time of the interview or when an offer is made. Please keep in mind that if a student requests to be considered for an offer by a more preferred site, as noted above, sites may need to adjust their decision timeline for offers that have previously been made to other students.

- When providing an offer to a student, externship sites will also copy or otherwise inform the DCT or practicum coordinator (if applicable) from the student's academic program about the offer and clearly communicate the timeframe for a response. The applicant needs to acknowledge (to the externship site) receipt of any offer immediately (within four hours of receiving the offer), unless the offer is provided to the student in person.
- When sites have filled their externship slots, they should notify all the applicants that the site interviewed that there are no remaining positions.
- Upon completion of the process, site supervisors are encouraged to confirm the position in writing and to copy the student's academic DCT or practicum coordinator (if applicable).

Please join us in continuing to improve the externship selection process for the upcoming recruitment year!

Participating PhD Programs

Graduate Program	Academic Contact	Email
DePaul University	Susan Tran, Ph.D.	susan.tran@depaul.edu
Illinois Institute of Technology	Ashley Petersen, Psy.D.	apetersen@illinoistech.edu
Loyola University Chicago	Colleen Conley, Ph.D., Amy Bohnert, Ph.D.	cconley@luc.edu; Abohner@luc.edu
Northwestern University (Feinberg)	Tina Boisseau, Ph.D.	christina.boisseau@northwestern.edu
Rosalind Franklin University	Rachael Ellison, Ph.D.	rachael.ellison@rosalindfranklin.edu
University of Illinois at Chicago	Jasmin Searcy, Ph.D.	dct@uic.edu